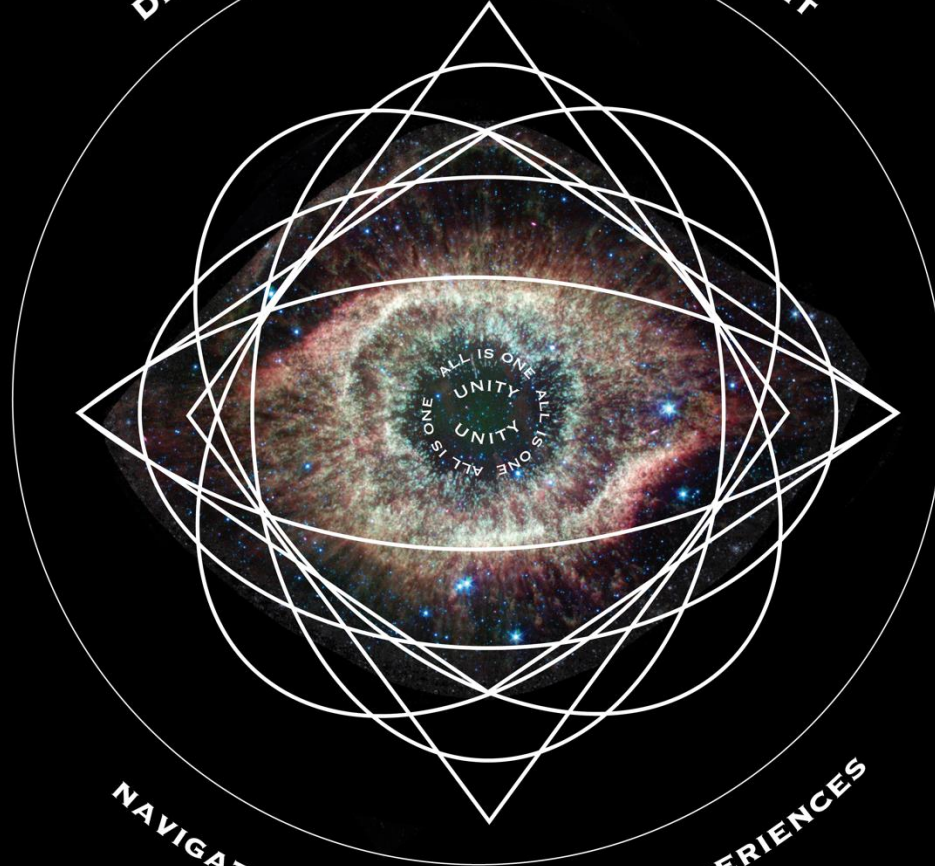


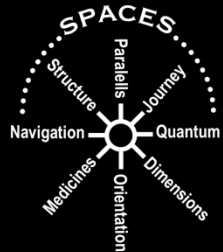
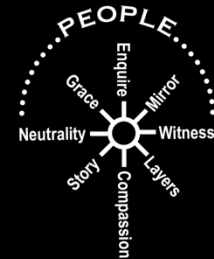
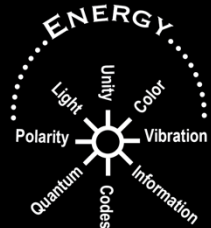
DEMYSTIFY ENERGETIC ENTANGLEMENT

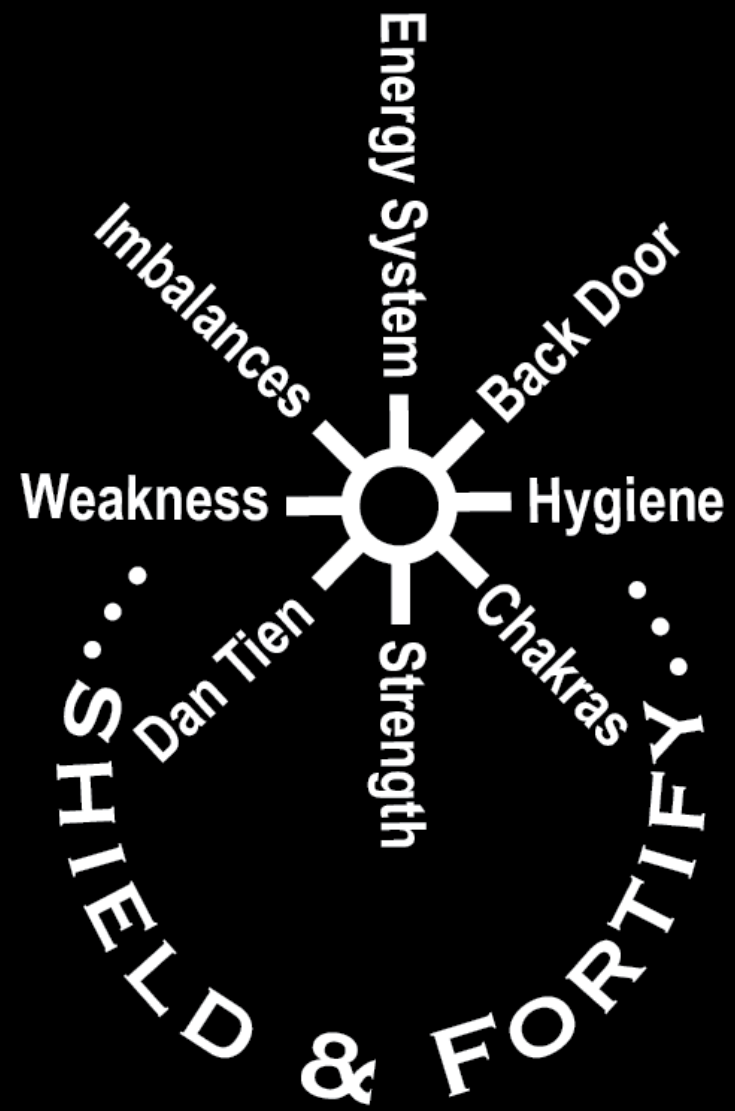


ALL IS ONE
UNITY
ALL IS ONE
UNITY
ALL IS ONE

NAVIGATE YOUR VIBRATIONAL EXPERIENCES

OUR SACRED CONTAINER



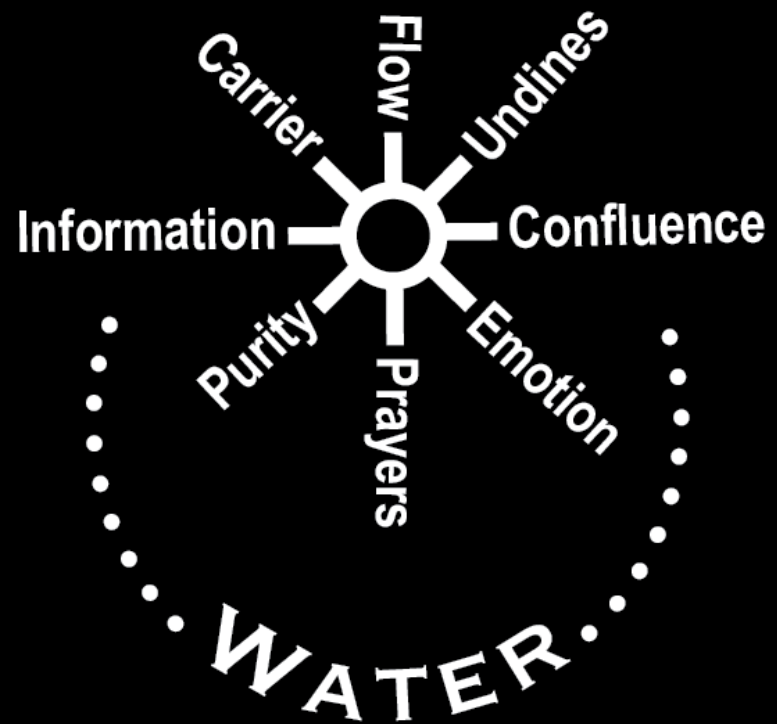






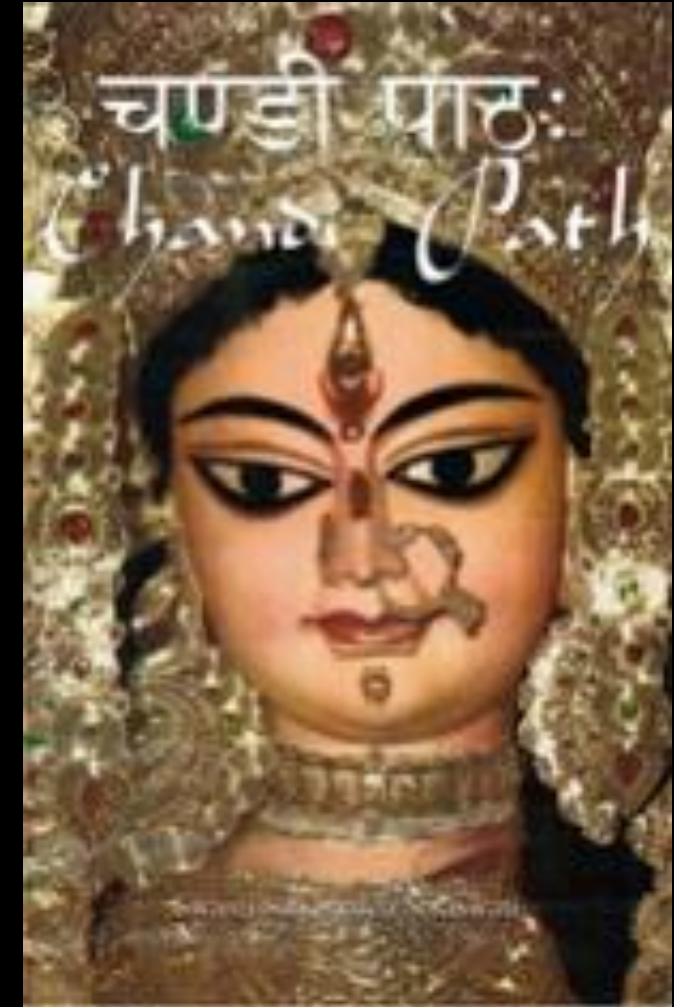
.WEST.

