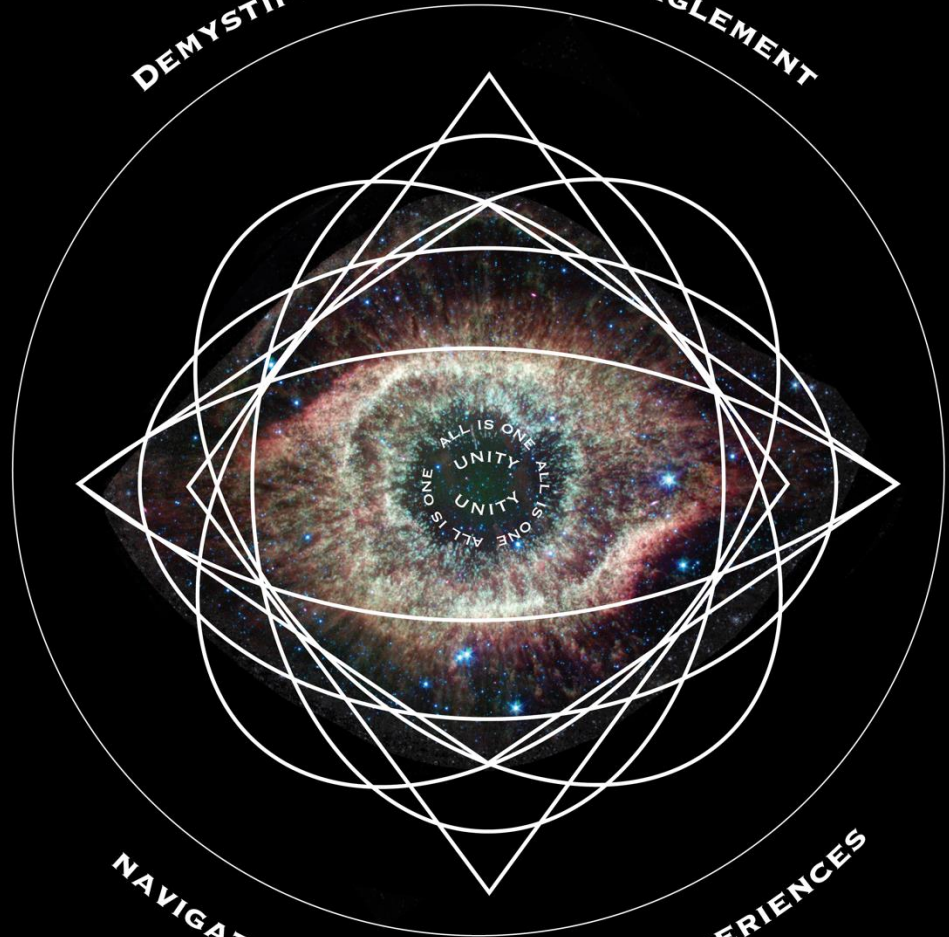
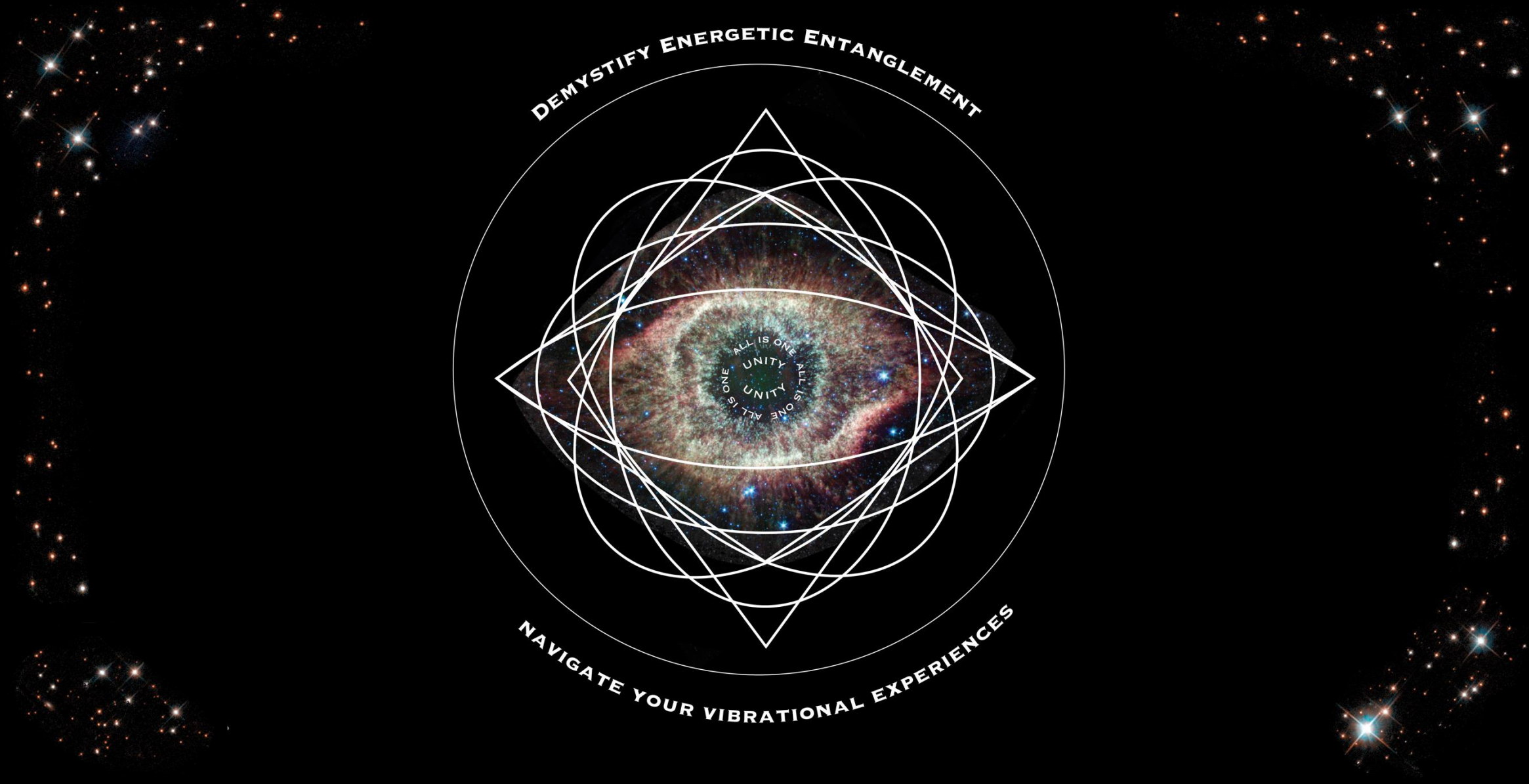


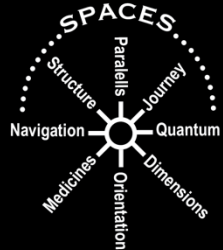
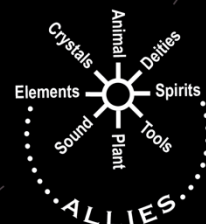
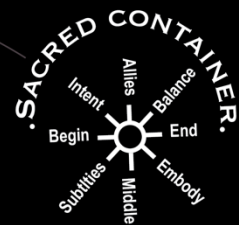
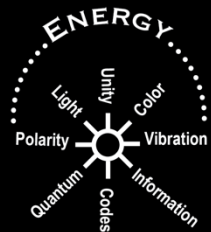
DEMYSTIFY ENERGETIC ENTANGLEMENT

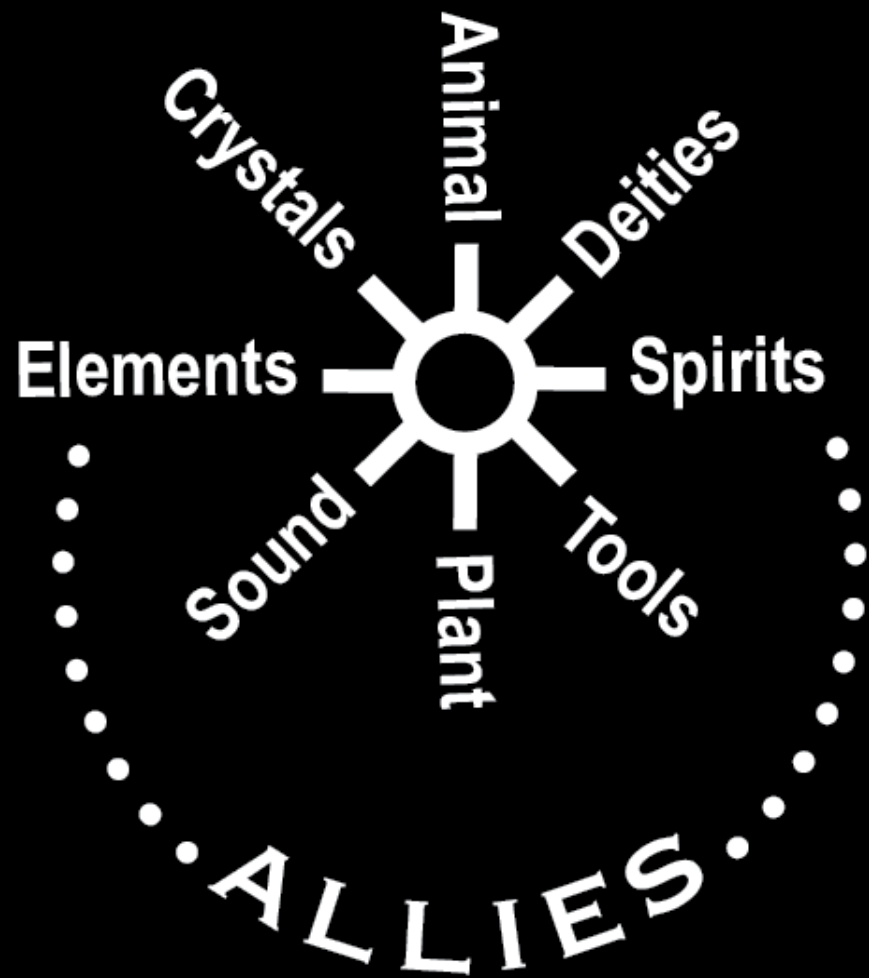


NAVIGATE YOUR VIBRATIONAL EXPERIENCES



# OUR SACRED CONTAINER







**Eres el Sol Eres es la Luna  
Eres la luz que ilumina  
Eres el Mar Eres el Cielo  
Eres amor Infinito  
Eres la Madre Eres el Padre  
Eres Todo Eres Parte  
Mi Corazon late por ti  
Tu eres siempre parte de mi**

**You are the Sun You are the Moon  
You are the Light that shines  
You are the sea, You are the sky  
You are endless love  
You are mother You are father  
You are everything You are part  
My heart beats for you  
You are always a part of me**

