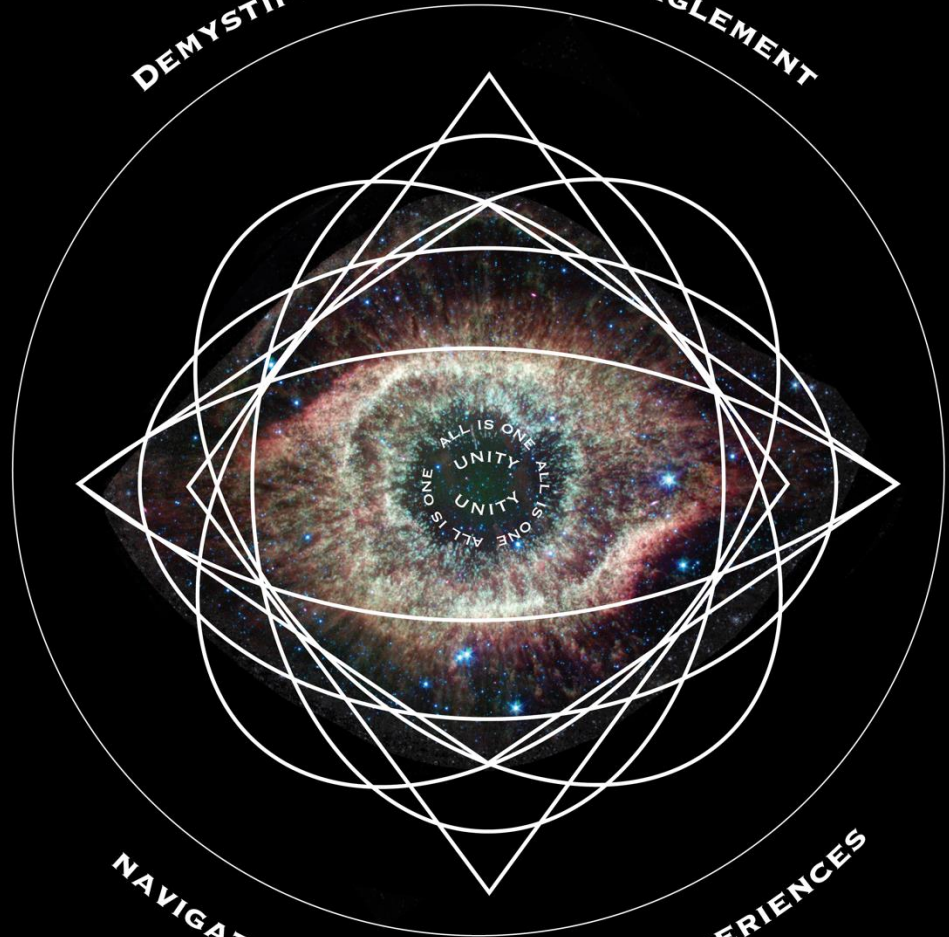
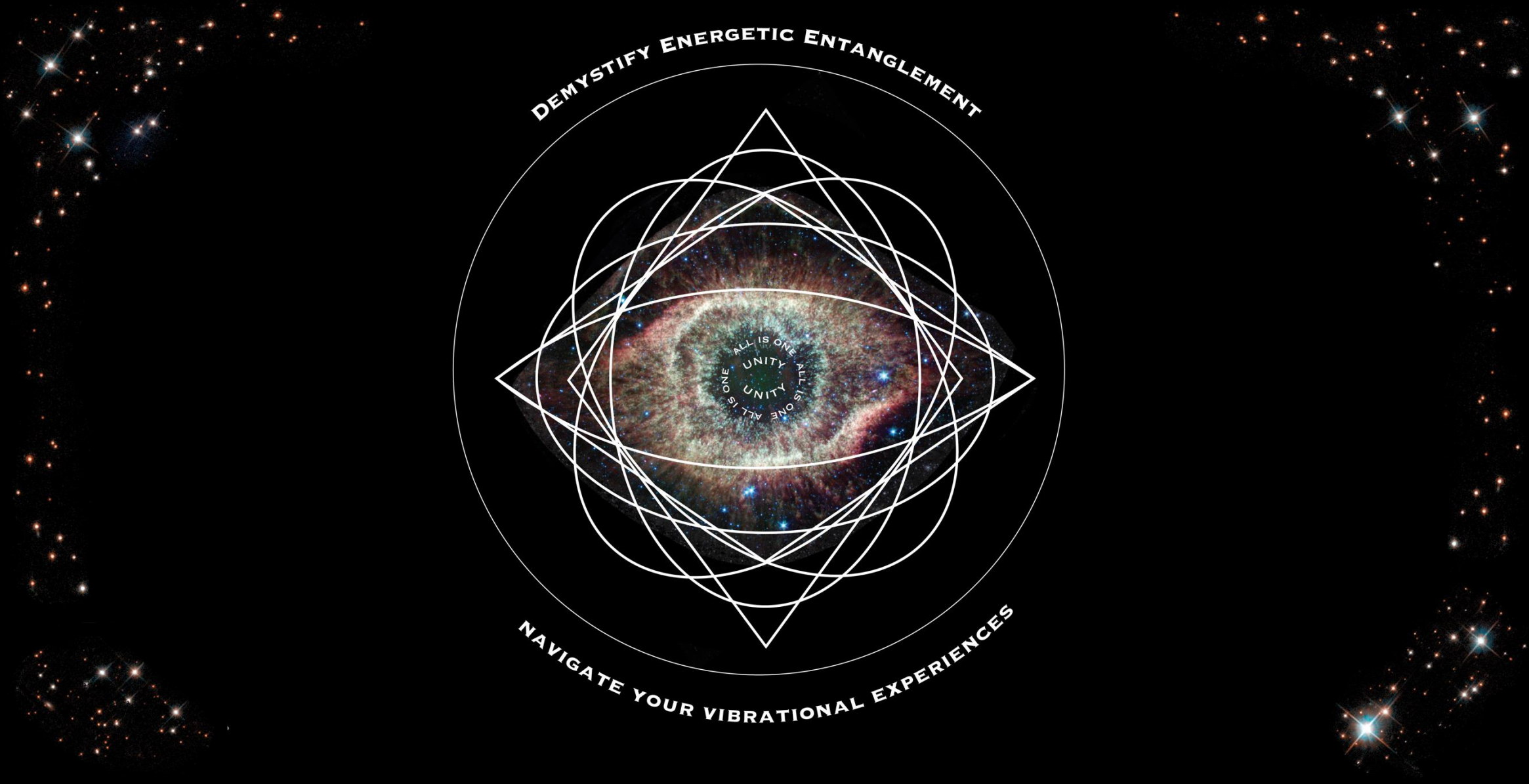