Water,
Introspection,
Reflection, Cleansing,
Insight, Courage,
Setting of Sun, Night Begins.
Let go, embrace change, Develop Wisdom,
Meditation, Adulthood, Emotions, Healing,
Deities/Gods/Goddesses of Water
Turtle, Whale, Dolphin
Bear, Jaguar,





Mantra teacher:
Toby Sorenson/Tobi Giri



Calling on the benevolence of deities who embody the healing energies of the Omnipotent

Honoring your body, the temple of your spirit



Om Sri Ganesha Namaha
Om Gam gana pataye namaha
Gan na nam Tva Gana pate Gum
Ha va ma he

Kavin kavinam Mupamásravatamam
Jyesthajam Brahmanan Brahmanas pata anah
Shrin va nut tibihi
Sida Sadanam

Aum Sri Kartikaye Namaha
Om Hrim Krim Hum Shrim
Om Aim Hrim Klim Chamundayai Vicce

Om Bhur Bhurvasvaha
Tatsavitur Varenyam
Bargo Devasya dimahi di yo yo na pracho dayat
Om Svaha

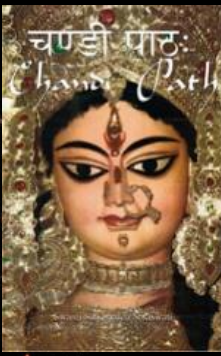
Daily Mantra ~ combining Mantras to Ganesha, Kartikeya, Chandi Patah, Durga, Shiva (Mahamrityunjaya) & Gayatri, 5 Primordial Sounds

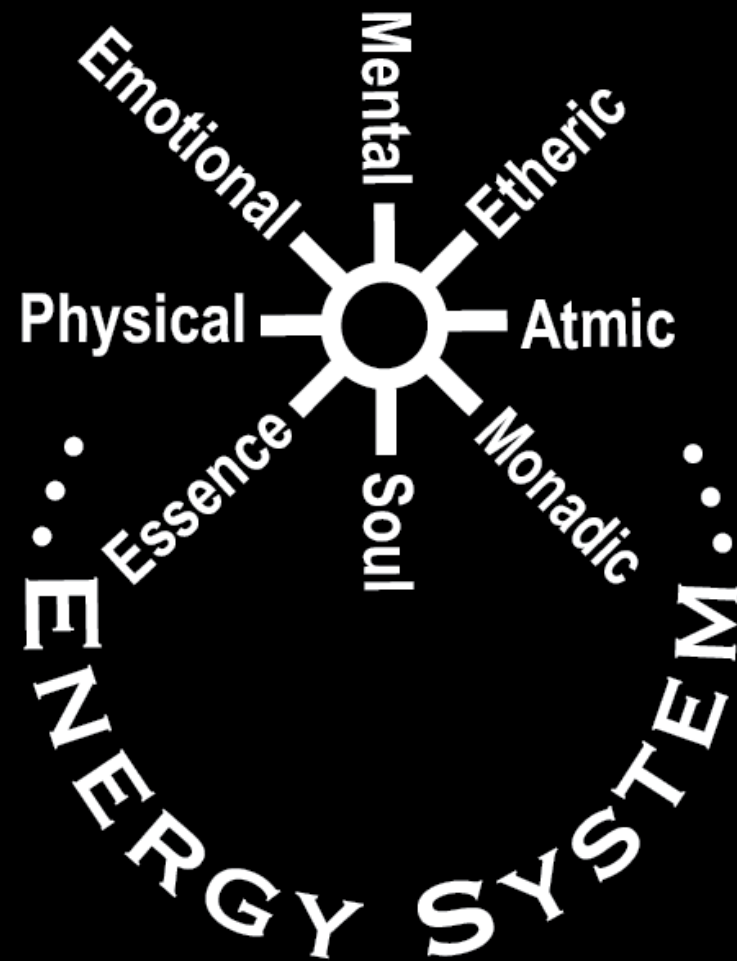
Om Dum Durgaye Namaha
Om Svaha

Sarvasvarupe sarvese sarvasakti samanvite
Bhayebhyastrahi no devi durge devi namo-stute

Om Svaha
Om Jun Run Svaha
Om Tryambakam ya ja mahe sugandinusti vardanam
Uravikamiva bandanan
Mrityur mukshiya mambritate

Om namah shivaya x2
Om Sri Ma Adi Parashaktiya namaha
Om Shanti shanti shanti-hee
Aum





From Hands Of Light by Barbara Ann Brennan

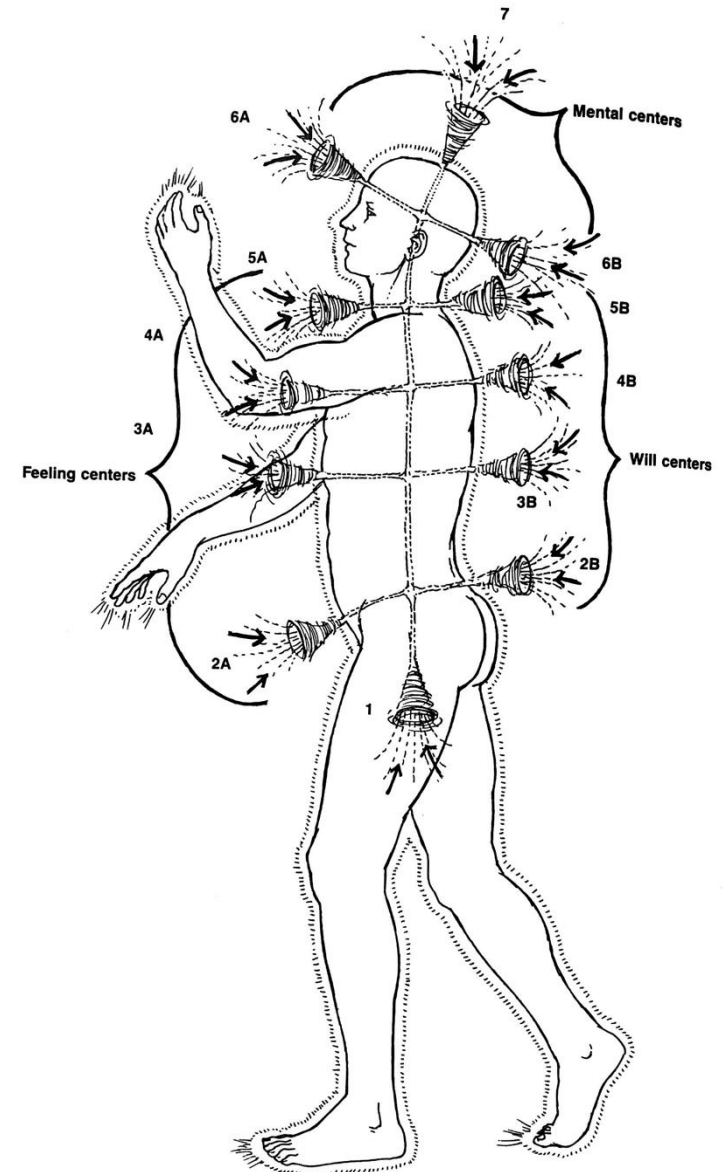
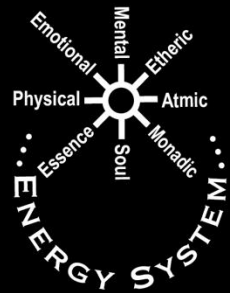


Figure 7-3: The Seven Major Chakras, Front and Back Views
(Diagnostic View)

From Hands Of Light by Barbara Ann Brennan

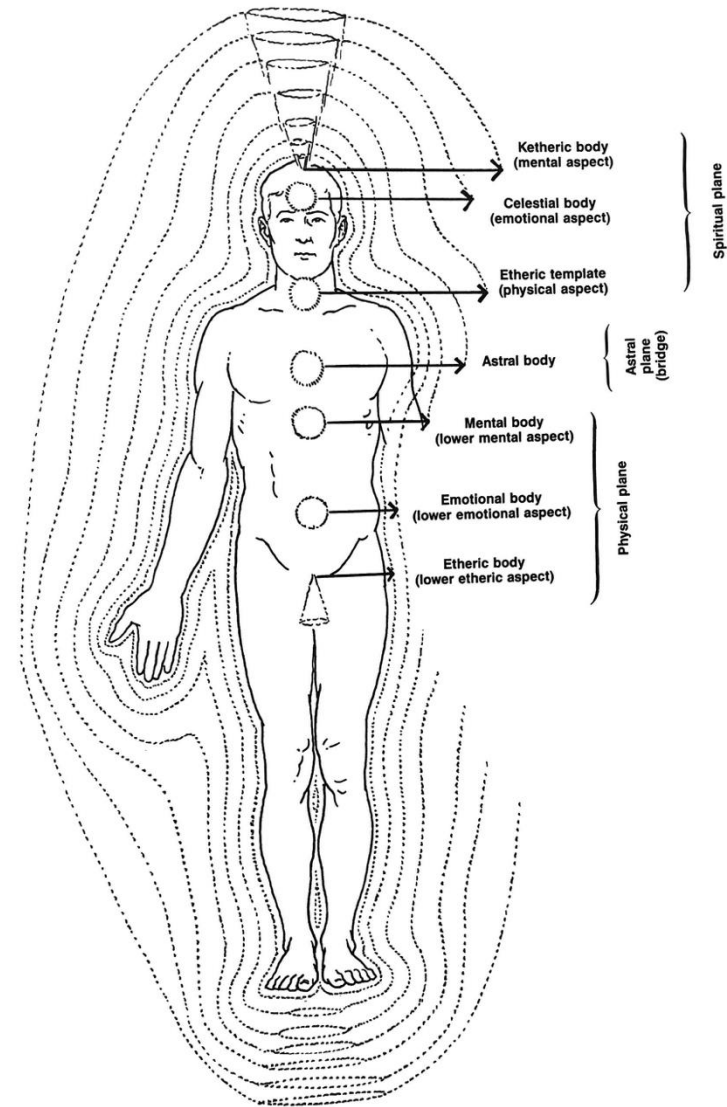
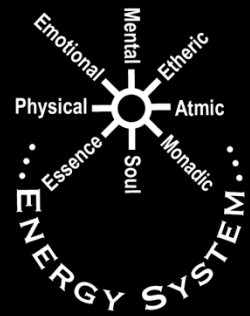
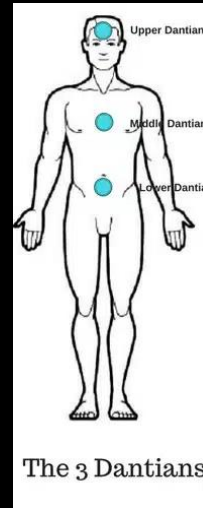
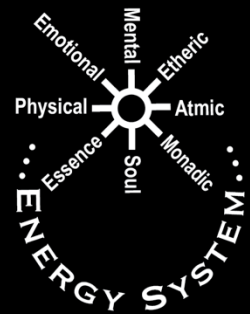


Figure 7-4: The Seven Layer Auric Body System
(Diagnostic View)

<https://taichibasics.com/three-dantians/>



The 3 Dantians

THE THREE DANTIANS

THE BODY'S ENERGY CENTERS

THREE CENTERS. ONE FLOW. ONE YOU.

UPPER DANTIAN (THIRD EYE)

Seat of Intuition, Insight & Higher Awareness

Located between the eyebrows, the upper dantian is the seat of intuition, insight, and spiritual sight. It governs perception, clarity, and connection to higher wisdom.

FUNCTIONS

- ◆ Enhances intuition and insight
- ◆ Strengthens mental clarity and focus
- ◆ Supports spiritual awareness
- ◆ Connects to higher guidance and wisdom

WHAT IT IS

Associated with the pineal gland. The energy is called Shen. Shen is spirit—awareness, intention, intellect, decision-making, planning, and memory.

WHAT IT DOES

When balanced, it brings clear, calm thinking, inner stillness, and the ability to see truth and act with wisdom.

MIDDLE DANTIAN (AT THE STERNUM)

Seat of Balance, Emotion & Inner Harmony

Located directly behind the sternum in the center of the torso. It is the bridge between the higher and lower dantian. It governs emotions, compassion, and connection.

FUNCTIONS

- ◆ Balances emotions and mind
- ◆ Cultivates love and compassion
- ◆ Harmonizes body, mind and spirit
- ◆ Strengthens relationships and connection

WHAT IT IS

Located behind the sternum at the base of the sternum. The energy is called Qi, or vital life force.

WHAT IT DOES

It nourishes and harmonizes the organs of the chest and abdomen, supports emotional balance, and connects the body and mind in harmony.