**Song by Gabriella Coniglio  
Yelapa, Mexico**

EAST  
AIR

NORTH  
EARTH

SOUTH  
FIRE

WEST  
WATER



**.SOUTH.**

Healing,  
Laughter, Song,  
Storytelling  
Drumming,

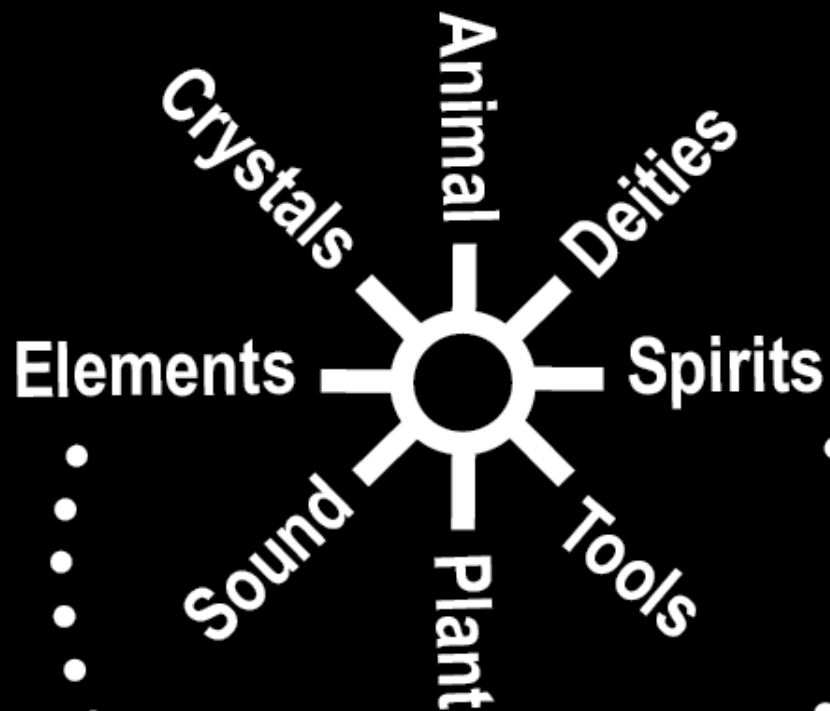
Innocence, Childhood  
Adolescence, Family, Growth,  
Plant kingdom, Corn, Creativity,  
Deer, Buffalo, Mouse

# Honoring our Allies, honoring ourselves



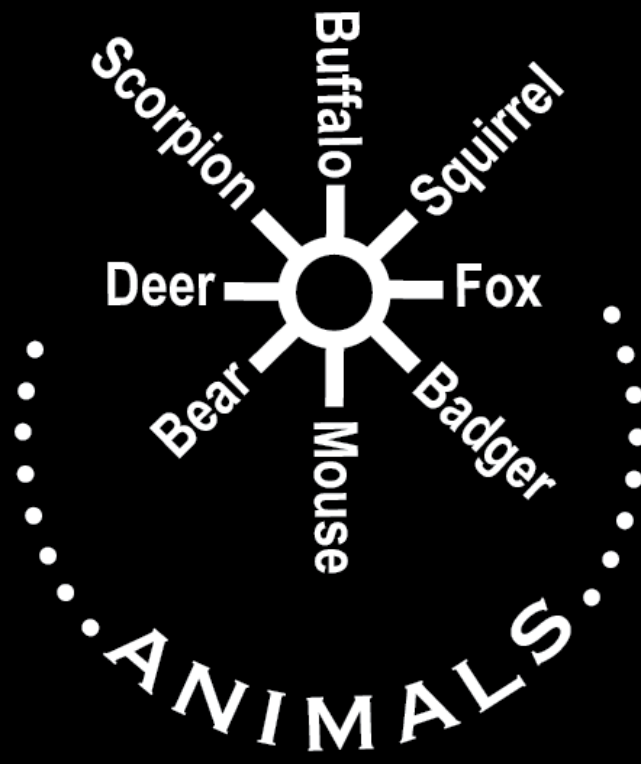
# Honoring our Allies, honoring ourselves



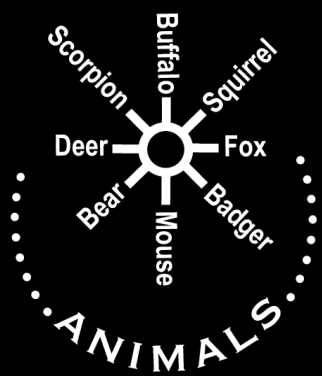


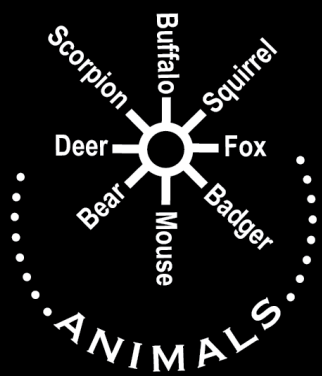
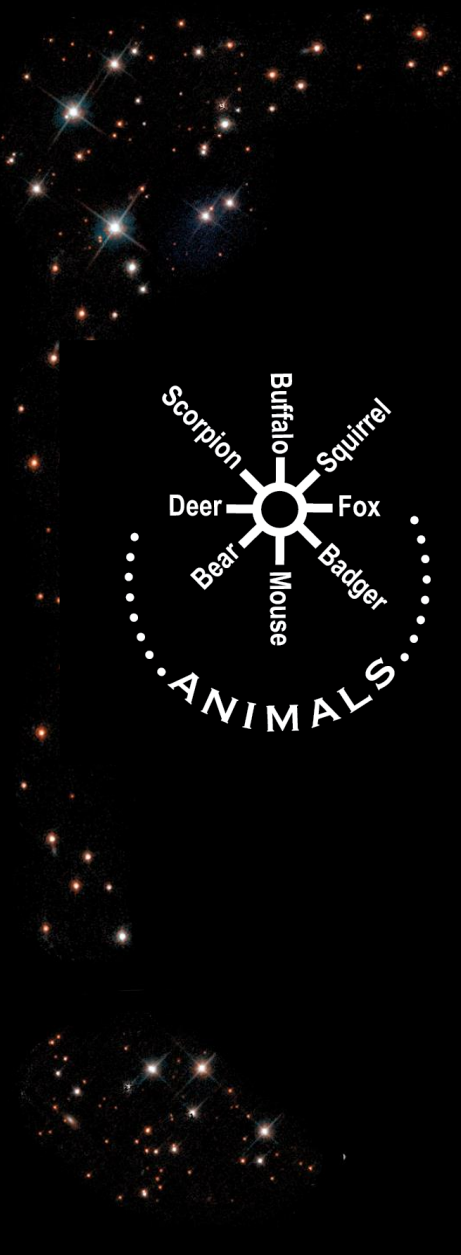
ALLIES