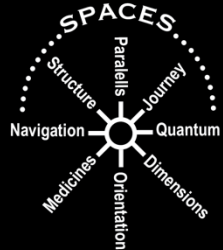
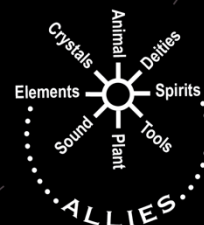
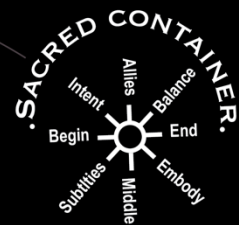
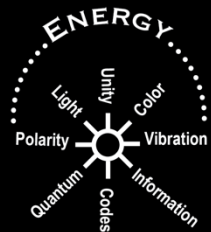
DEMYSTIFY ENERGETIC ENTANGLEMENT

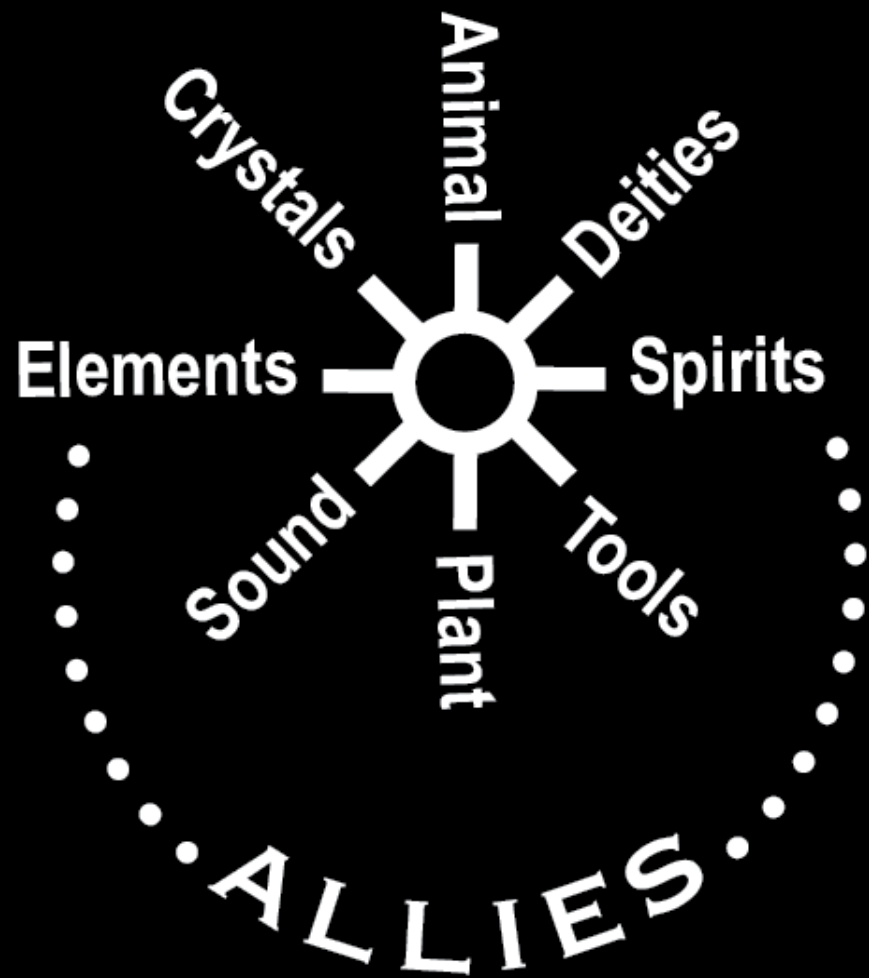


NAVIGATE YOUR VIBRATIONAL EXPERIENCES



OUR SACRED CONTAINER







GRANDFATHER SKY
ABOVE

NORTH
GRANDMOTHER EARTH

WEST
GRANDMOTHER
WATER

EAST
GRANDMOTHER
AIR

SOUTH
GRANDMOTHER
FIRE

GRANDMOTHER EARTH
BELOW

GRANDMOTHER I SEE YOU SITTING IN THE EAST

Grandmother I see you sitting in the East,
You are Sacred and you are looking at me
I pray to you, pray to you
You are sacred and you are looking at me

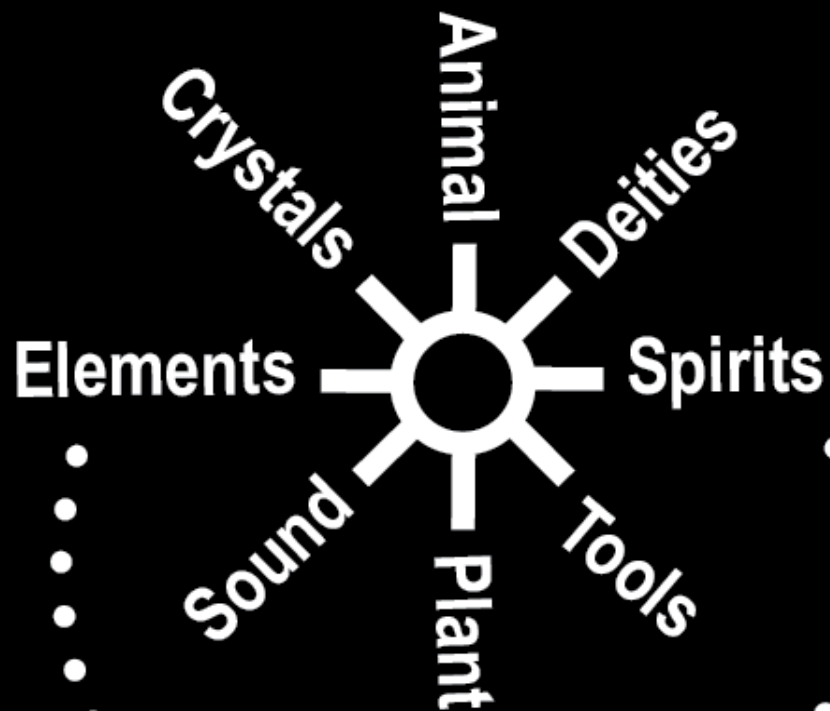
Grandmother I see you sitting in the West
You are sacred and you are looking at me
I pray to you, Pray to you
You are sacred and you are looking at me

Grandmother I see you sitting in the South
You are sacred and you are looking at me
I pray to you, Pray to you
You are sacred and you are looking at me