LOWER DANTIAN (BELOW THE NAVEL)

Seat of Vitality, Stability & Life Force

Located three finger widths below the navel, in the exact center of the lower abdomen. It is the body's primary reservoir and the foundation of health, vitality, and physical well-being.

FUNCTIONS

- ◆ Stores and generates vital energy
- ◆ Supports physical health and endurance
- ◆ Grounds and stabilizes energy
- ◆ Strengthens willpower and resilience

WHAT IT IS

Located three finger widths below the navel in the lower abdomen. The energy is called Jing, or primordial life force.

WHAT IT DOES

It fuels the body, builds vitality, supports reproduction and growth, and is the source of all other energy.

THE FLOW OF ENERGY

REFINE IN THE MIDDLE DANTIAN

Jing is transformed into Qi, vital life force, which nourishes and harmonizes the organs, emotions, and mind.

ELEVATE TO THE UPPER DANTIAN

Qi is refined into Shen, spirit and higher awareness, bringing clarity, wisdom, and a deeper connection to truth.

BENEFITS OF A BALANCED CONNECTION



Strong body
and vital energy



Emotional balance
and resilience



Clear mind
and better focus



Improved health
and immunity



Spiritual growth
and inner peace

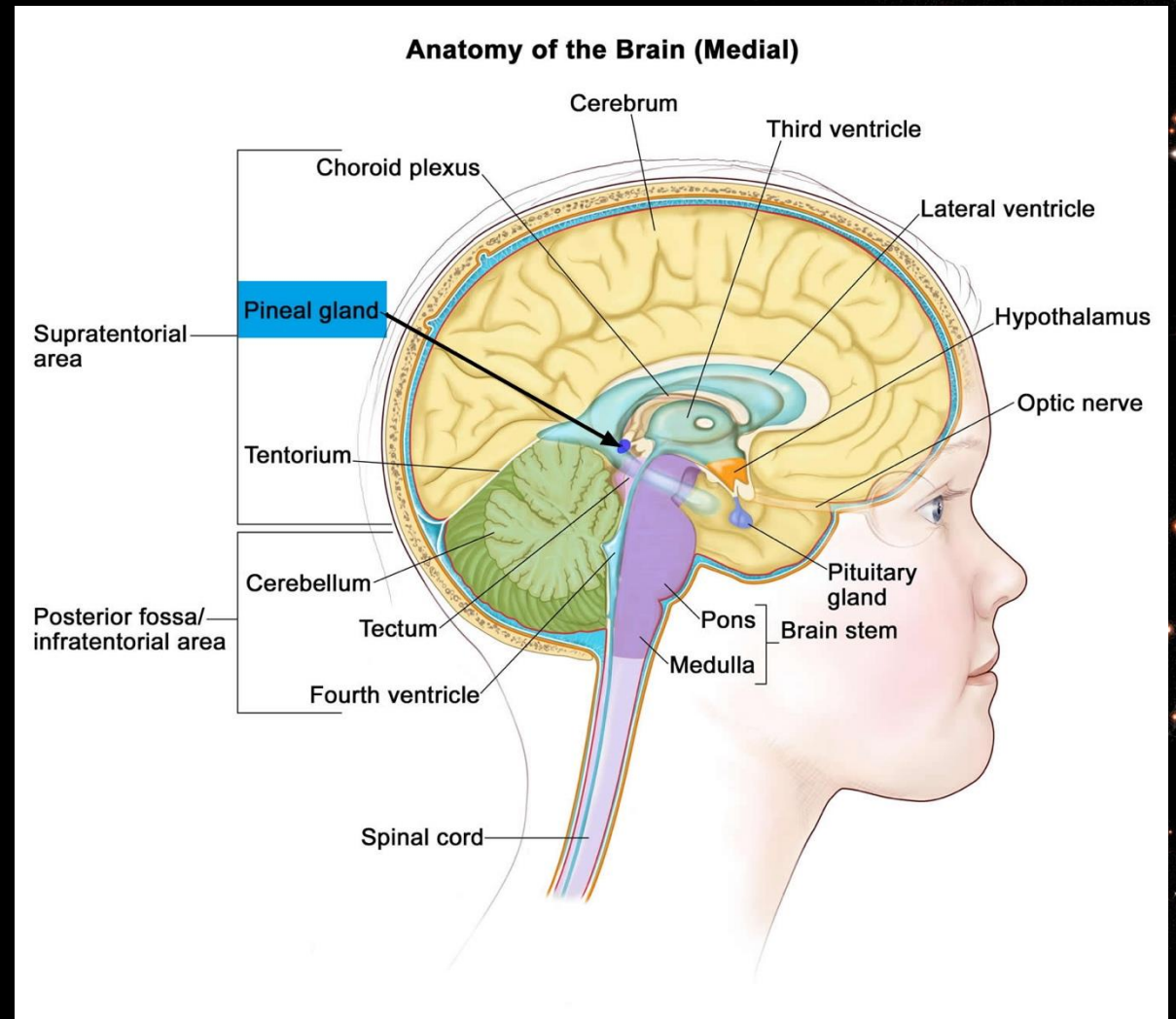


Alignment with
the natural flow



BALANCE. ENERGIZE. ALIGN. LIVE IN HARMONY.

Position of the Upper Dantian

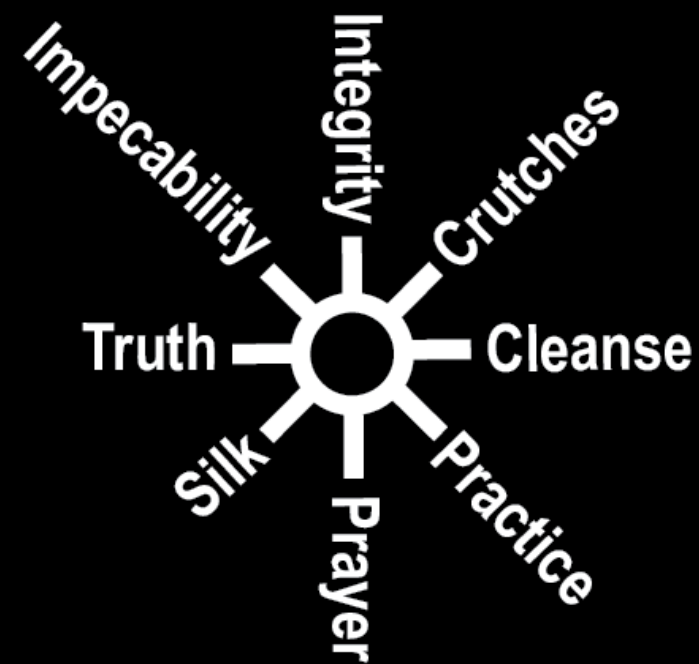


<https://taichibasics.com/three-dantians/>

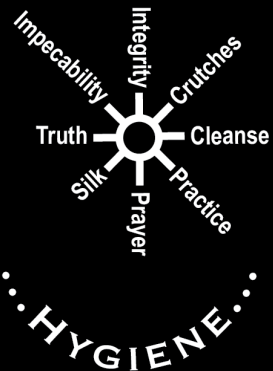
Position of the lower Dantian



<https://taichibasics.com/three-dantians/>



••• HYGIENE •••



PROTECTION OF ENERGY & AWARENESS

TWO SACRED CENTERS. TWO POWERFUL FORMS OF PROTECTION.

PROTECT ABOVE. PROTECT BELOW. STAY CENTERED WITHIN.

UPPER DANTIAN

Protection of Awareness and Intuition

Located in the center of the head, between the eyebrows, the upper dantian is the seat of intuition, insight and spiritual sight. It governs our perception and connection to higher wisdom.

AS A FORM OF PROTECTION, IT HELPS TO:

-  Protect perception from intrusive or harmful energies
-  Strengthen intuition, clarity and higher knowing
-  Seal and focus awareness; prevent energetic interference
-  Support spiritual alignment and divine connection

PURPLE SILK A Form of Protection



Purple is the color of spiritual wisdom, divine connection and high vibration. Wearing or placing purple silk over the upper dantian helps to shield perception, elevate consciousness, and keep your awareness aligned and protected.

BENEFITS

- ◆ Shields from unwanted energies
- ◆ Enhances intuition and insight
- ◆ Promotes clarity and inner vision
- ◆ Supports spiritual alignment and higher awareness

LOWER DANTIAN

Protection of Vital Energy

Located in the lower abdomen, below the navel, the lower dantian is the body's primary energy reservoir and center of vitality and grounding.

AS A FORM OF PROTECTION, IT HELPS TO:

-  Contain and preserve vital energy (qi)
-  Generate warmth and strength
-  Promote grounding and stability
-  Protect from energetic depletion or external drain
-  Strengthen energetic boundaries and resilience

RED SILK / RED CLOTH A Traditional Form of Protection



Red is the color of life force, vitality, courage and protection in many cultures and traditions.

BENEFITS

- ◆ Preserves and builds vital energy
- ◆ Warms and nourishes the center
- ◆ Enhances grounding and stability
- ◆ Protects from energetic loss
- ◆ Supports health, vitality and longevity



In many traditions, red is used to ward off negativity and attract positive life force.



UPPER DANTIAN PROTECTED. AWARENESS IS CLEAR.
LOWER DANTIAN PROTECTED. ENERGY IS STRONG.
TOGETHER, THEY CREATE A FIELD OF PROTECTION,
BALANCE AND INNER POWER.



NOURISH. PROTECT. ALIGN.
Protection is not only external, it is built from within through daily practices that raise your vibration and strengthen your energy.



ENERGETIC BOUNDARIES
Learn to say no, honor your space and surround yourself with supportive energy and safe people.



DAILY PRACTICE
Meditation, qigong, breathwork and stillness strengthen your centers and awaken awareness and inner wisdom.



BALANCED LIFESTYLE
Eat nourishing foods, rest well, move your body and stay hydrated.

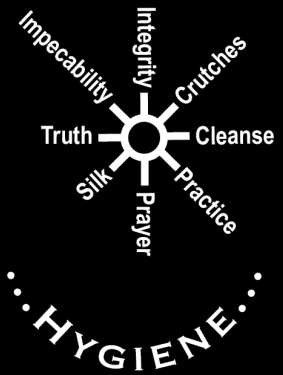
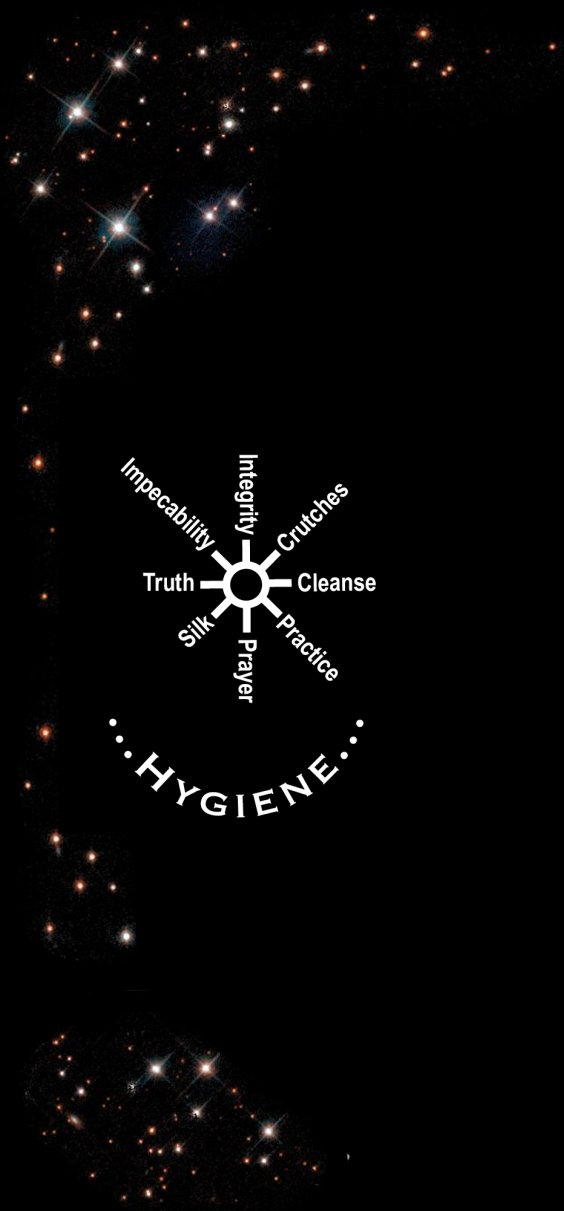


CLEANSE YOUR ENERGY
Use sound, smoke, salt, herbs or crystals to clear stagnant or heavy energies.