# Black Bear





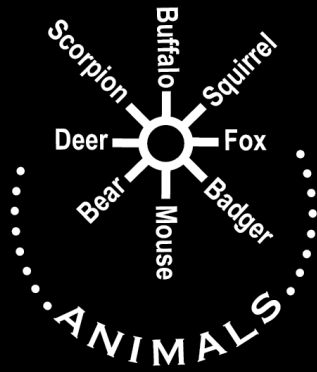
White  
Tailed Deer



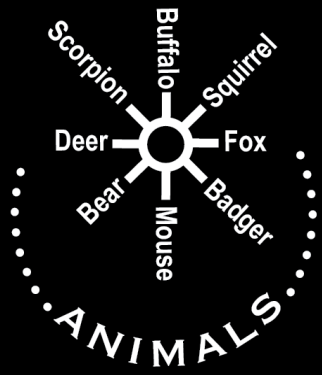
Adobe Stock | #542290770

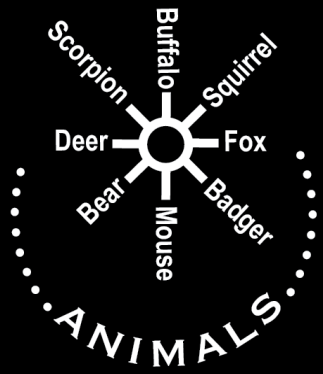


# Grey Squirrel

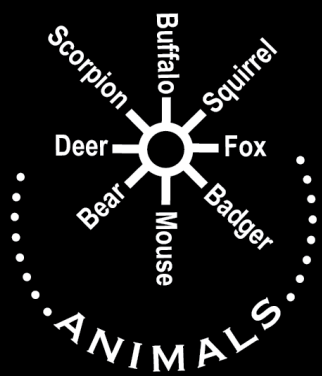


# Arctic Fox



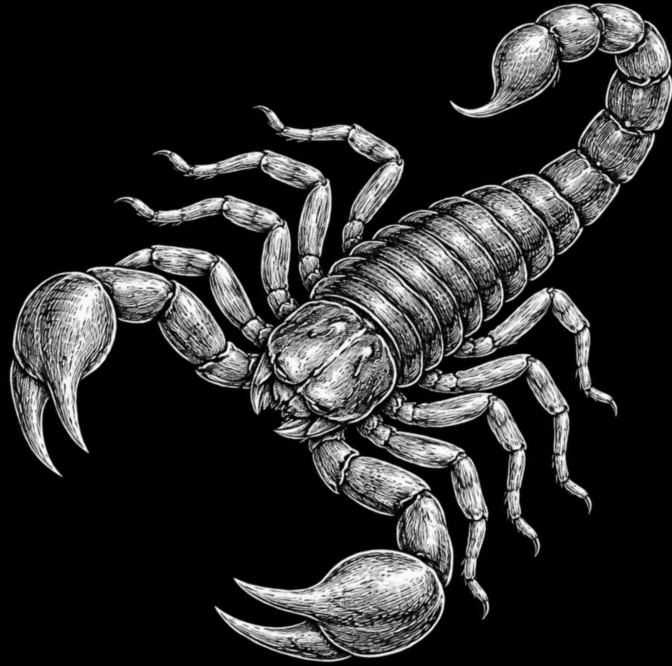


**Badger**



Mouse

## Scorpion



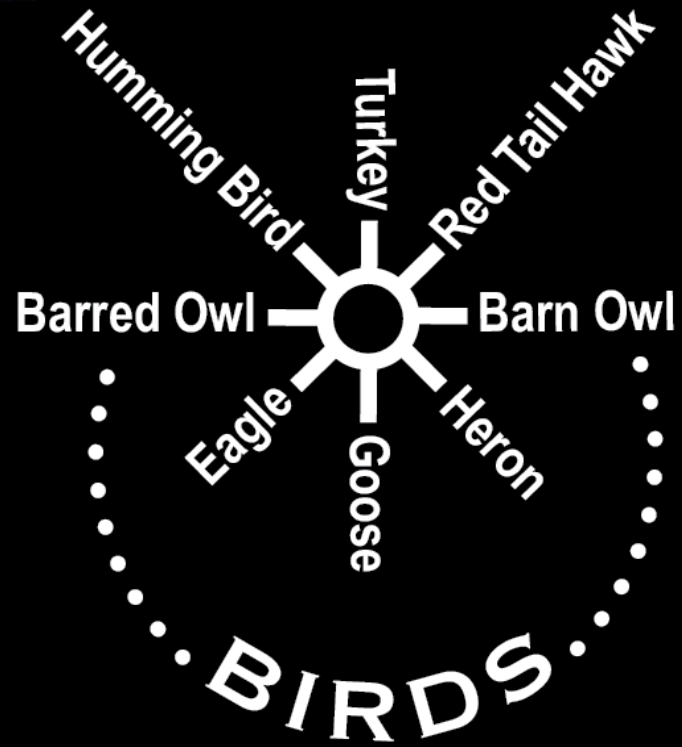
**Timid creatures, Quiet, unsocial**

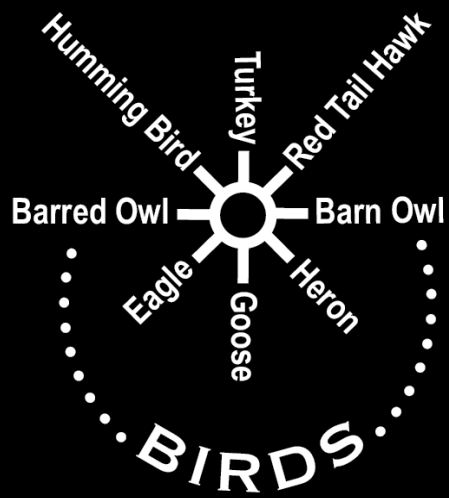
**Don't like to be disturbed**

**Live in rock piles, or around and in wood piles**

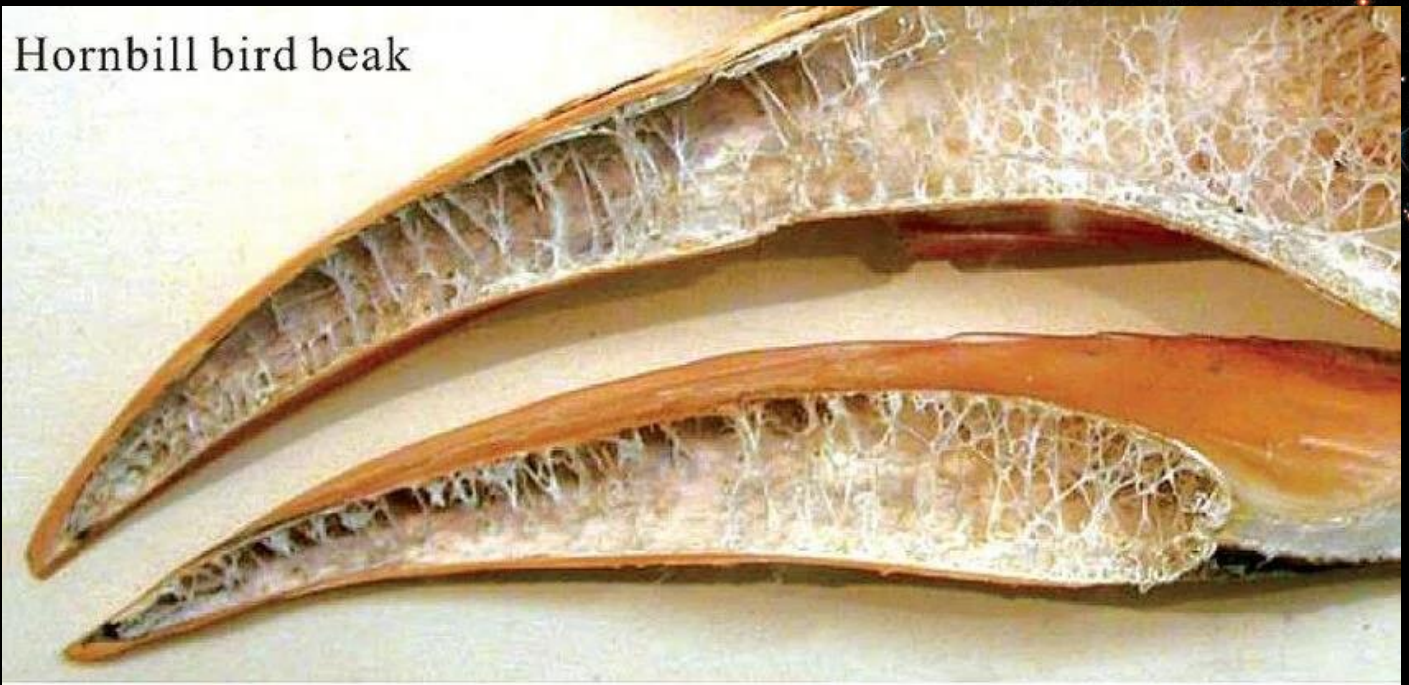
**Known as "The Guardians to higher consciousness"**

**Have a great knowledge to share**



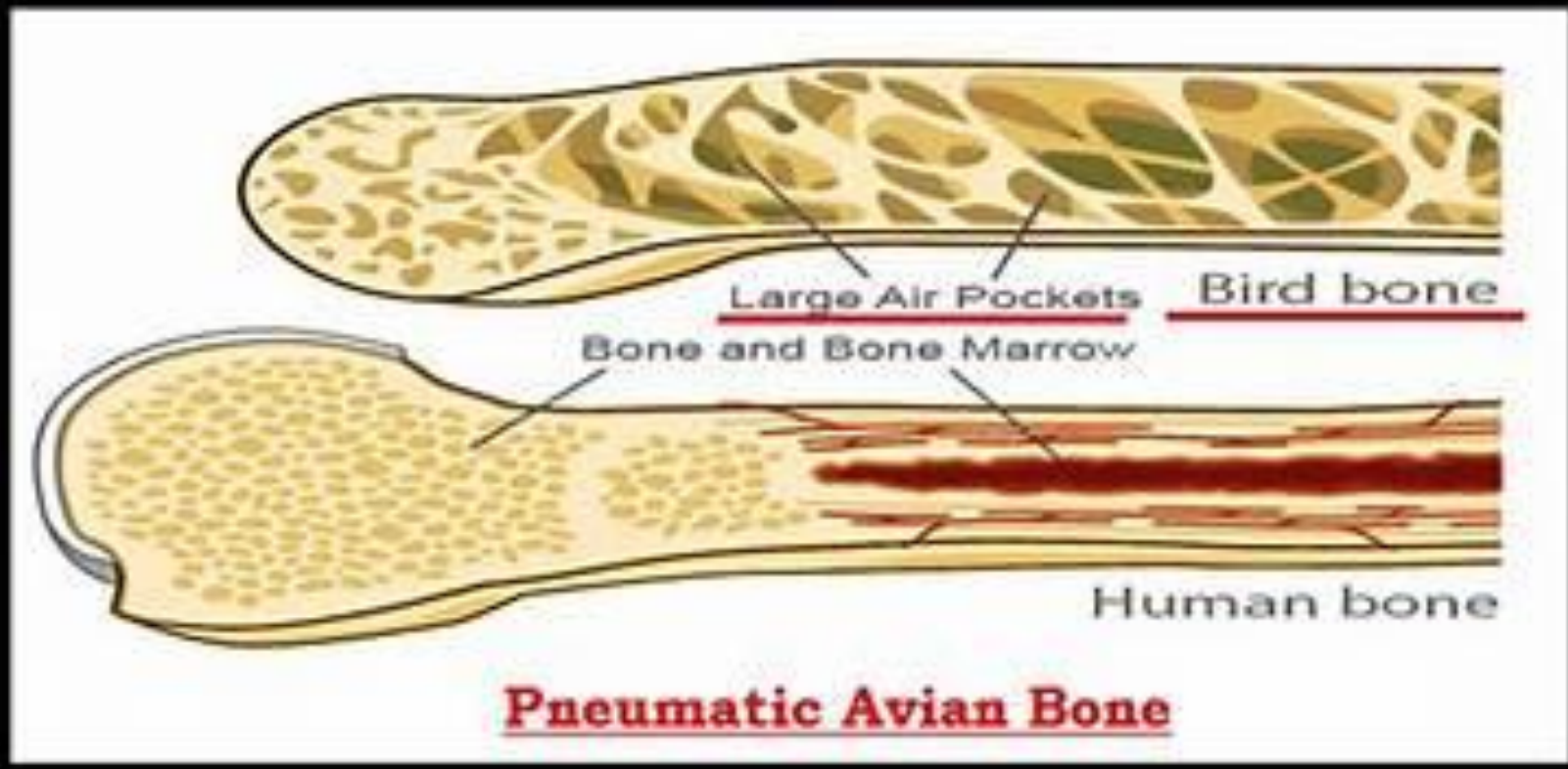
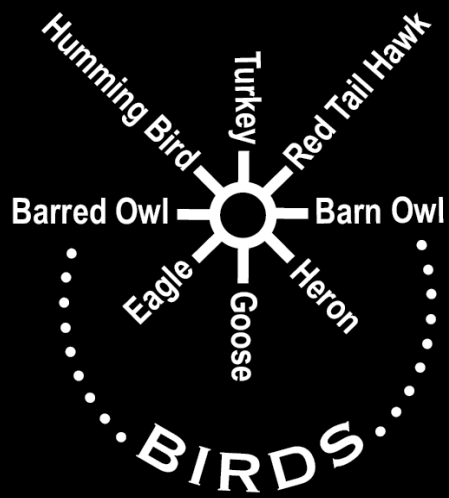


Hornbill bird beak



Bird wing bone

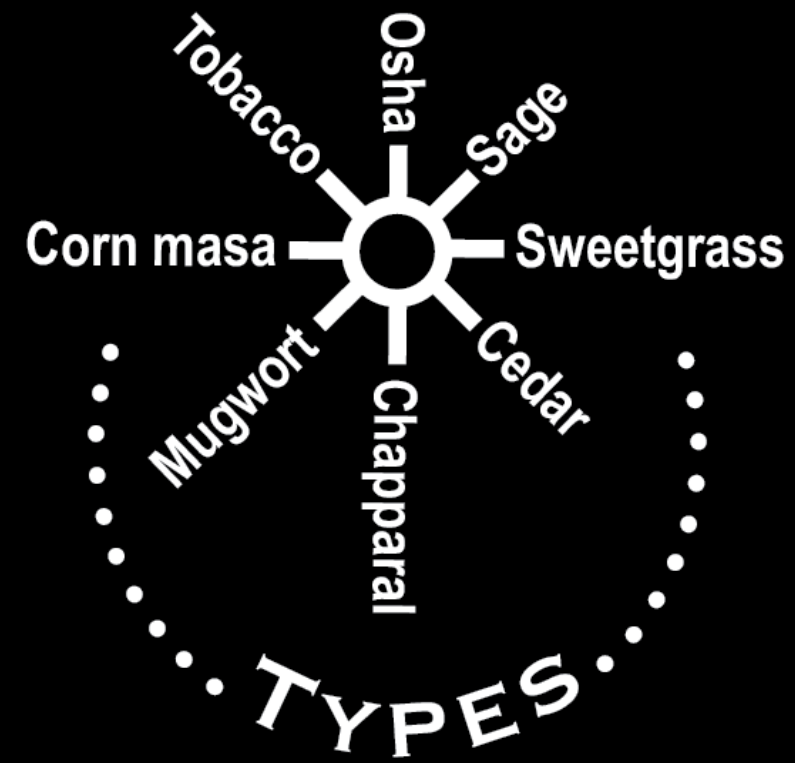
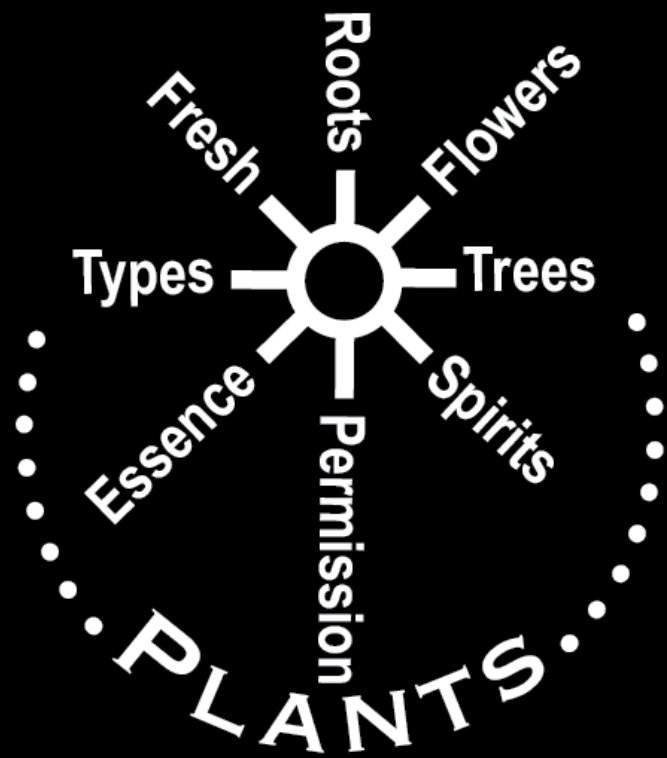