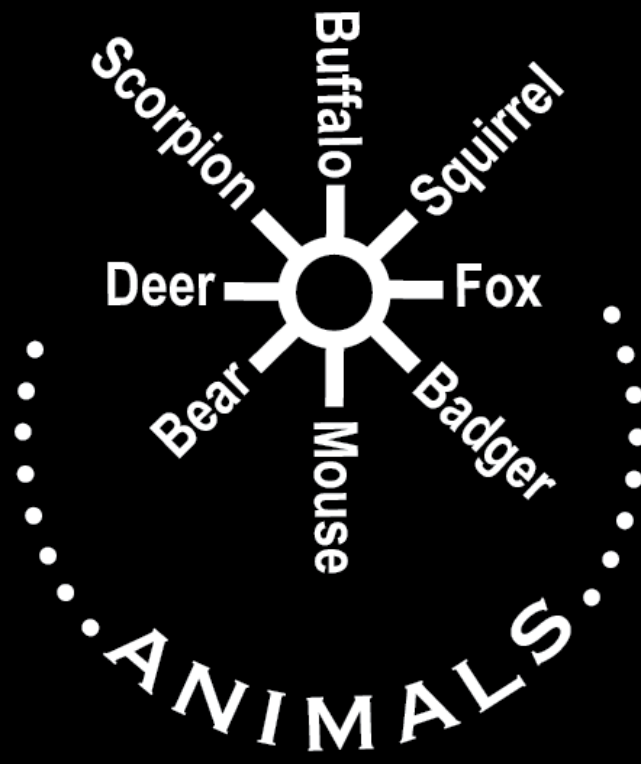
Grandmother I see you sitting in the North
You are sacred and you are looking at me
I pray to you, pray to you
You are sacred and you are looking at me

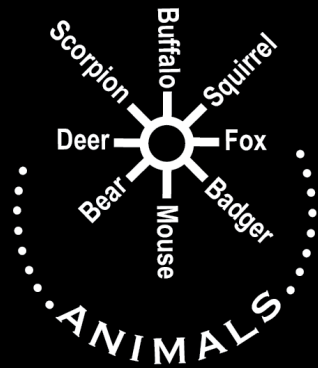
Grandfather I see you sitting in the Sky
Grandmother I see you sitting in the Earth
Grandmother I see you sitting in my Heart

Author unknown



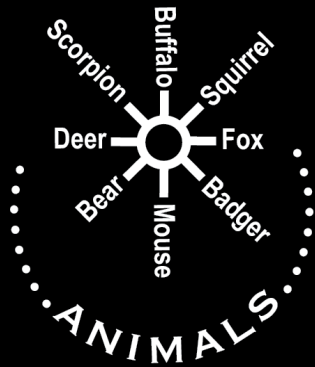
ALLIES





How can the Buffalo Spirit Help ?

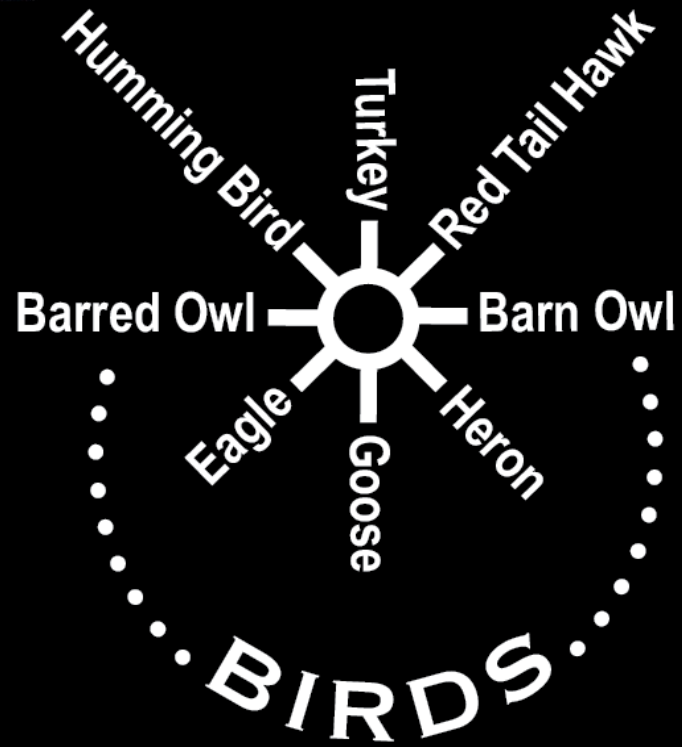
- **Strength**
- **Sturdy, stability**
- **Perseverance**
- **Family**
- **Protection**
- **Wisdom**
- **Belonging**
- **A spirit that has your back**
- **Noble**
- **Honoring**
- **All encompassing**



White Buffalo Calf Woman (Lakḥótiyapi: Ptesáŋwiŋ) or White Buffalo Maiden is a sacred woman of supernatural origin, central to the Lakota religion as the primary cultural prophet. Oral traditions relate that she brought the "Seven Sacred Rites" to the Lakota people.

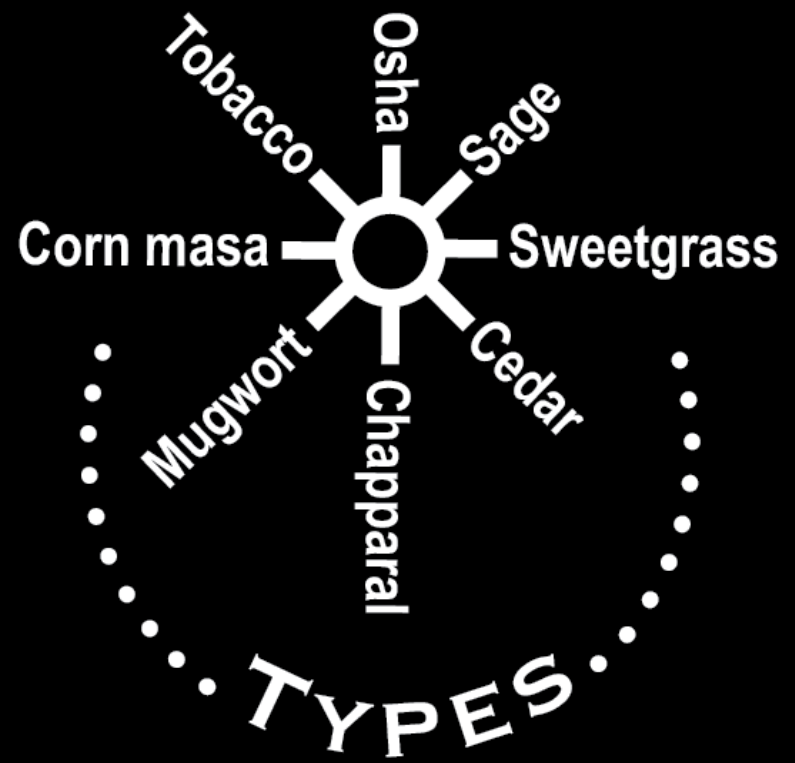
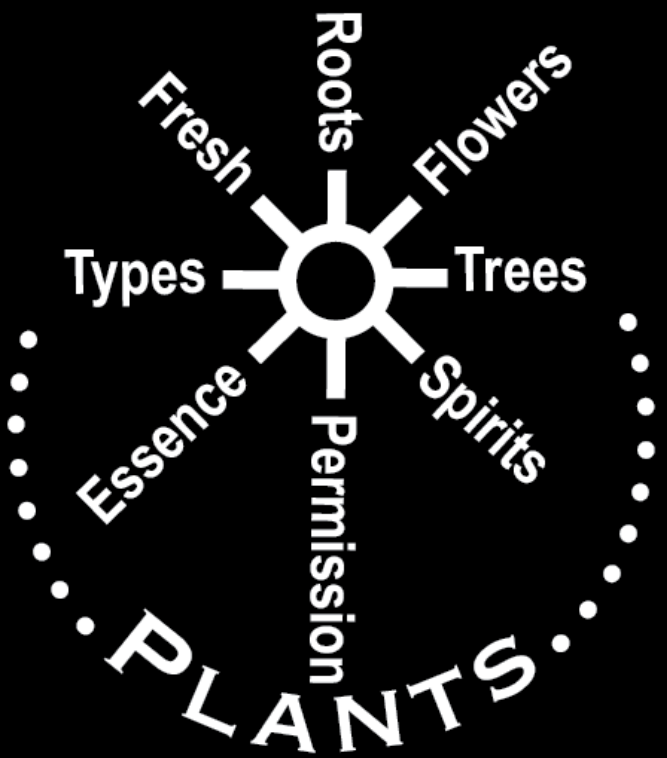
Apparition of the Buffalo Calf Maiden
by Frithjof Schuon (1959)