LIVE IN ALIGNMENT WITH YOUR SOUL
When your actions align with your truth, protection flows naturally.

BALANCE. ENERGIZE. ALIGN. LIVE FROM YOUR HIGHEST LIGHT.



PROTECTION OF AWARENESS & SACRED CENTERS

SEAL THE GATES. PROTECT YOUR ENERGY. STAY CENTERED WITHIN.

UPPER DANTIAN (THIRD EYE)

Protection of Awareness, Intuition & Inner Vision

Located between the eyebrows, the upper dantian is the seat of intuition, insight, and higher perception.

BLACK SILK PROTECTION

- ♦ Shields perception from intrusive energies
- ♦ Strengthens intuition and inner clarity
- ♦ Seals and protects the gateway to higher awareness

LOWER DANTIAN (BELOW THE NAVEL)

Protection of Vital Energy, Stability & Life Force

Located in the lower abdomen, the lower dantian is the body's primary energy reservoir and center of grounding.

RED SILK PROTECTION

- ♦ Preserves and builds vital energy
- ♦ Warms and nourishes the center
- ♦ Grounds and stabilizes energy
- ♦ Protects from energetic loss and external drain

WHY PROTECTION MATTERS

-  **ENERGY IS REAL**
You are always exchanging energy with your environment.
-  **NOT ALL ENERGY IS BENEFICIAL**
Unseen forces can influence your mind, body and spirit.
-  **PROTECT YOUR GATES**
Seal your upper and lower dantian and your entry points.
-  **RETAIN & TRANSMUTE**
Keep your energy within, build your light, and walk in your highest path.

POTENTIAL BACK DOOR ENTRY AT THE OCCIPUT

The occiput (back of the head) is an energetic vulnerability. It can be an entry point for intrusive energies, attachments, or manipulation.



BLACK SILK SEAL

- ♦ Acts as a barrier, sealing the occiput
- ♦ Prevents unwanted energies, entities or influences from entering
- ♦ Absorbs, blocks and neutralizes negative attempts
- ♦ Keeps your energy field intact and sovereign

SEALED. PROTECTED. SECURE.

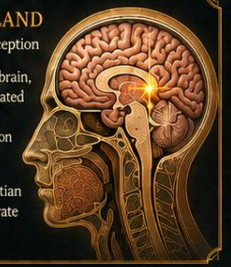


THE PINEAL GLAND

The Seat of Higher Perception

Located deep within the brain, the pineal gland is associated with spiritual perception, inner vision, and connection to higher consciousness.

Protecting the upper dantian helps safeguard and activate the pineal gland.



BENEFITS OF PROTECTION

- ♦ Enhances intuition and insight
- ♦ Promotes mental clarity
- ♦ Increases spiritual awareness
- ♦ Strengthens energetic boundaries
- ♦ Supports emotional stability
- ♦ Prevents energy leaks and fatigue
- ♦ Guards against negative influence
- ♦ Supports inner peace and balance
- ♦ Aligns you with your higher self
- ♦ Empowers your spiritual path



PROTECT YOUR ENERGY.
HONOR YOUR CENTERS.
LIVE IN ALIGNMENT
WITH YOUR SOUL.



When your gates are sealed and your centers protected, your awareness becomes clear, your energy strong, and your path illuminated.



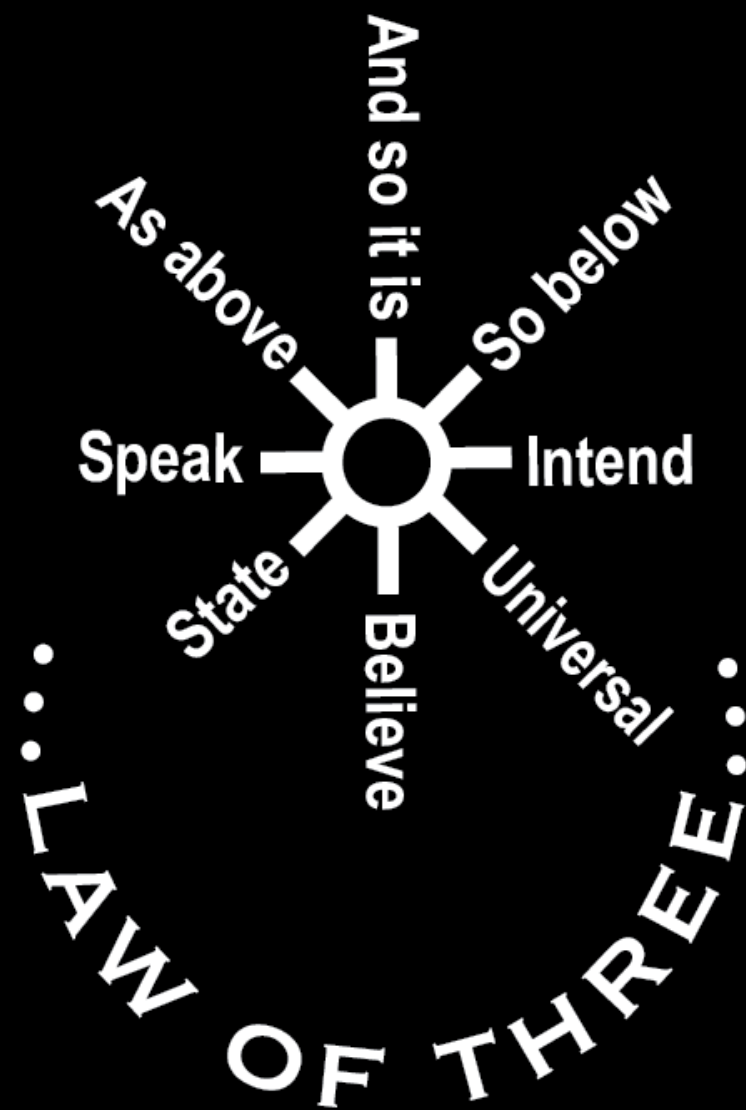
Ways that energies can get embedded in our system

- **Mental content**
- **Emotional content**
- **Cloud – singular – mental aspects**
- **Cloud – collective – social/mental**
- **Hex/Spell – thought form – negativity
Judgement/jealousy/envy/wishing ill**
- **Trauma - emotive**
- **Trauma- shared**
- **Witnessing death – spirit embodiment**
- **Witnessing death - trauma**

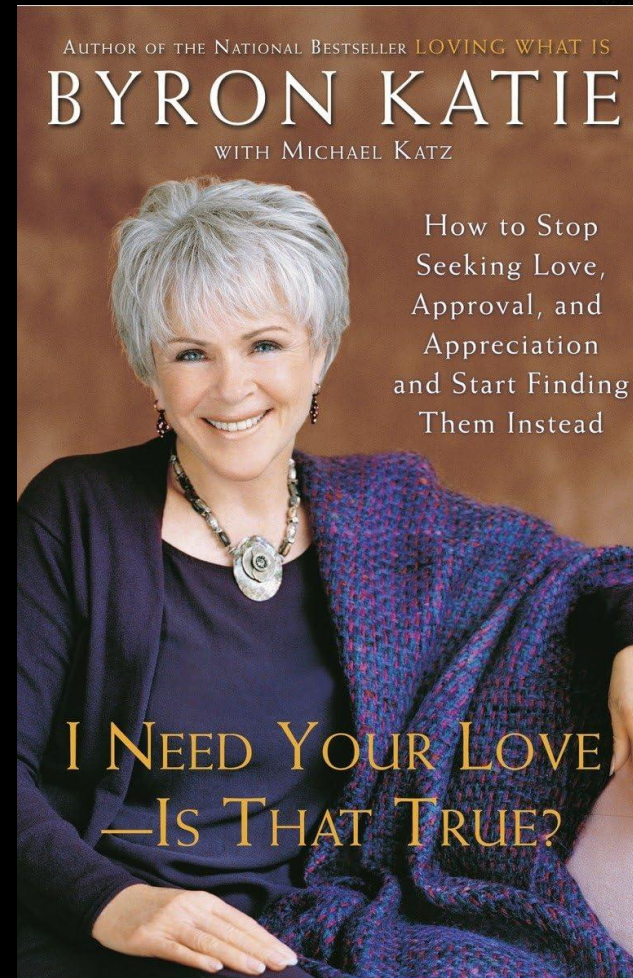
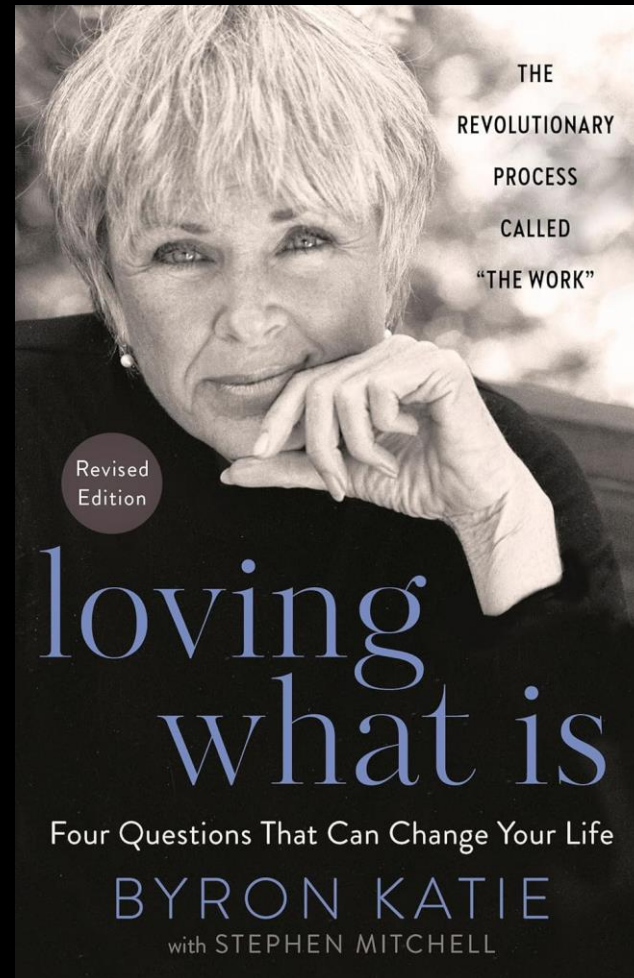
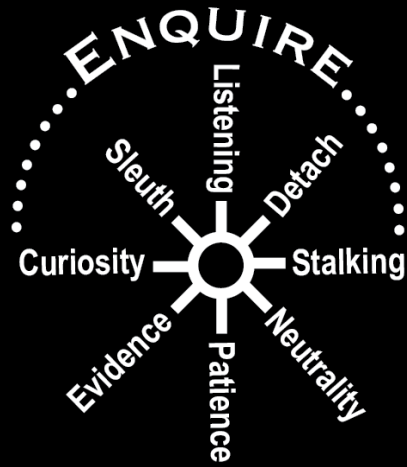
Ways that energies can get embedded in our system

- **Chip – like a computer chip/program ~ alien**
- **Collective agenda – alien/human**
- **Collective – experiential - trauma**
- **Collective – experiential - ceremonial**
- **Collective – experiential – place/space**
- **Hex/Spell – actual manipulation/offuscation**

UNITY FOR ALL UNITY FOR ALL UNITY FOR ALL



Byron Katie



<https://thework.com/>

The Work of Byron Katie

4 questions and a turn around

The four questions

Example: Paul lied to me.