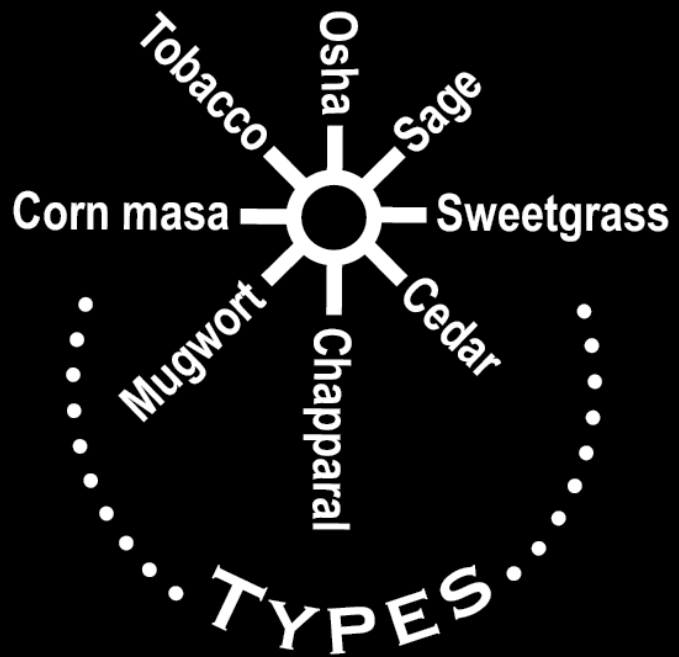




# Hollow Bones in Birds







Tobacco



Osha Root

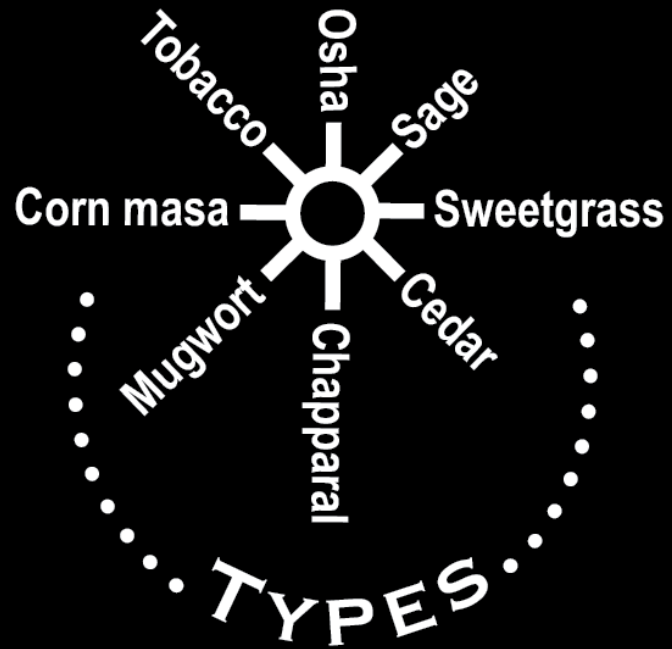


Cedar

Mugwort



Desert Sage



**Braiding Sweetgrass** As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers.

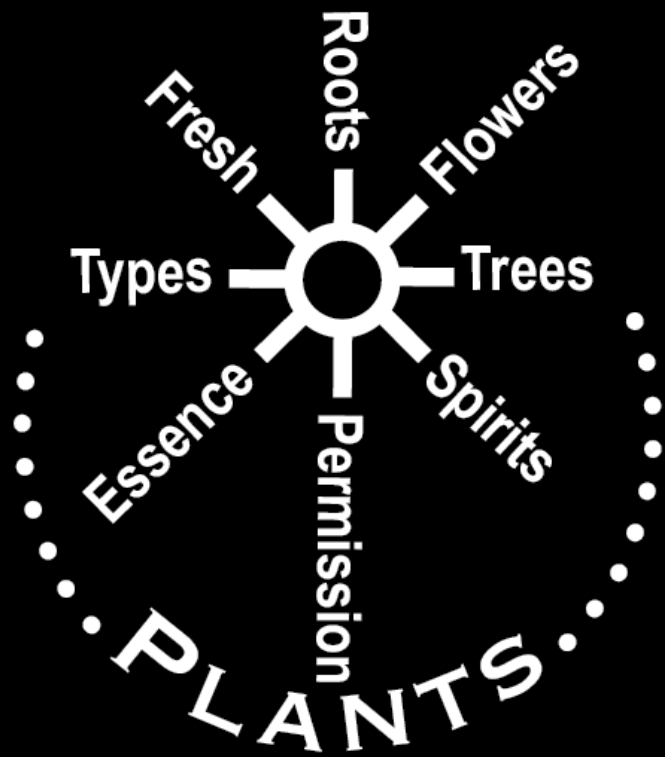


## Matsutake

You are not finding or  
Hunting us  
We find you

Being humble  
In a state of generosity  
& giving nature

Present



# Enchantment of the Faerie Realm: Communicate With Nature Spirits and Elementals

**Ted Andrews**

In a universe of infinite energies and life forms, anything which expands our awareness and brings joy to our life can only be a benefit. By opening ourselves to the possibility first and then the realization of actuality, we open ourselves to all the wonders of the world waiting to be explored. We open ourselves to the mysteries of life. We have greater opportunity for fulfilment, prosperity and joy within our individual life expressions. The world still holds an ancient enchantment. It hints of journeys into unseen and unmapped domains.

There was a time when the distances between our world and those we consider "imaginary" were no further than a bend in the road. Each cavern and hollow tree was a doorway to another world. Humans recognized life in all things. The streams sang and the winds whispered ancient words into the ears of whoever would listen. Every blade of grass and flower had a tale to tell. In the blink of an eye, one could explore worlds and seek out knowledge that enlightened life. Shadows were not just shadows and woods were not just trees and clouds were not just pretty. There was life and purpose in all things and there was loving interaction between the worlds.

Now we no longer see with a child's or seer's eyes. Instead, we laugh and scoff at those who do. Because of this the "blessed ones" have retreated. The abuses we impose on nature and on each other appall them, and though curious about humans, they avoid contact. However, no world dies completely. Those ancient worlds still exist, though the doorways to them are more obscure. Now we must seek them out. There are still noble adventures to undertake. There are still pots of gold at the end of rainbows, but they must be searched out and won.



The ROSE Fairy



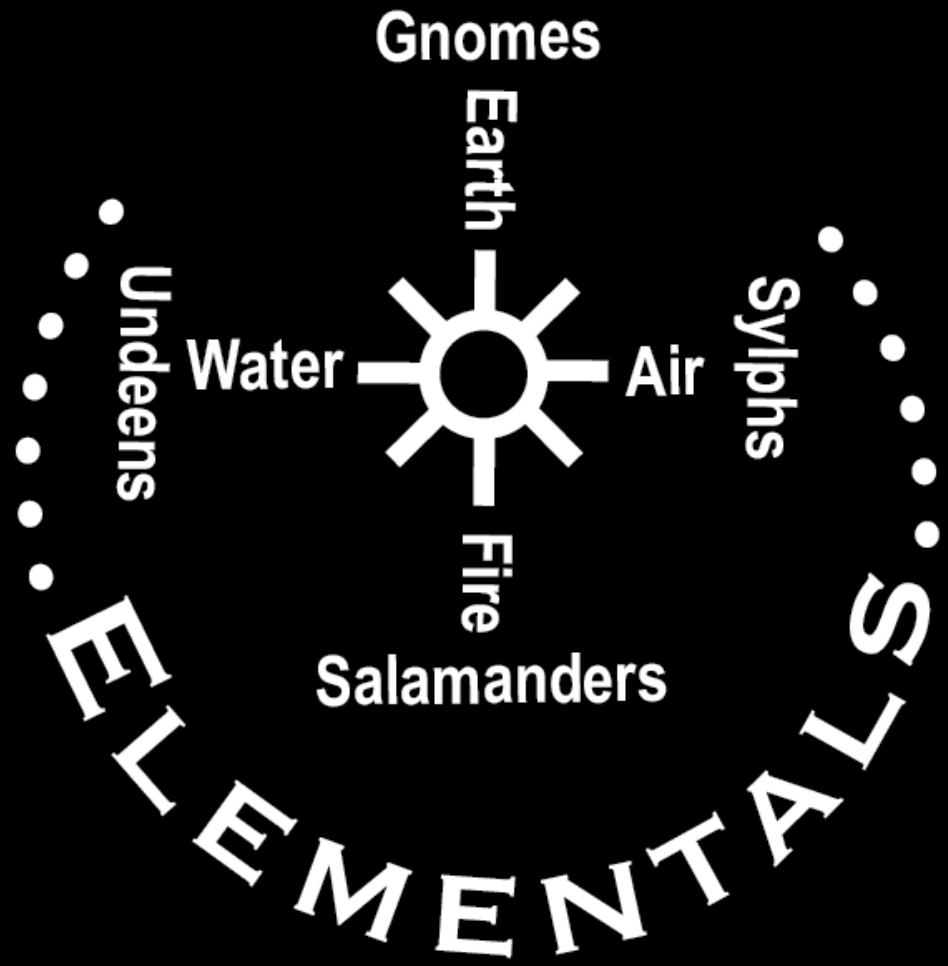
Flower Fairies



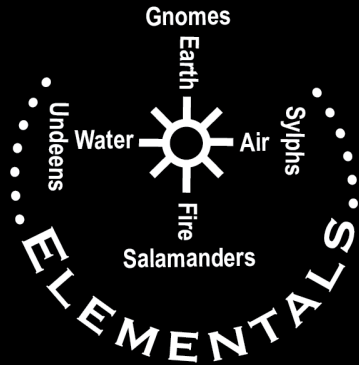
The LILAC Fairu



Flower Fairies



Each element (fire, earth, air, water) is proposed to possess sentient energy, a spiritual essence that embodies it's element