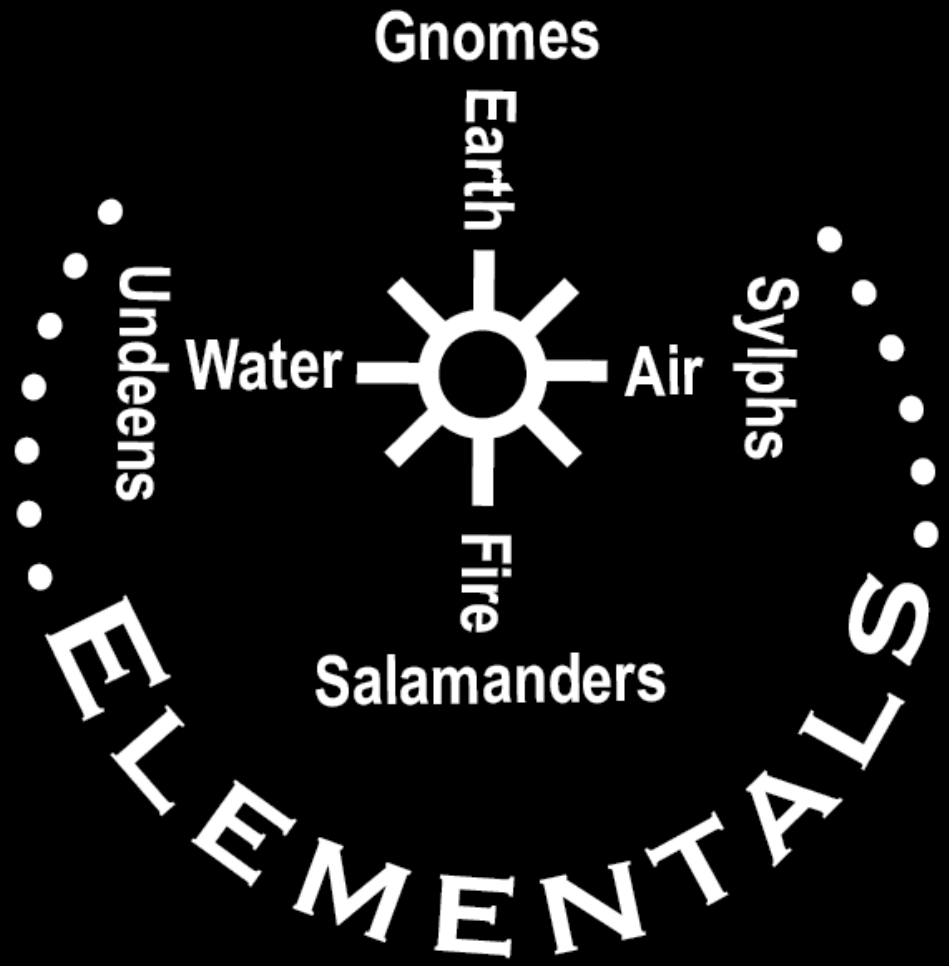
Information from Wikipedia



Trees, Plants and Flowers as our allies







Gnomes

Earth

Undeens

Water



Air

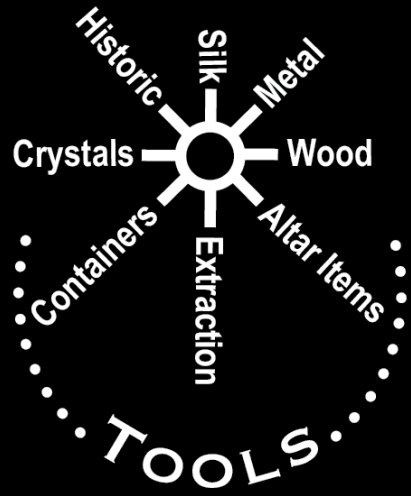
Sylphs

Fire

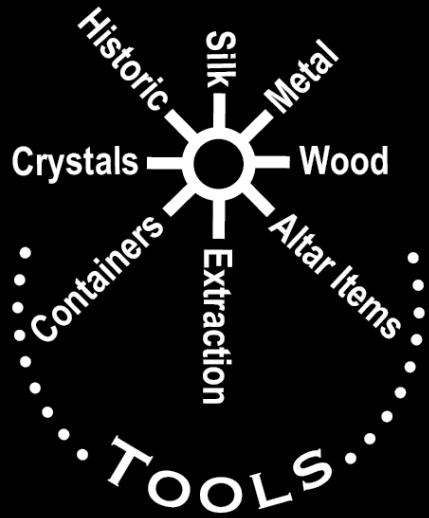
Salamanders

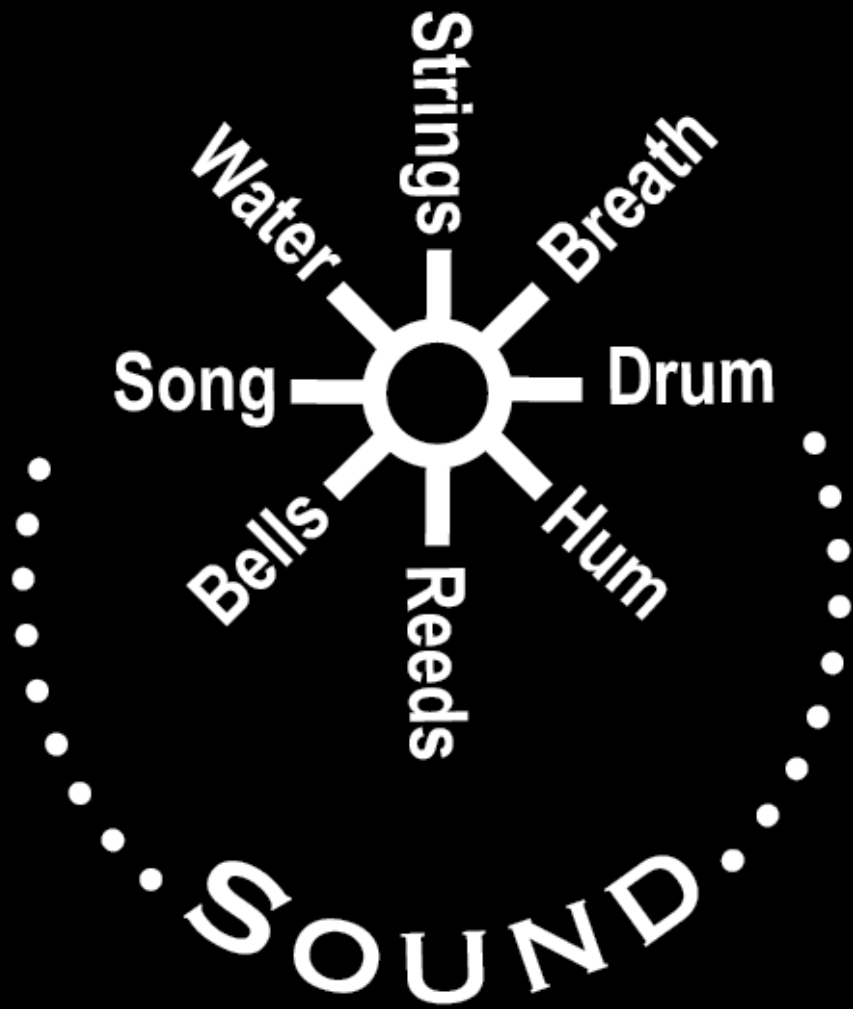
ELEMENTALS

Healing Tools

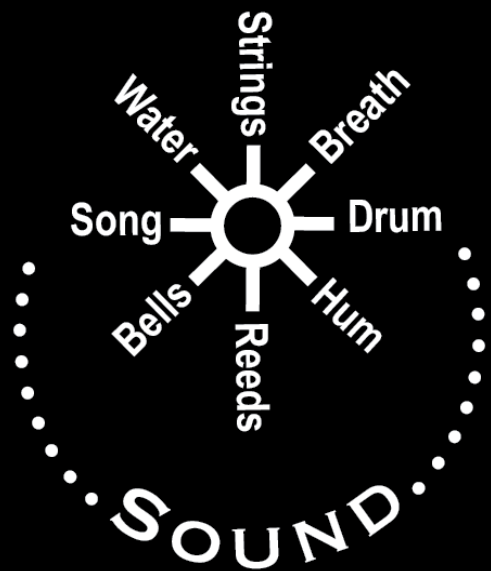


Healing Tools

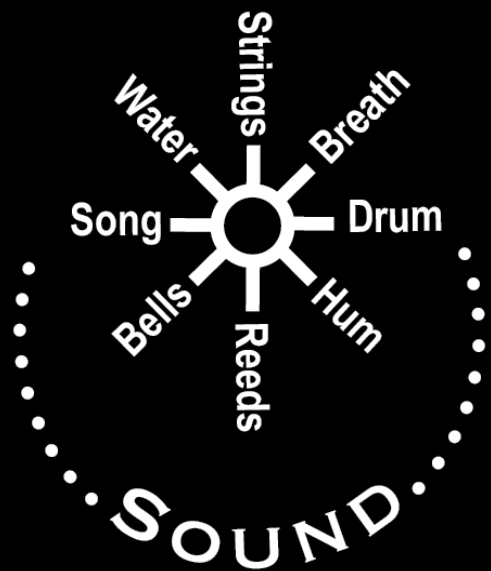


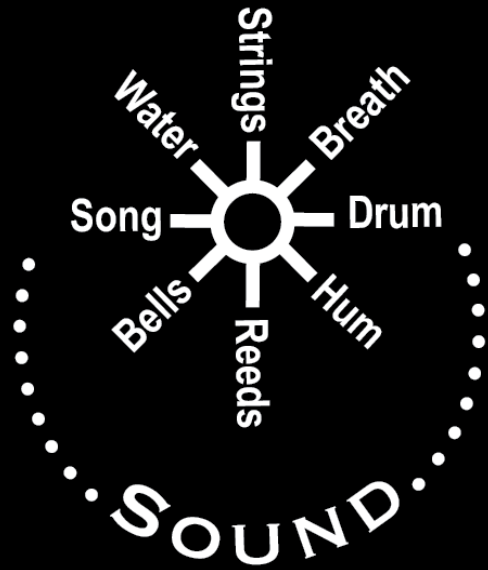


How Song can move energies



Attending the OSU Pow Wow in Ashland Oregon to Sing and Drum



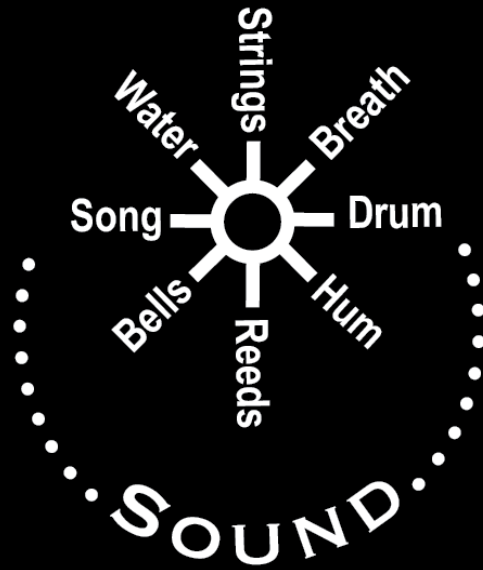


Burton Fisher jr. and Me

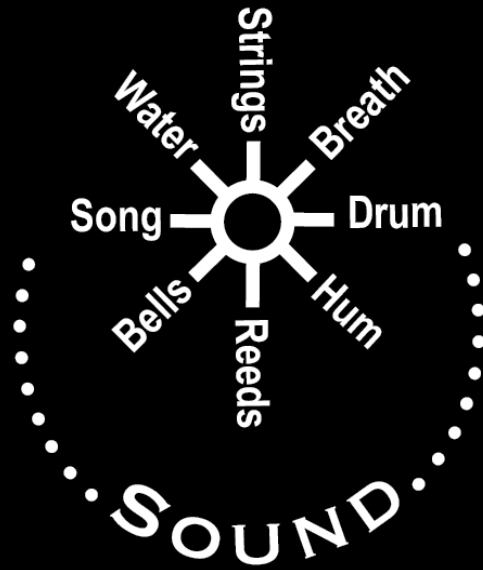