1. Is it true? (Yes or no. If no, move to question 3.)
2. Can you absolutely know that it's true? (Yes or no.)
3. How do you react, what happens, when you believe that thought?
4. Who or what would you be without the thought?

Turn the thought around.

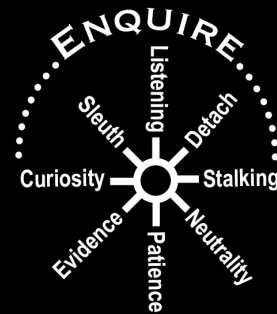
I lied to me.

I lied to Paul.

Paul didn't lie to me.

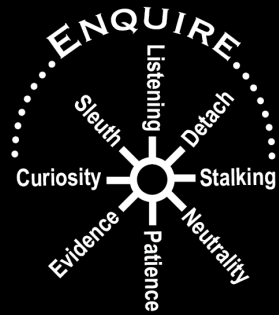
Paul told me the truth.

As you visualize the situation, contemplate
how each turnaround is as true or truer.

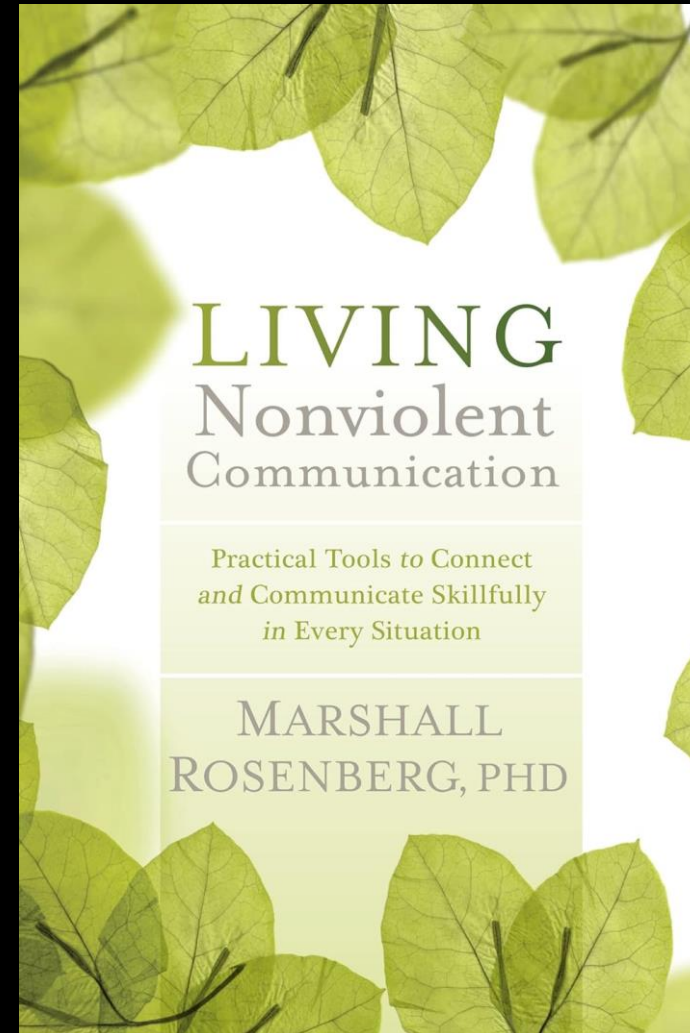


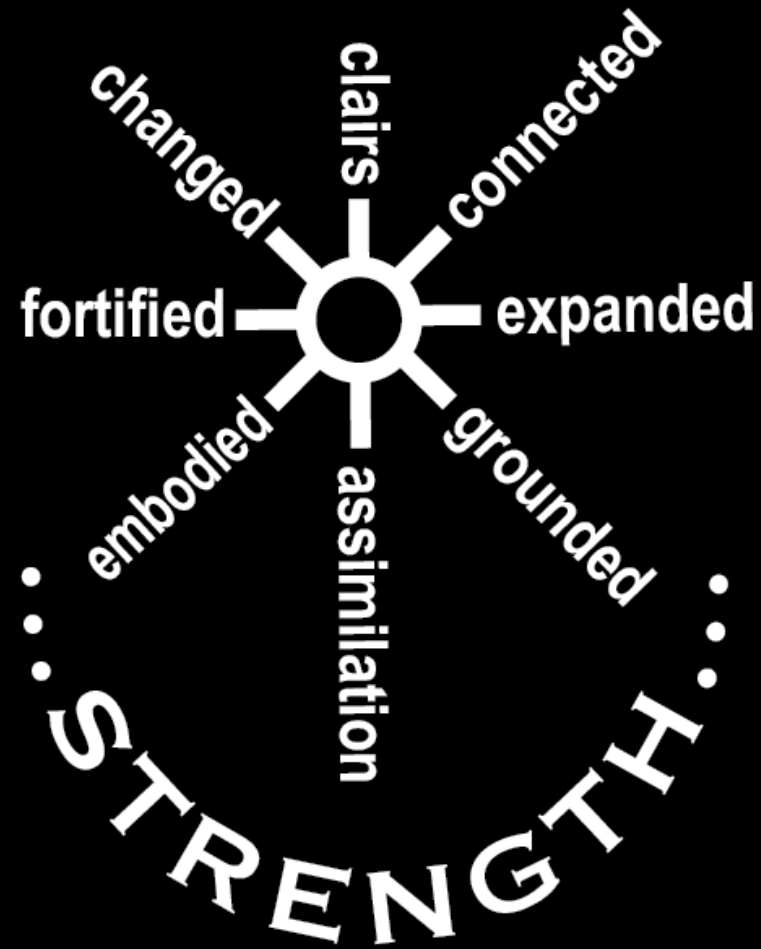
Marshall Rosenberg

Nonviolent Communication



Emotions
Needs
Values
Requests









Strength

Never give up hope

Compassionate

Astute

Aware

Kind

Resilient

Attentive to detail

Flexible

Sing well

Connection with plants

Weakness

Depression

Over giving

Think too much

Obsessive thoughts

Lack in confidence

Have an addiction

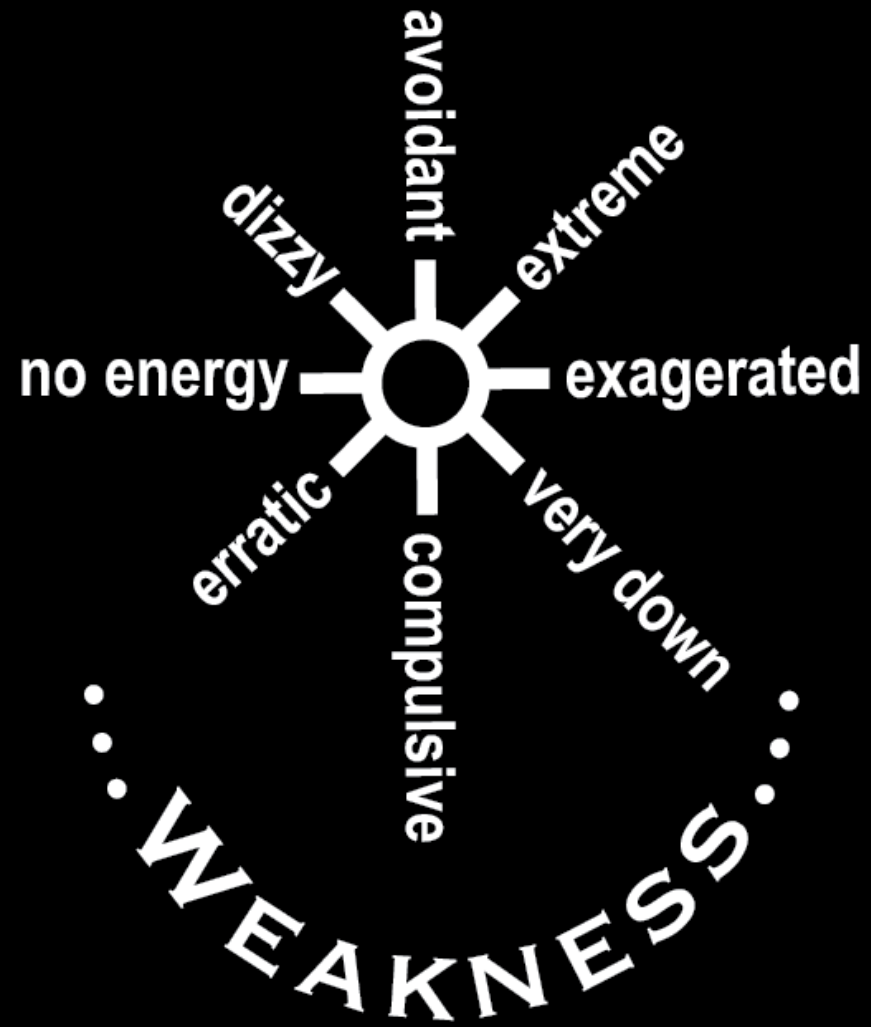
Easy to anger

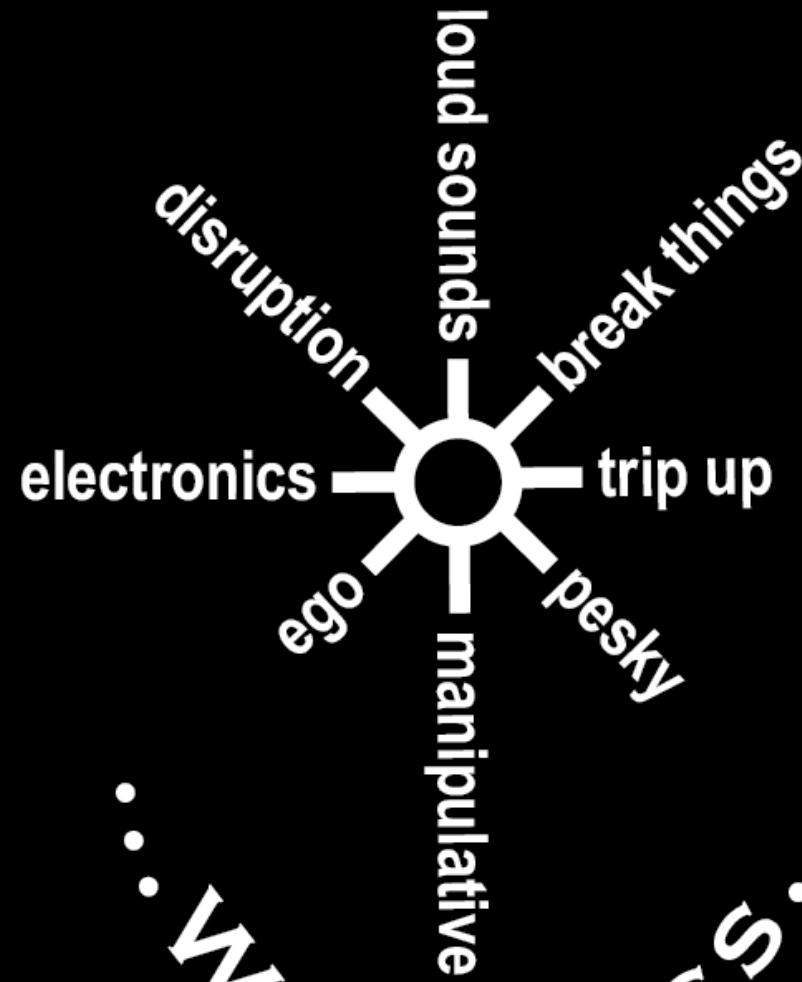
Bends over backwards

Easy to frighten

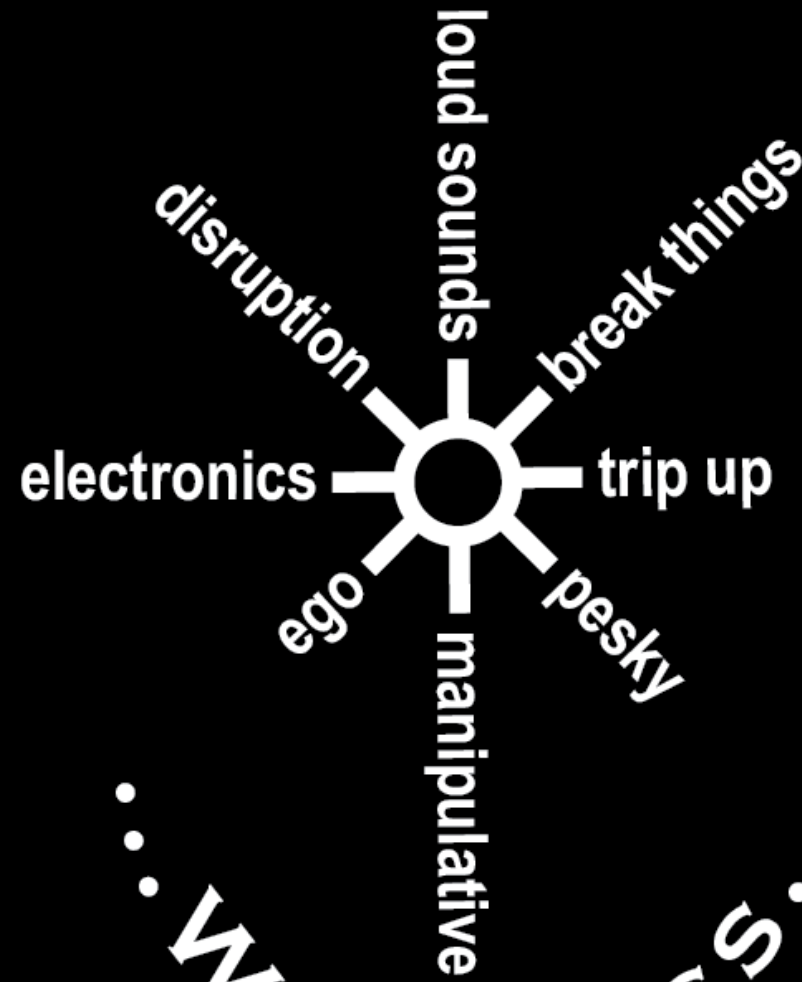
Judgmental







...WEAKNESS...



...WEAKNESS...

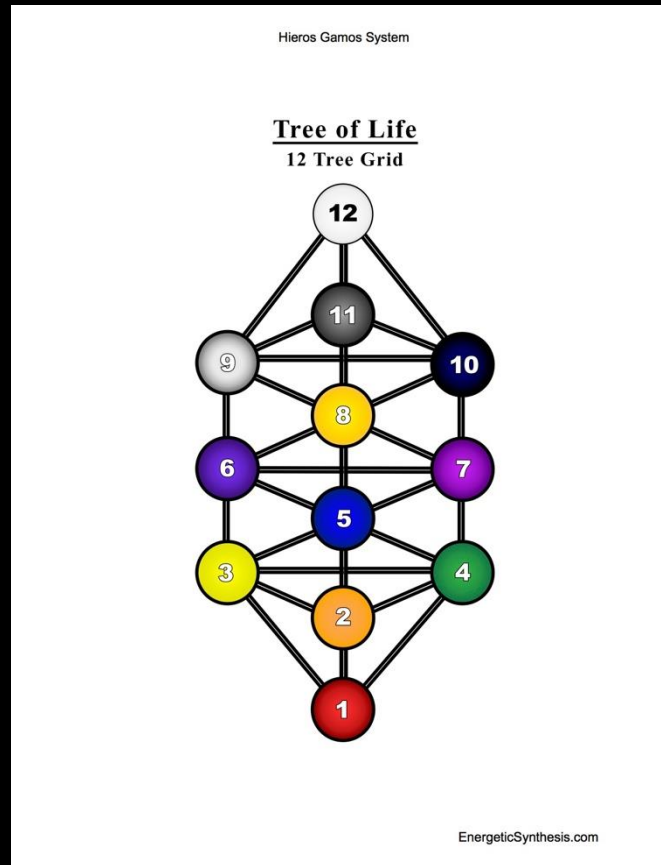
Lisa Renee – Energetic Synthesis