### Gnomes – North - Earth

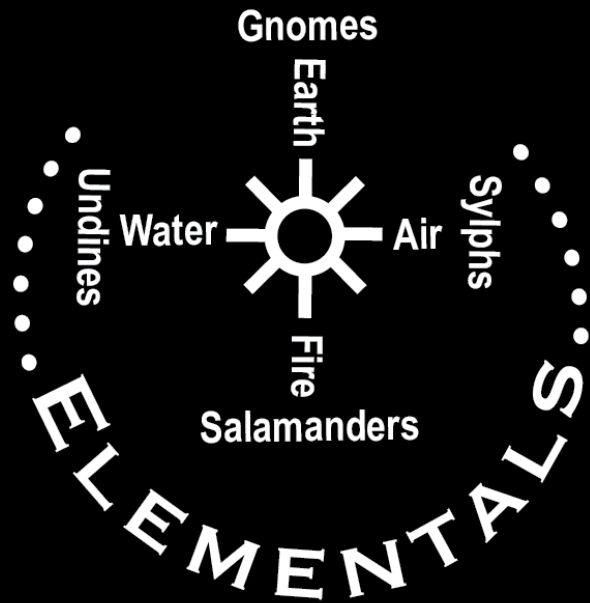
The word Gnome comes from the Latin word *gnoma* which means “Knowledge”

The term Gnome is also derived from Latin *genomus* which means “Earth-Dweller”

Gnomes correspond with the earth and all of its aspects. That means foundations of the earth like soil, trees, mountains, plants, roots, etc.

Gnome elementals are associated with the direction of the North on the global compass.

Information on Elementals comes from  
Avia at [whats-your-sign.com](http://whats-your-sign.com)  
& Ted Andrews



## Sylphs – East - Air

hey are connected with the breath and breathing

Sylphs can give us a boost in our daily life

a deeper sense of connectivity to the skies, air

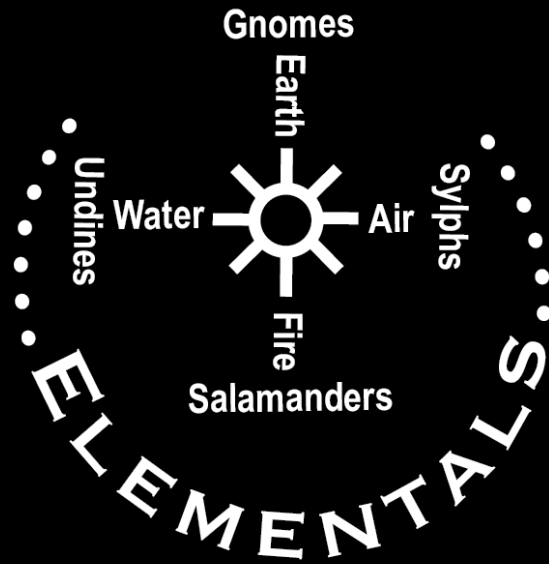
Spiritual journeying (Sylphs will get you where you need to go)

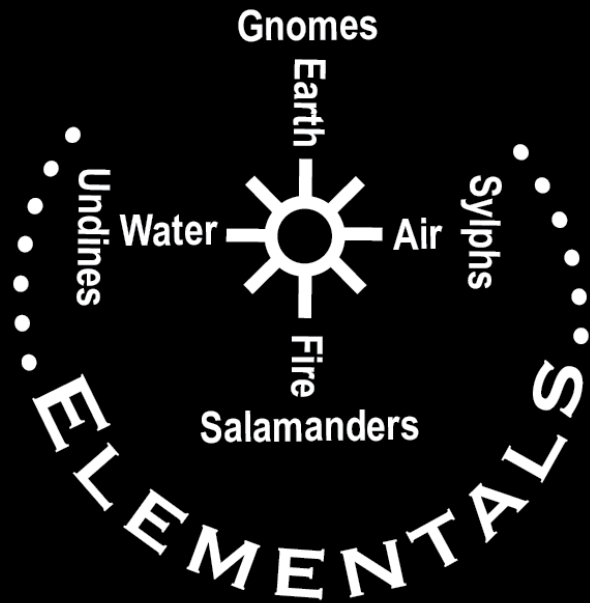
Assistance in healing (breathe, lungs, respiratory, cilia and cellular repair).

Enhance inspiration, communication and mental clarity (air, and thus Sylphs are the medium for such things).



**Salamanders – South – Fire**  
**They rule the element of fire**  
**They hail from the direction South**  
**It's typically agreed they take on a lizard-like form**  
**They are fabled to have taught ancient man how to create and use fire**



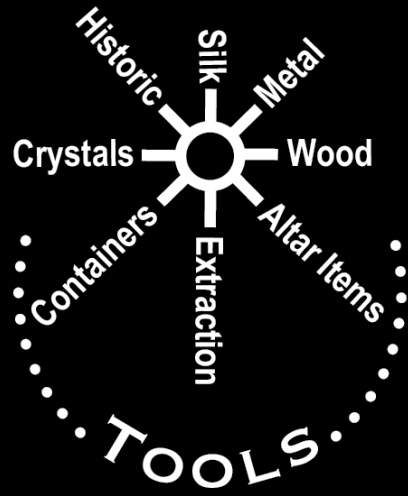


Undines are energies of the water. There are theories that say undines are present in every drop of water. They are said to protect our water. As they are entities united with water, Undines are governed by the Moon.

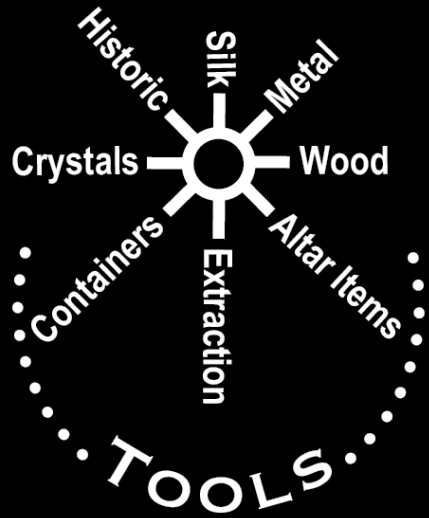
They are spirits and protectors of the water world. We could say an Undine is a *personification* of water. Many schools of thought liken Undines to sprites, nymphs and mermaids.