Sky & Grey Fox in their Regalia

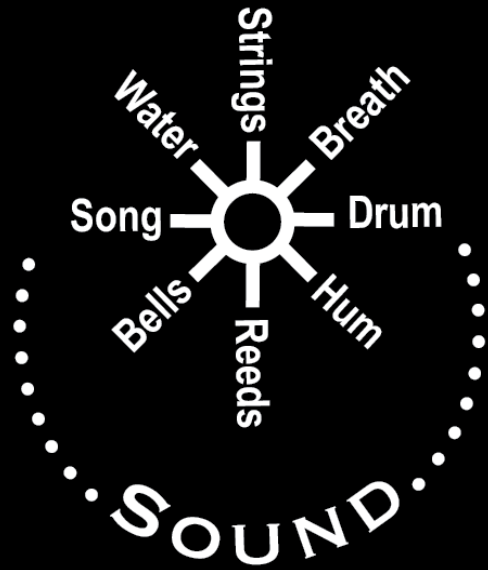
Different First Nations Tribe Women In Regalia, Dancing to Song/Drum



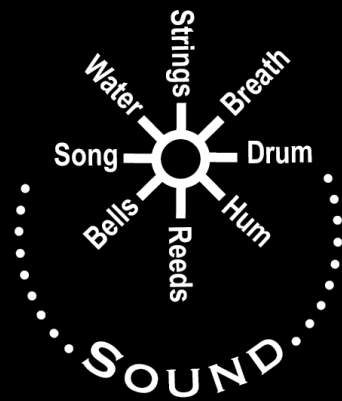
Women's Jingle Dress Dancers at two different Pow Wows



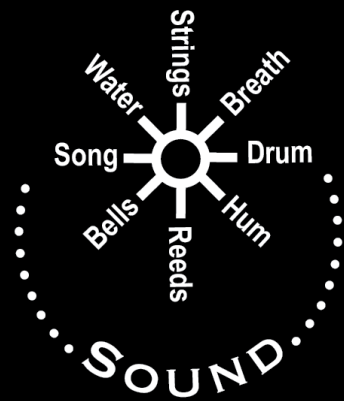
First Nation Tribal Men's Dancing at two different Pow Wows

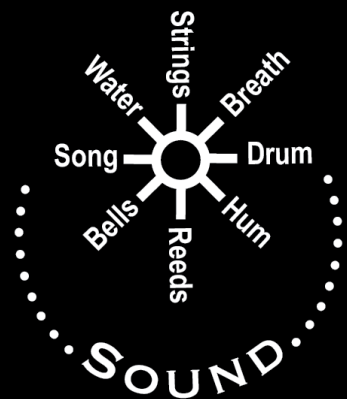


Us Singing and Drumming for the Dancers, this is right at the beginning of the Song, where Burton takes time to feel into how to begin the song, listening, focusing Being present, and we all wait for him to begin, he begins by getting the rhythm by tapping the edge of the Drum stick on the side of the