Hieros Gamos is the Sacred Marriage of a Human Being with Divinity (the Inner Spirit) and the Unification between all life expressions and its levels of opposite.

The inner spiritual core is The Witness or Observer and has no judgment. It allows observation of external events without needing to control the outcome. The inner spirit is connected by staying in the now moment. Practice this intentionally as a daily exercise.

AFFIRMATION:
I AM GOD!
I AM SOVEREIGN!
I AM FREE!



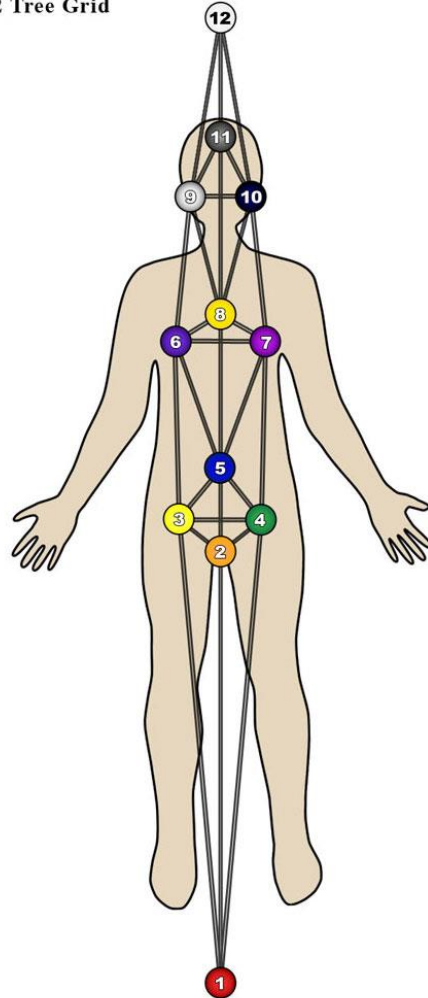
The 12 Tree Grid is Level 1 of the Lightbody. It is the Architecture of our multidimensional consciousness orientation.

The Core Manifestation Body Foundation: The structure of the macrocosmic Universal Tree of Life is replicated within the microcosmic personal tree of Life, the 12 Tree Grid.

Individual Human anatomy manifests upon and within the multidimensional layers instructed by the core manifestation template – The Tree of Life which is the Lightbody architecture.

Every aspect of the Universal Creation and life spiral are designed and instructed through these Blueprint structures. Learning to travel consciously through the Universal Tree of Life is the pathway to personal sovereignty and freedom GSF.