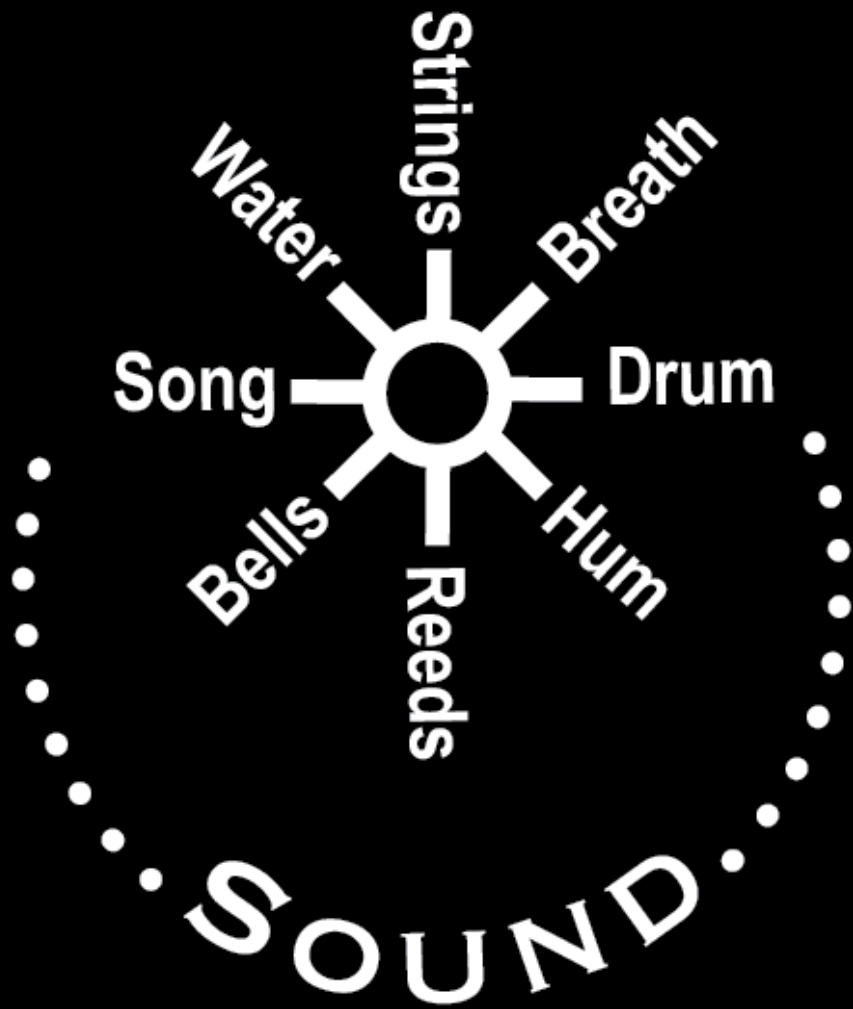


# Healing Tools

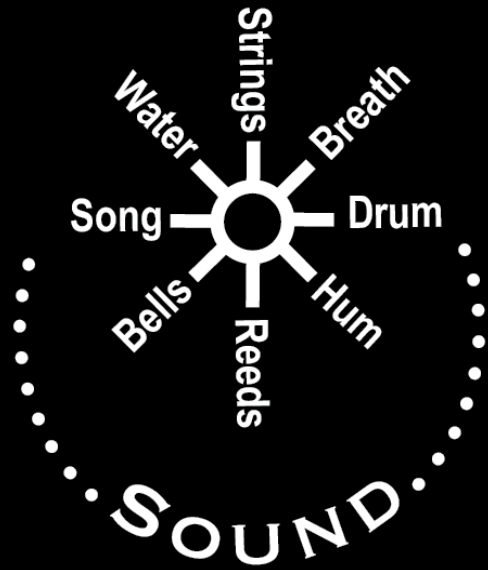


# Healing Tools

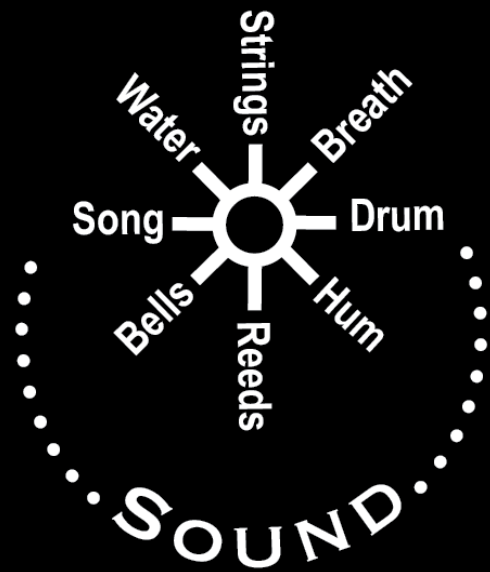


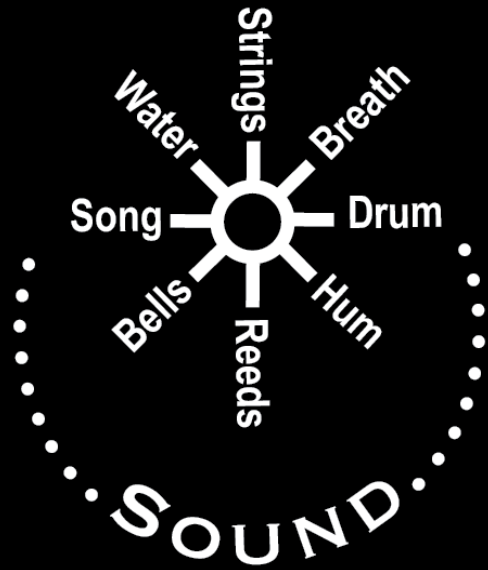


# How Song can move energies



# Attending the OSU Pow Wow in Ashland Oregon to Sing and Drum



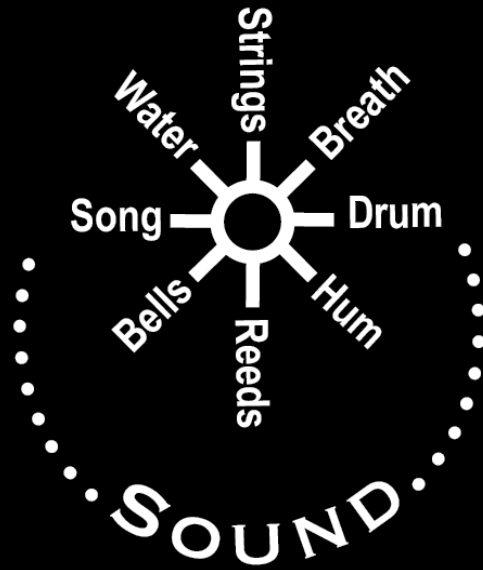


Burton Fisher jr. and Me

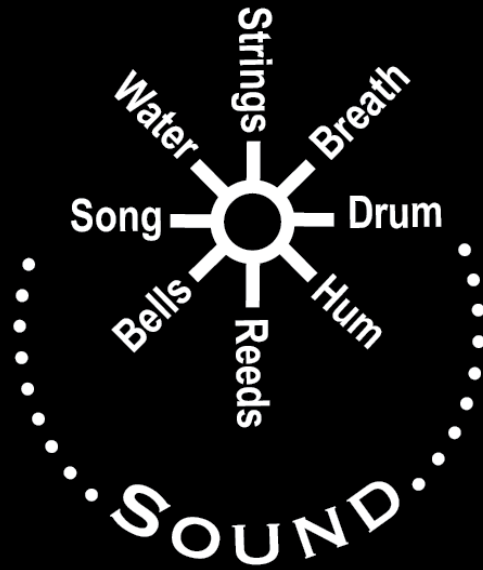


Sky & Grey Fox in their Regalia

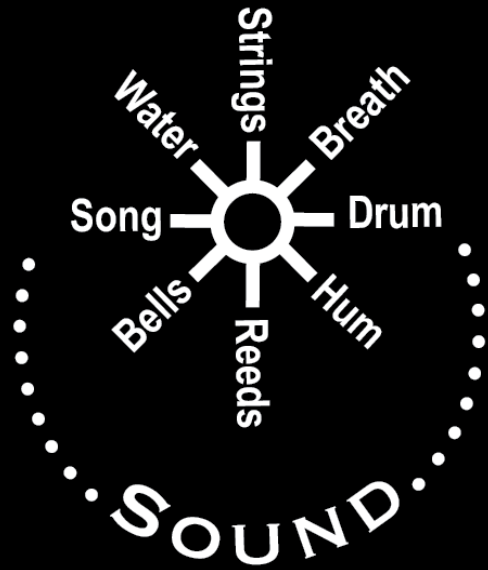
Different First Nations Tribe Women In Regalia, Dancing to Song/Drum



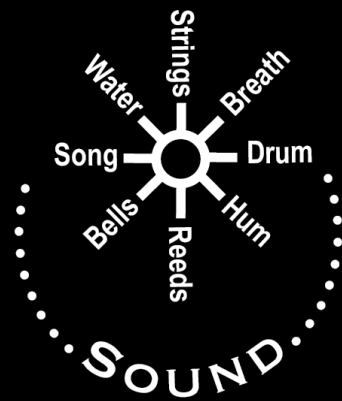
Women's Jingle Dress Dancers at two different Pow Wows



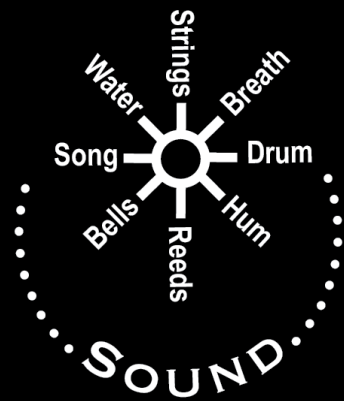
First Nation Tribal Men's Dancing at two different Pow Wows

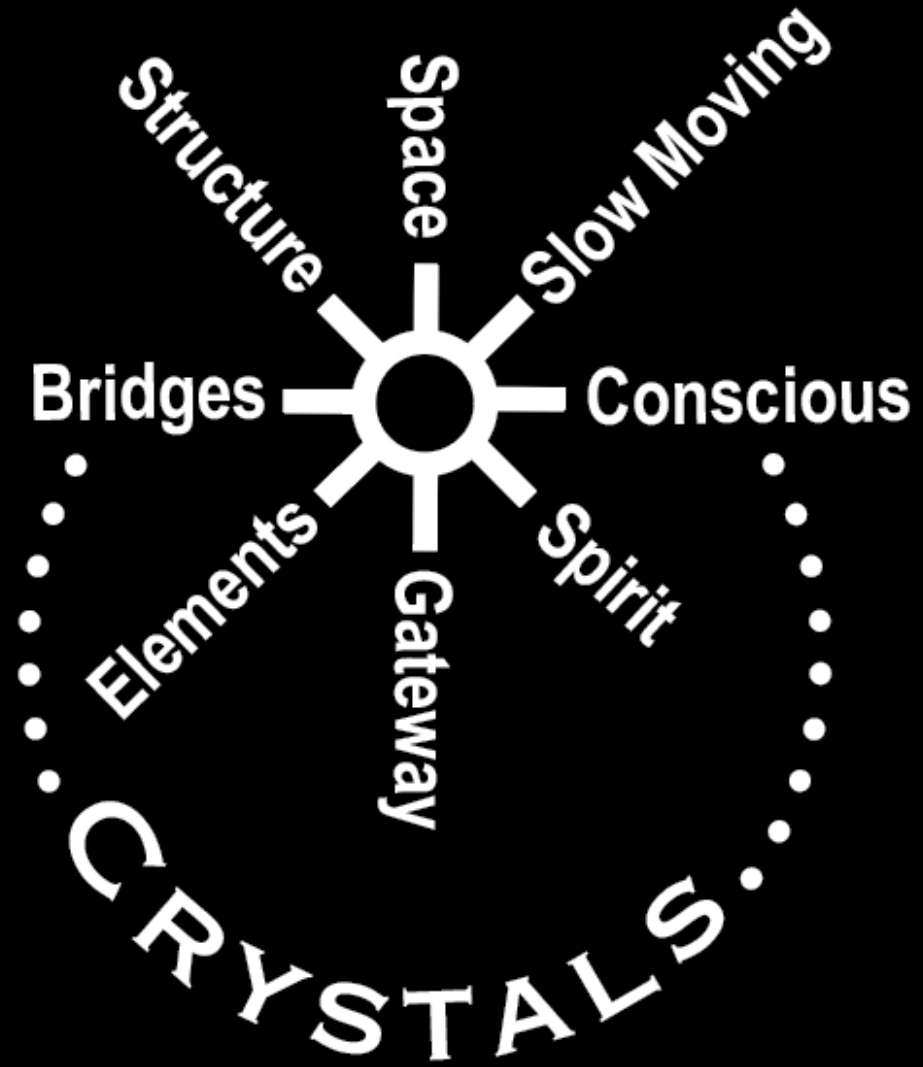


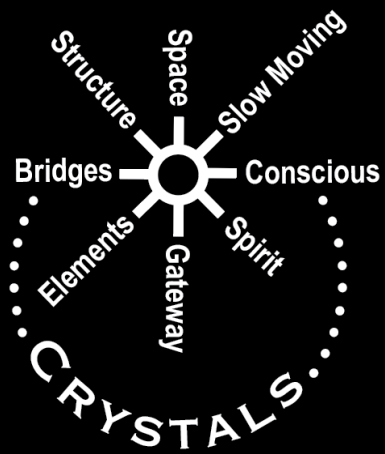
Us Singing and Drumming for the Dancers, this is right at the beginning of the Song, where Burton takes time to feel into how to begin the song, listening, focusing Being present, and we all wait for him to begin, he begins by getting the rhythm by tapping the edge of the Drum stick on the side of the drum. The songs have a different rhythm and cadence to it, some are simple some are complicated. We sing in the Northern Cheyenne language and he sings alone at first before we join in with him – Burton is the one in the black hat to the left, I am next to him.

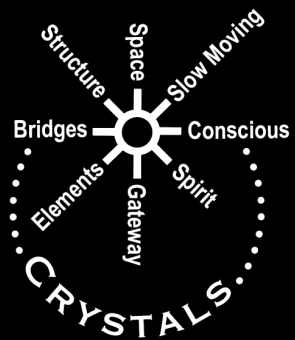


Sometimes the songs are very fast, will pick up speed as they go, or get Louder or softer depending on what part of the song we are singing, usually there are 4 parts to the song, and sometimes there is variation of rhythm in the 3 part to the song: Burton knows well over a hundred songs, which are all used for different kinds of ceremonies Or Protocols within the Cheyenne Traditions.