drum. The songs have a different rhythm and cadence to it, some are simple some are complicated. We sing in the Northern Cheyenne language and he sings alone at first before we join in with him – Burton is the one in the black hat to the left, I am next to him.



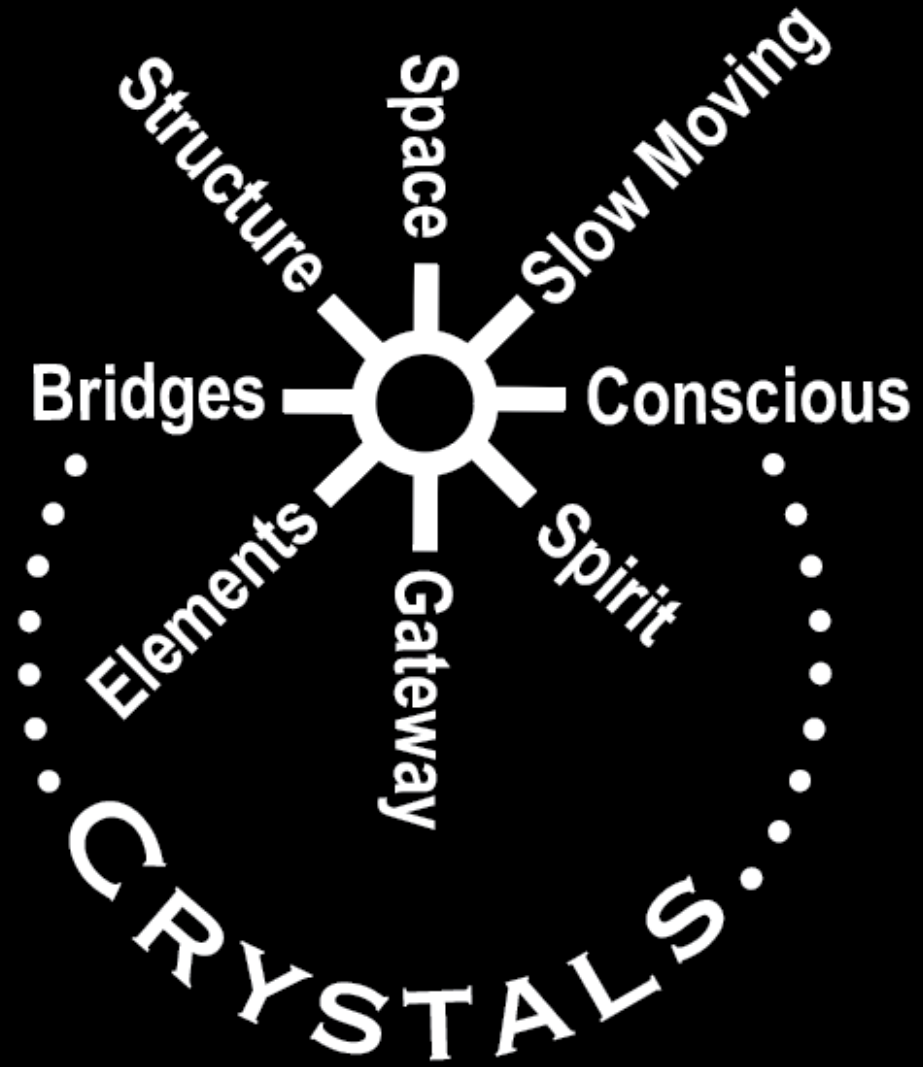
Sometimes the songs are very fast, will pick up speed as they go, or get Louder or softer depending on what part of the song we are singing, usually there are 4 parts to the song, and sometimes there is variation of rhythm in the 3 part to the song: Burton knows well over a hundred songs, which are all used for different kinds of ceremonies Or Protocols within the Cheyenne Traditions.