Tree of Life Human 12 Tree Grid

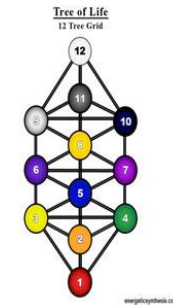


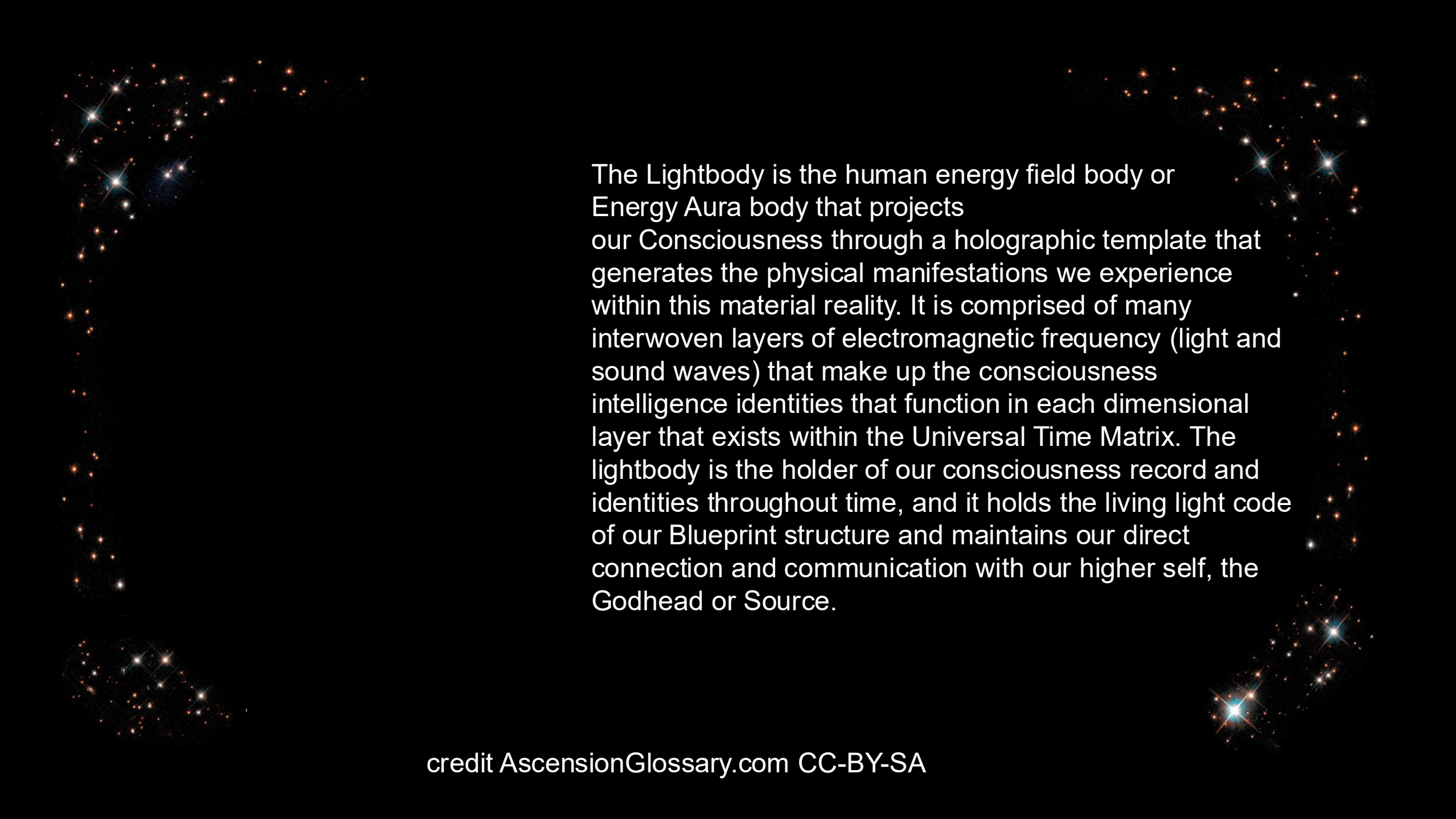
The 12 Spheres of the Tree of Life

- 12th Sphere** - Christos Capstone in 10th Chakra (six inches above the head, Liquid Light, Christos communication)
- 11th Sphere** - Pineal Gland in the Center of the Brain (Connects 6th Chakra to Buddhic communication)
- 10th Sphere** - Behind the Left Ear (Connects to Reversal 10D until recoded with the 12D for Christos 12D communication)
- 9th Sphere** - Behind the Right Ear (Connects to the Reversal Nephilim communication unless corrected by 12D)
- 8th Sphere** - Thyroid Gland to Thymus Gland Area (Connects into 8th Chakra to Orion communication, Orion Cross Implant)
- 7th Sphere** - Left Wing, shoulder blade (Connects to Earth Logos, Arcturus and Crucifixion Implants)
- 6th Sphere** - Right Wing, shoulder blade (Connects to Sirius, Indigo communication)
- 5th Sphere** - Navel in the Center Vertical Channel (Connects to Pleiades and parallel Earth (Halls of Amenti) communication)
- 4th Sphere** -Left Ovary/Kidney Ureter (Connects to Astral communication, Artificial Light)
- 3rd Sphere** - Right Ovary/Kidney Ureter (Connects to Solar Plexus (ego) communication)
- 2nd Sphere** - Vagina/Prostate (Connects to Sacral Chakra and lower Astral realms)
- 1st Sphere** - Earth Chakra (Connects to the Earth Core in bottom of 12D shield)

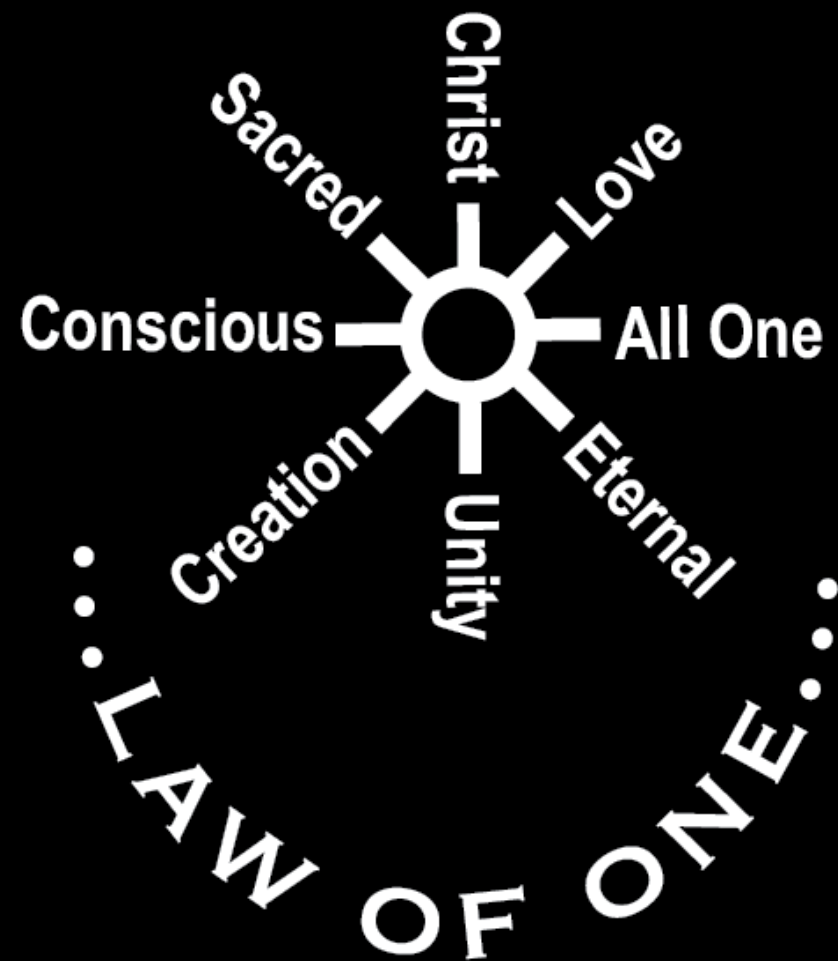
Dimensional Identities in Time

- Physical Dimension 1D-2D-3D Sphere (3D Time)
- Soul Dimension 4D-5D-6D Sphere (5D Time)
- Monad Dimension 7D-8D-9D Sphere (7D Time)
- Avatar Dimension 10D-11D-12D Sphere (Blueprint)
- Founder Domain - 13D-14D-15D Sphere (Cosmic Rays, No time)

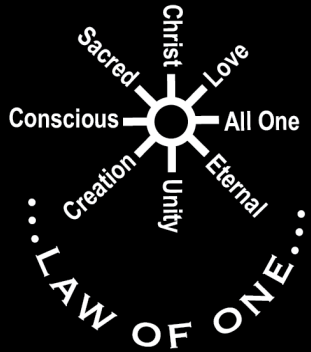




The Lightbody is the human energy field body or Energy Aura body that projects our Consciousness through a holographic template that generates the physical manifestations we experience within this material reality. It is comprised of many interwoven layers of electromagnetic frequency (light and sound waves) that make up the consciousness intelligence identities that function in each dimensional layer that exists within the Universal Time Matrix. The lightbody is the holder of our consciousness record and identities throughout time, and it holds the living light code of our Blueprint structure and maintains our direct connection and communication with our higher self, the Godhead or Source.



Lisa Renee – energeticsynthesis.com



LAW OF ONE

The Law of One is the comprehension that all things are made of intelligent energy and are a part of the All-One. The Law of One is a Sacred Science of the mechanics of Christ Consciousness and are the Natural Laws governing our Universal Creation. All-One is the recognition that Eternal Truth is Eternal Love and Eternal Love is the organic consciousness of Infinite Creator, or God. Eternal Love consciousness embodied in a form is Unity intelligence, and simultaneously recognized as, the Inner Light of Christos. Unity consciousness is at One with God and Unity consciousness ignites the Inner Light of Christos. The Inner Light of Christos when actualized in form, is the embodiment of an Eternal God Human. Practice Unity Consciousness and One is directly reflecting the image of God's Love, and is eternally protected.

12D Shield

Lisa Renee – Energetic Synthesis

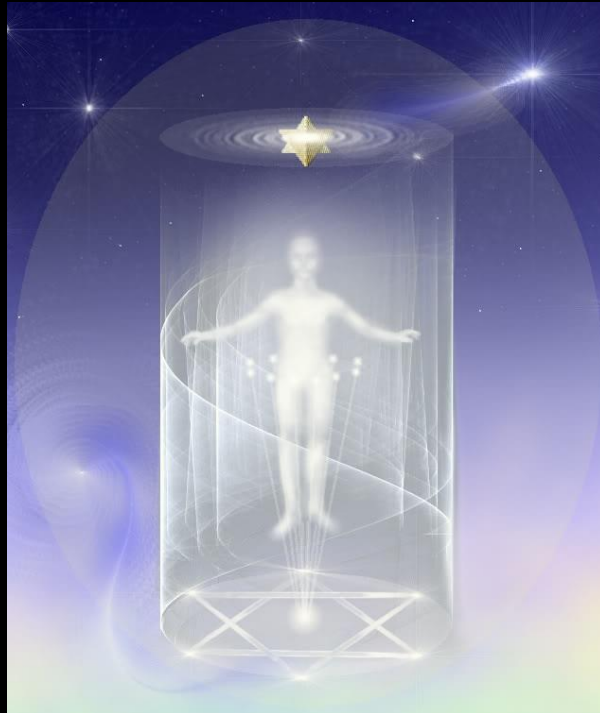
**My declaration of intention to serve my source.
I commit to serve my highest power fully completely and totally.
I am God. I am Sovereign. I am Free.**

We will go over some spiritual homework that is suggested to strengthen your aura and to build your body to repel manipulation or obfuscation, which is confusion. The 12th Dimensional Light Shield is an excellent way to build the integrity of your lightbody while repelling negative or dense energies from sticking to your energy body (aura).

So our core support practice is you wake up in the morning and your first step is to make a daily declaration of your intention to resolve the authority problem between the ego personality and God. And that can be simply stated in these words or words of your own that feel emotionally charged and connected to you such as:

**My declaration of intention to serve my source.
I commit to serve my highest power fully completely and totally.
I am God. I am Sovereign. I am Free.**





Lisa Renee – Energetic Synthesis

12D Shield

**My declaration of intention to serve my source.
I commit to serve my highest power fully
completely and totally.
I am God. I am Sovereign. I am Free.**

<https://energeticsynthesis.com/library/ascension-tools/1479-12th-dimensional-light-shield>

Sophianic 6-Pointed Star, a Light Symbol Code

The Sophianic 6-Pointed Star, the Star of David is a Light Symbol Code that represents the first cause of sound frequency's unifying function of the Cosmic Holy Mother's sacred quintessence, the pure divine fire-water within the alchemy of the holy spirit, the sacred animating force which controls the essence of organic and eternal life.