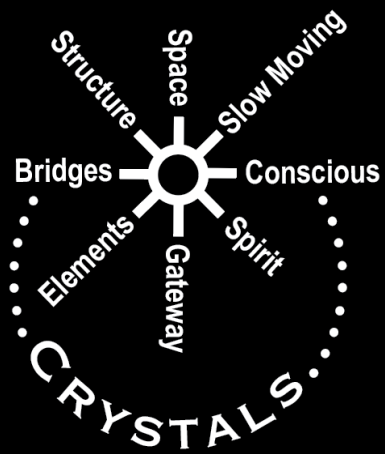


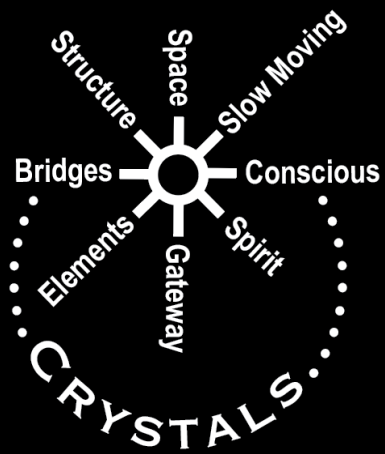


**Crystal  
Grid**

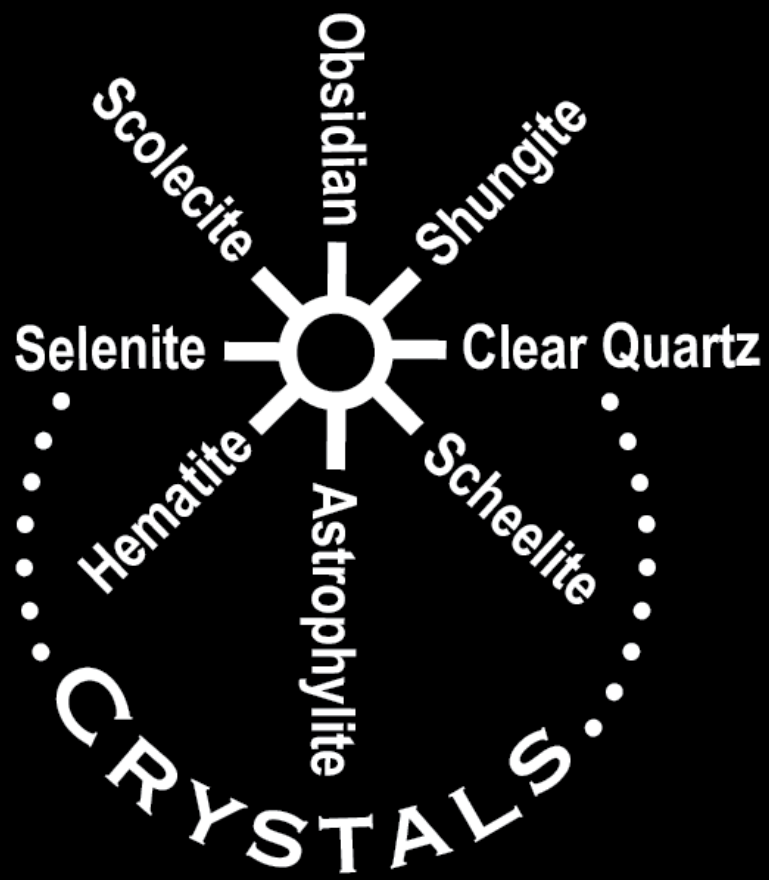


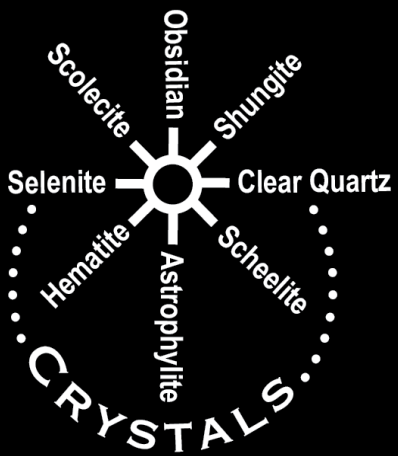












Astrophyllite



Clear Quartz



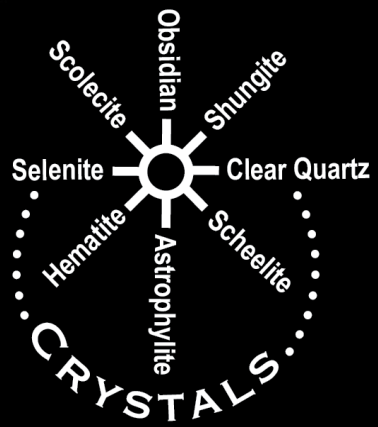
Kyanite

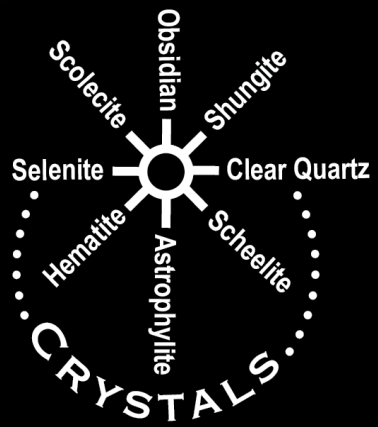


Scheelite

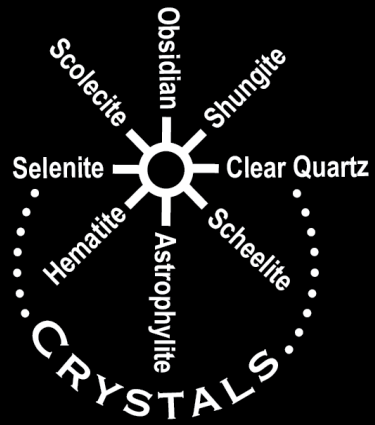
Stibnite

Scolecite





# Smokey Quartz

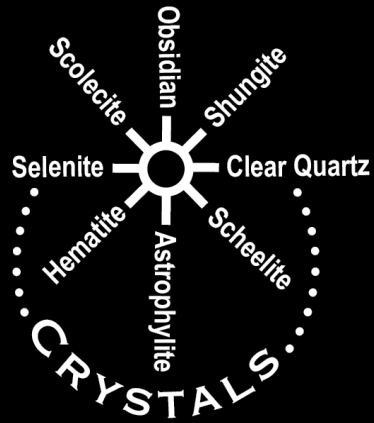




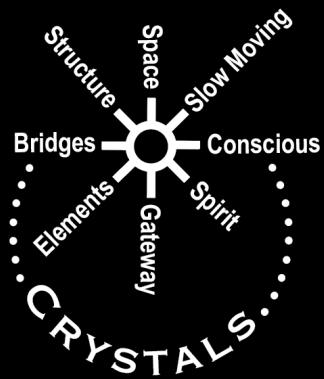
Fulgarite

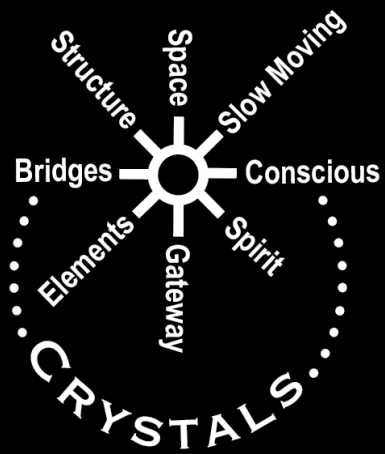


Black Tourmaline Extraction Wand

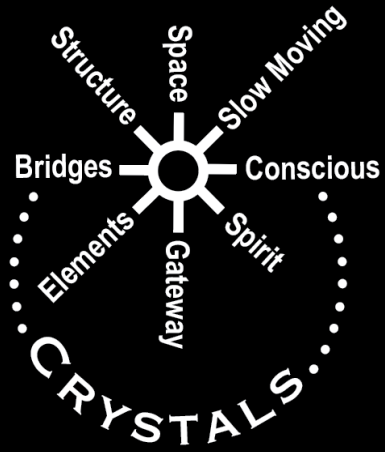


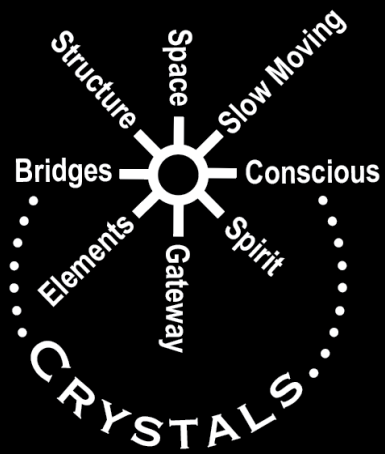
**Black Obsidian Mirror –  
Reflect back what you need  
to see & absorb what is not  
needed**

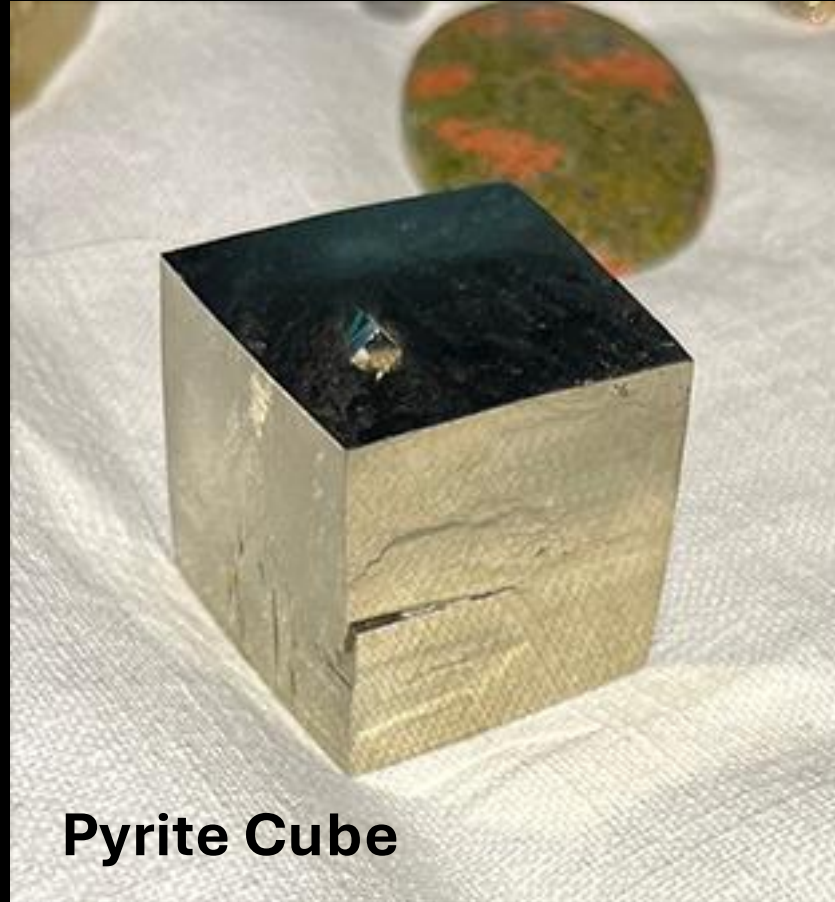
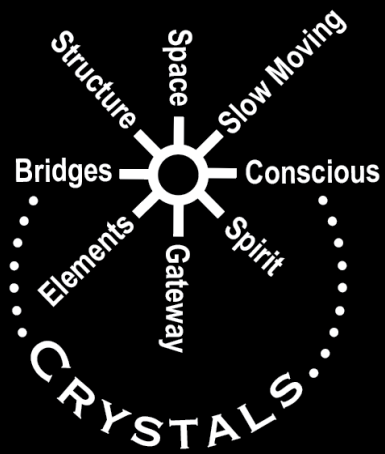