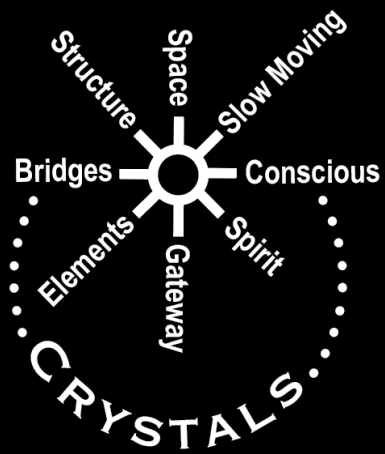


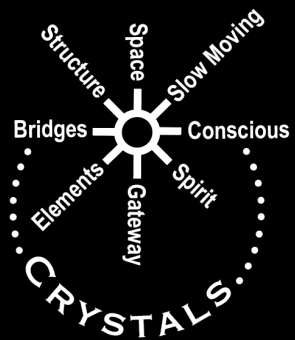


To hear a recording of us singing together with White Buffalo Stands/Burton Fisher jr.
Click the link below

<https://www.annafornachon.com/talent-drum-group>

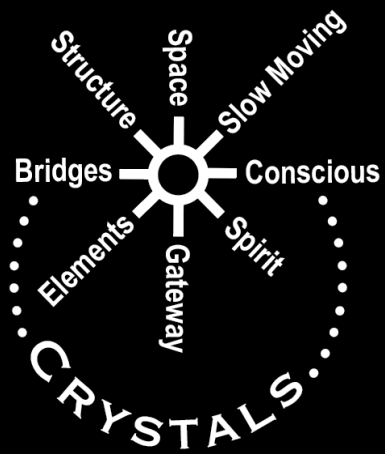


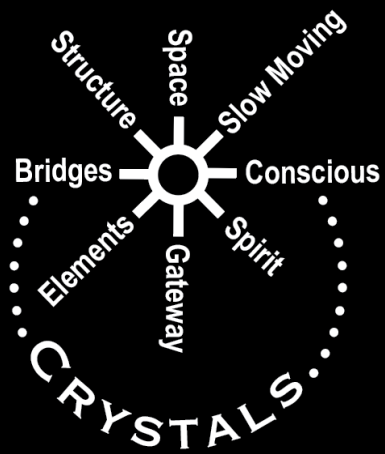




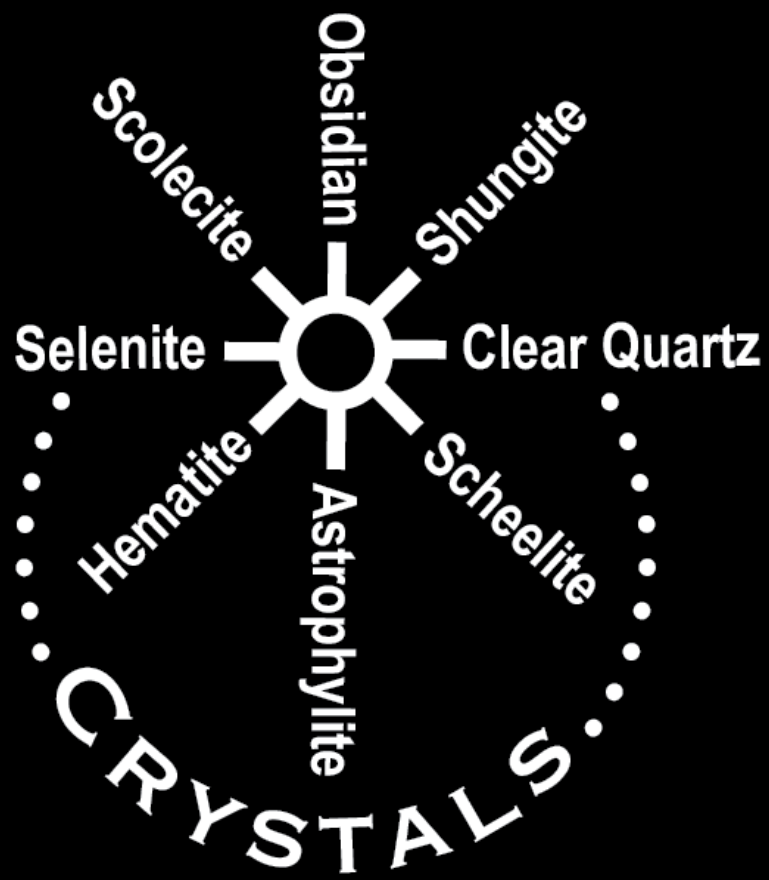
**Crystal
Grid**

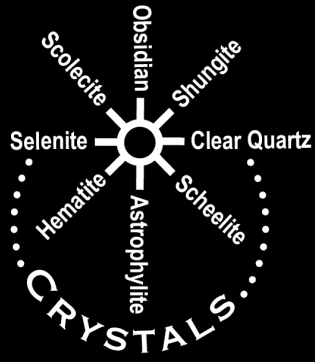


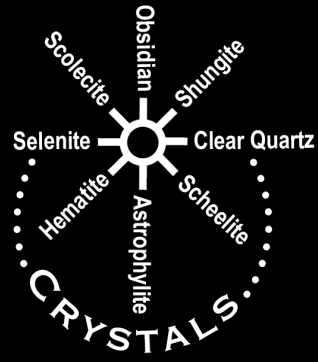


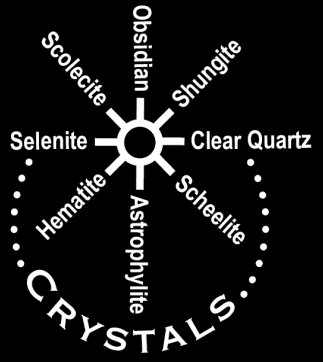


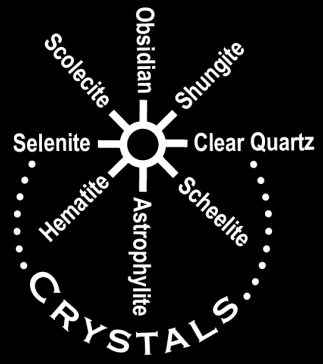


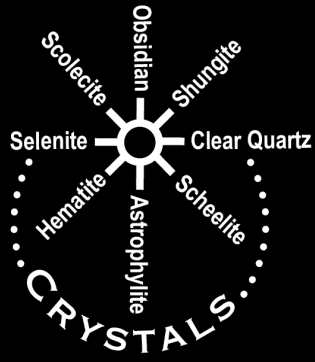


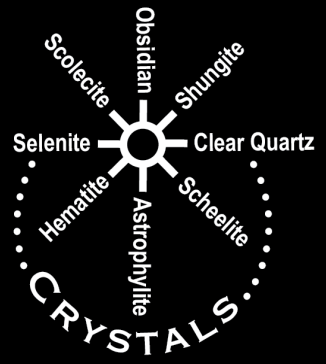