As a Light Symbol Code, the 6-Pointed Star functions as the unity consciousness that happens as a result of polarity integration when the masculine and feminine polarities merge together and co-create the third field of zero-point or the krystic offspring that generates the feedback loop into oneness with the eternal God source. In the earlier stages of building the divine Christos 12D Shield within the inner vertical channel or hara line, the 6-pointed star or Merkaba Star is the light symbol code called upon to support the ascending path of energetic synthesis, to bring unity consciousness or zero-point frequency within the lightbody. The Star of David is an ancient light symbol code of the sophianic Solar Female Melchizedek which energetically denotes the unity consciousness that exists between the inner male and inner female within their unified sacred marriage. The geometry directs energetic balance between the inner masculine and inner feminine principle energies that exist within every angelic human being, whether they are embodied in a male or female biology. All of creation and angelic humanity are intrinsically made from gender principle energies, which are designed to evolve and ascend through time and space when merging into sacred marriage with God, ultimately achieving hierogamic union, in order to communicate directly with the highest sovereign God self, the inner Christos-Sophia in its eternal current of liquid plasma light.[5]

Benitoite



Morganite

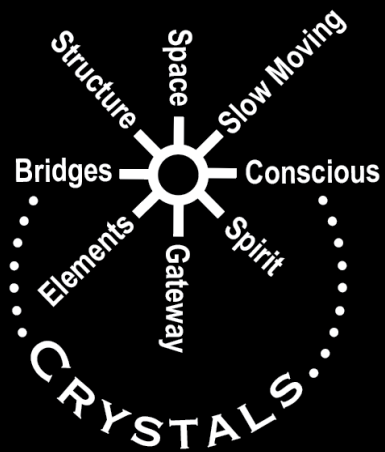


Dumourtierite

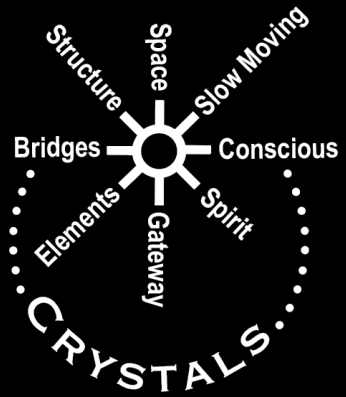


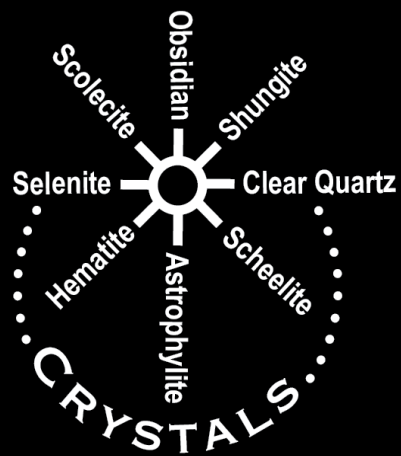
Danburite & Kunzite





Amethyst





Astrophyllite



Clear Quartz



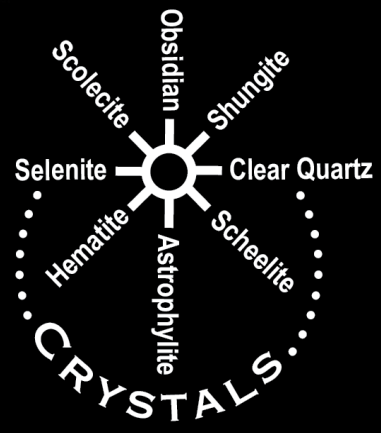
Kyanite

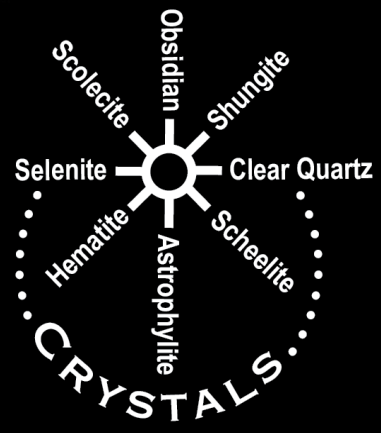


Scheelite

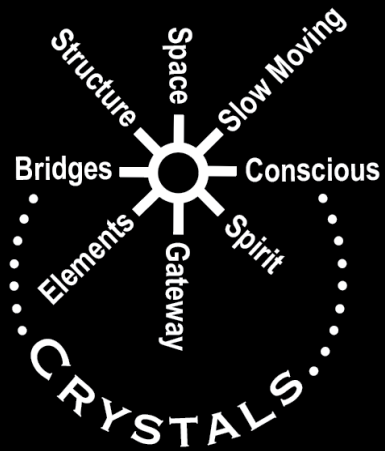
Stibnite

Scolecite





Amber Bee

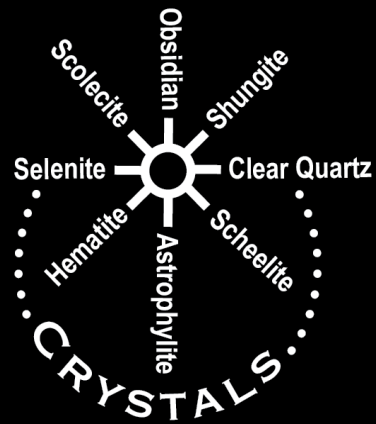


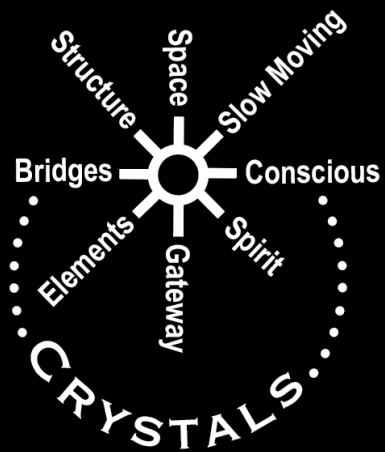


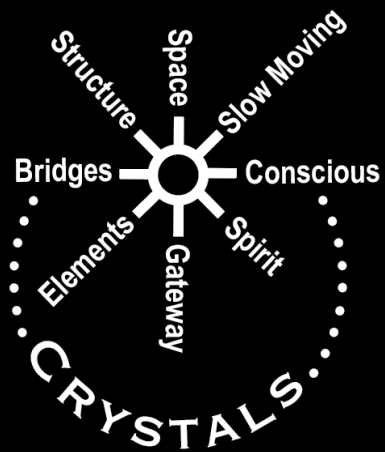
Fulgarite



Black Tourmaline Extraction Wand

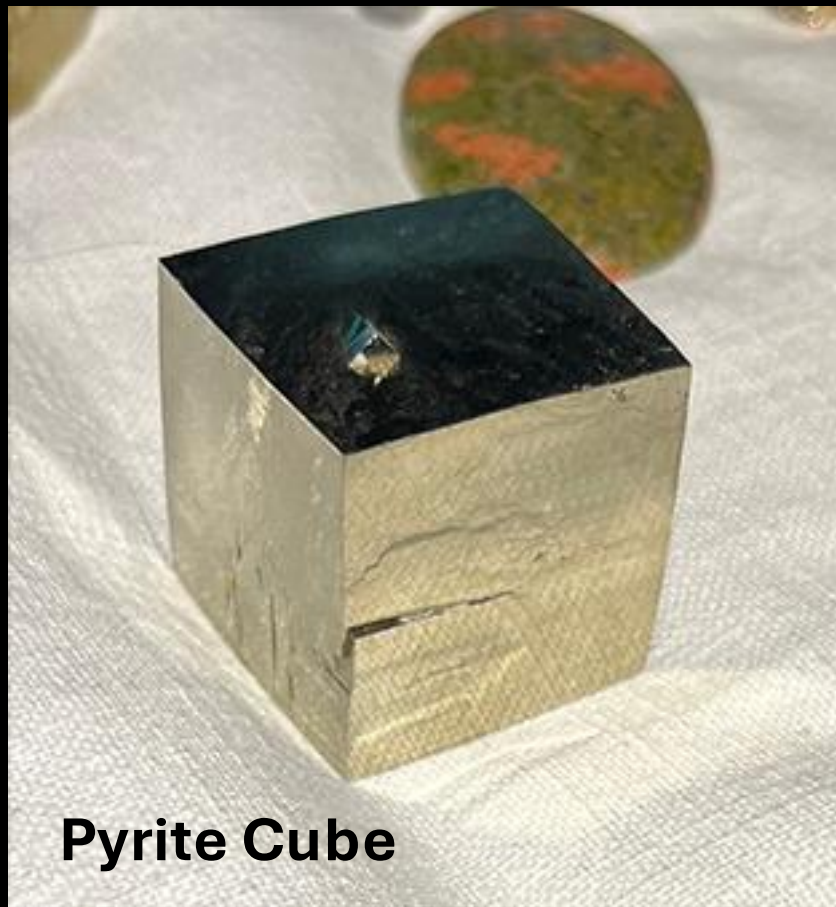
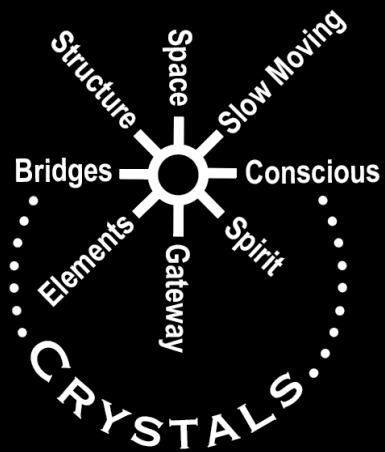






Dravite and Carnelian





Pyrite Cube



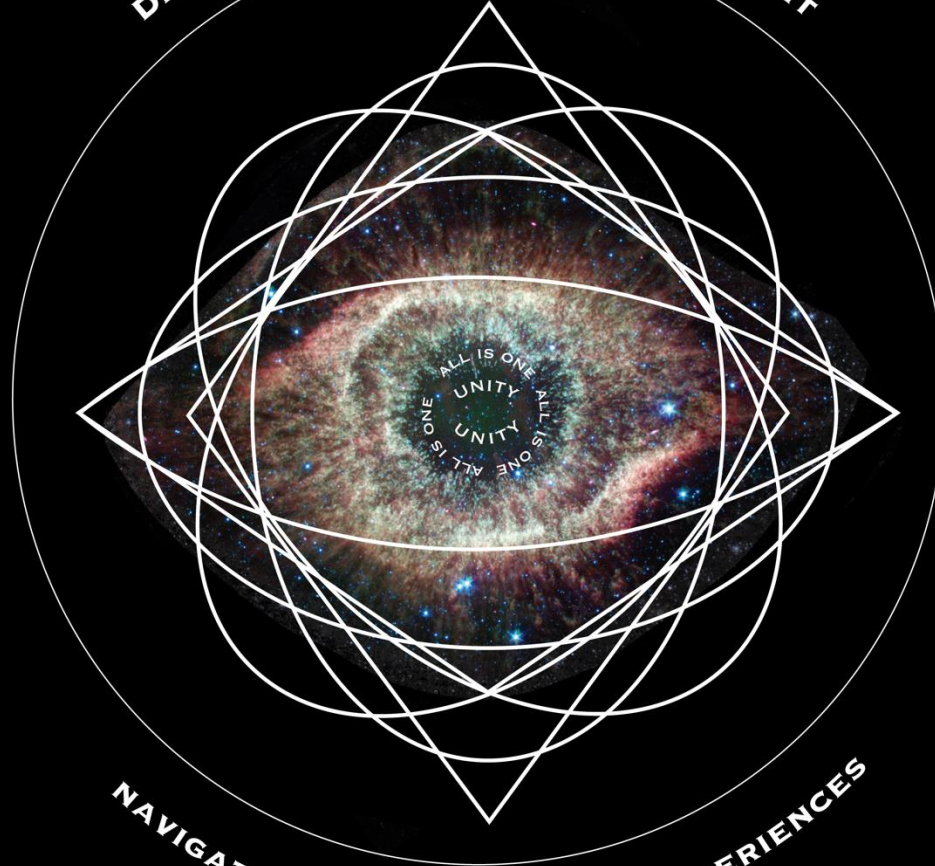
Anusara Invocation:

**Om Namah Shivayah Guruve
Satchitananda Murtaye
Nisrapancaya Shantiyah
Niralambaya Tejase**

**I offer my heart to the power of grace
That lives in us as goodness
That is every present and radiates peace
And lights the way to transformation**

Learnt from Judith Roth – Anusara Yoga Teacher in Yelapa Mexico

DEMYSTIFY ENERGETIC ENTANGLEMENT



ALL IS ONE
UNITY
ALL IS ONE
UNITY
ALL IS ONE

NAVIGATE YOUR VIBRATIONAL EXPERIENCES