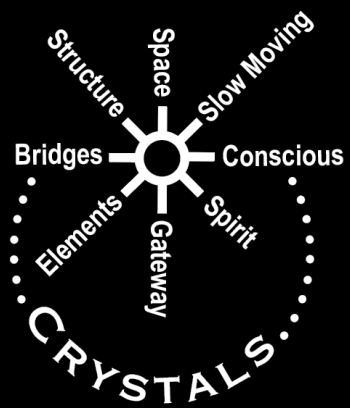
# Dravite and Carnelian



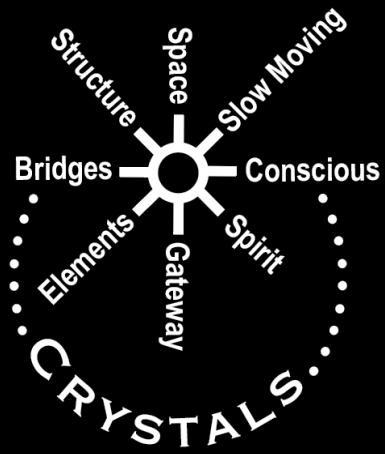




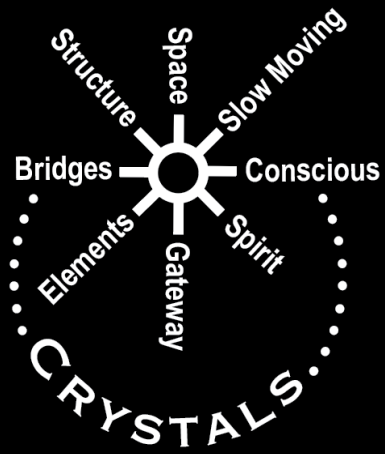
Pyrite Coated Sphere

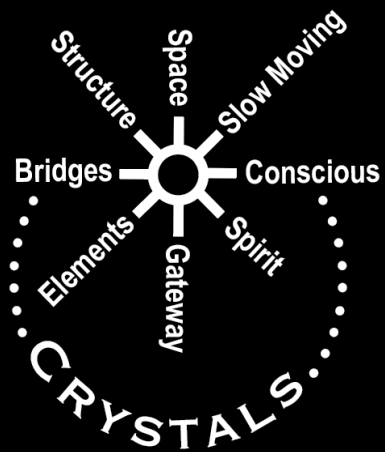


# Amber Bee

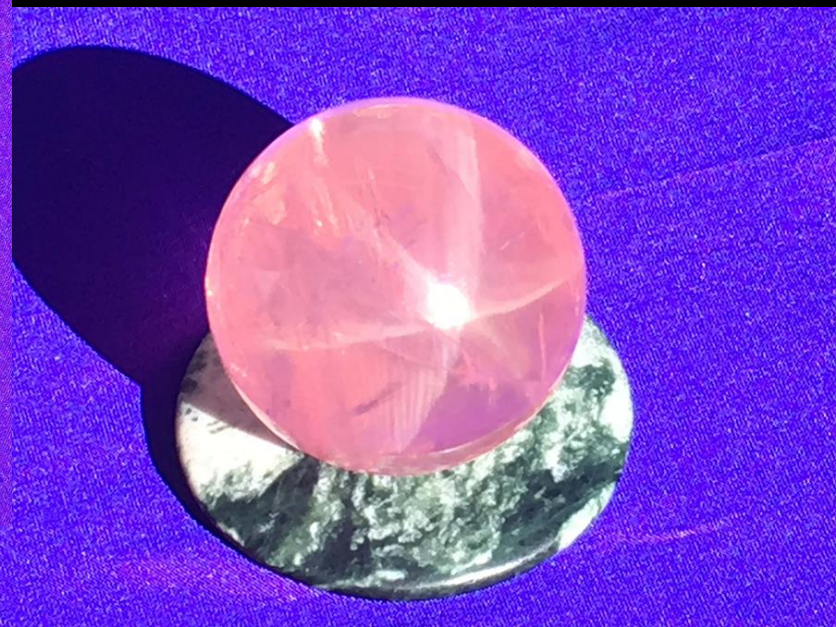


# Rhodocrocite



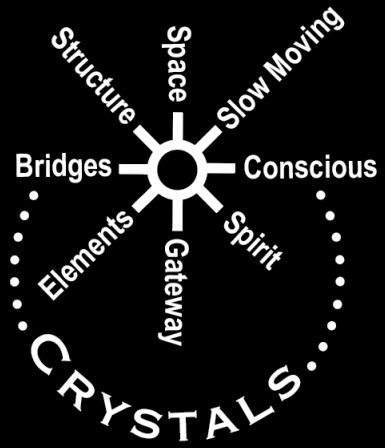


Jade  
Chrysoprase  
Peridot  
Green Kyanite  
Moldavite  
Pyromorphite  
Epidot

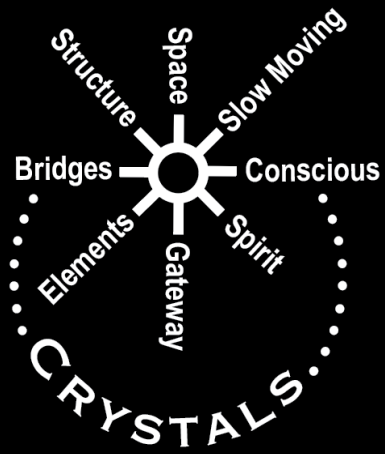


Rose Quartz Star & Jade

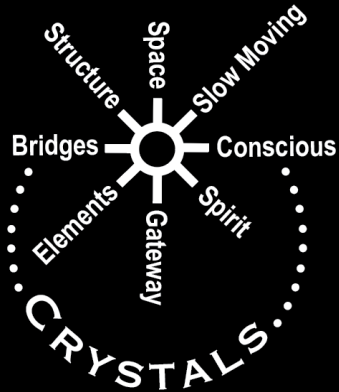
# Unakite



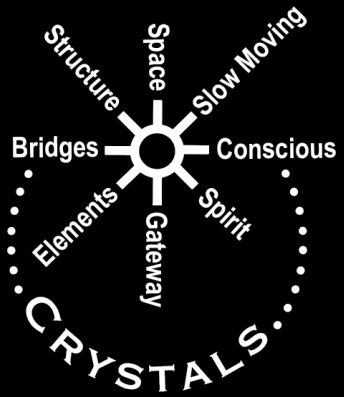
# Labradorite



# Amethyst

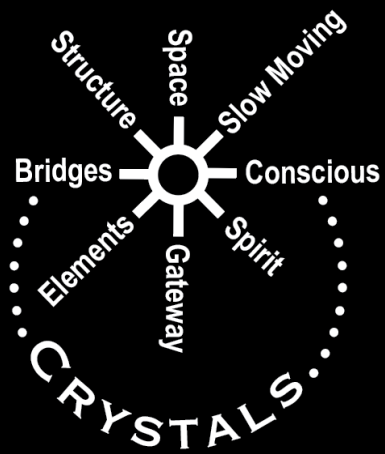


## Amethyst & Lepidolite

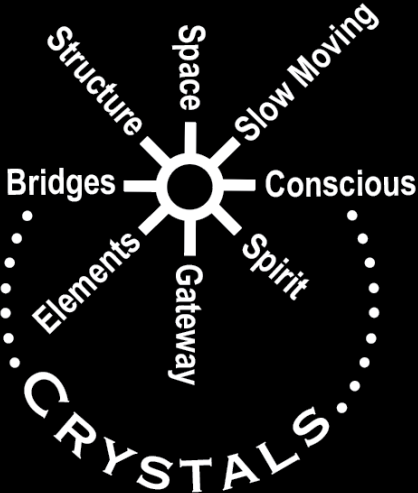


## Amethyst Enhydro





# Himalayan Quartz



# CRYSTAL MEDITATION

**Family Challenge  
Pattern that you carry  
The Shadow**



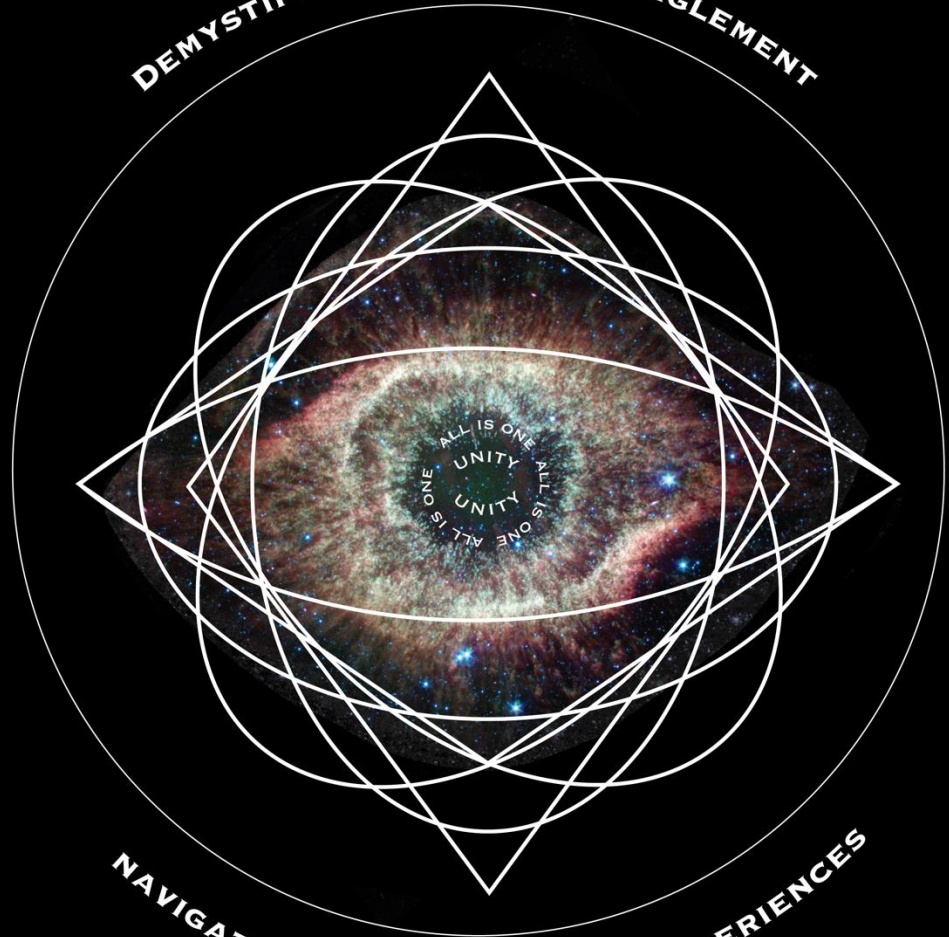
**Connecting with  
your ancestors**

**ILLUMINATION**



**Connect with family members that may have had similar energetic sensitivities as you, or that may be able to impart wisdom. To bring illumination to the generational shadows you carry.**

DEMYSTIFY ENERGETIC ENTANGLEMENT



NAVIGATE YOUR VIBRATIONAL EXPERIENCES