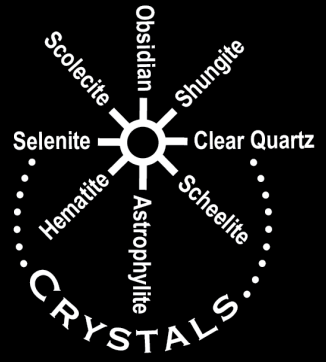


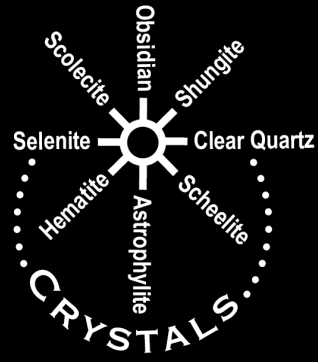


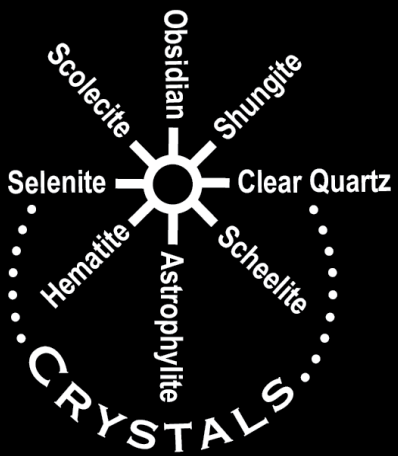












Astrophyllite



Clear Quartz



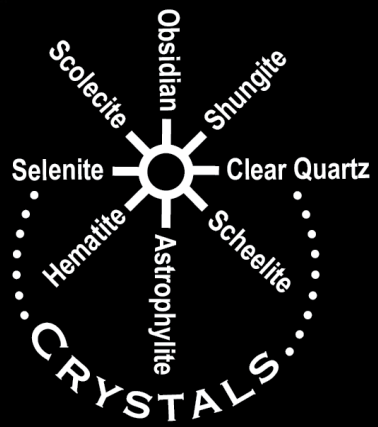
Kyanite

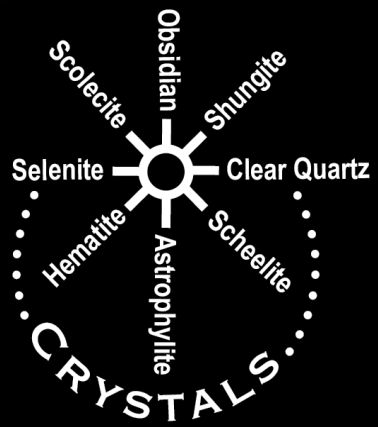


Scheelite

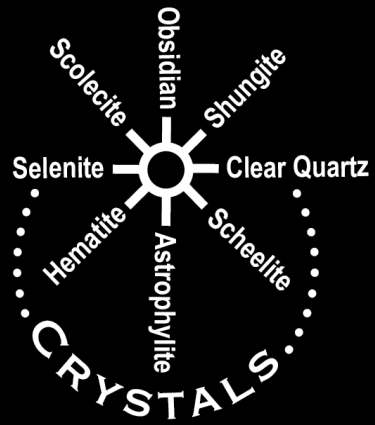
Stibnite

Scolecite





Smokey Quartz

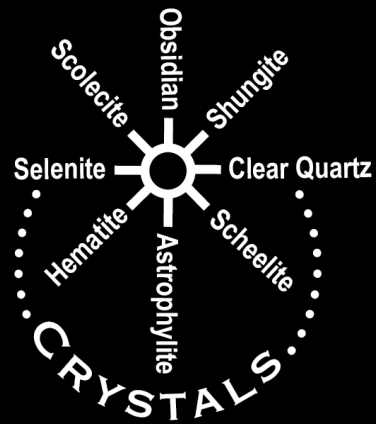




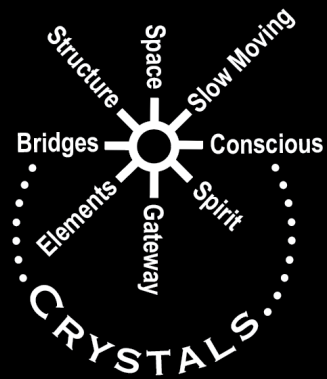
Fulgarite

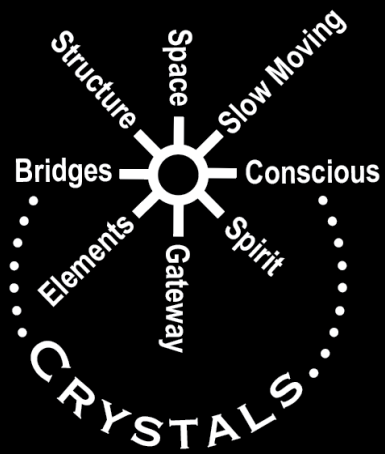


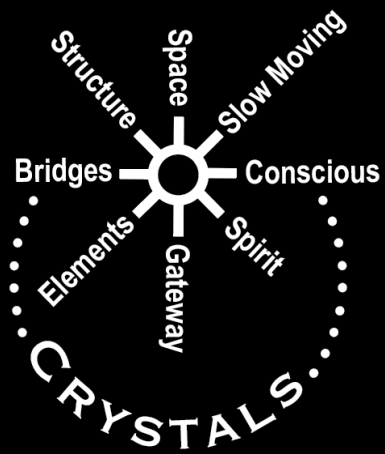
Black Tourmaline Extraction Wand



**Black Obsidian Mirror –
Reflect back what you need
to see & absorb what is not
needed**

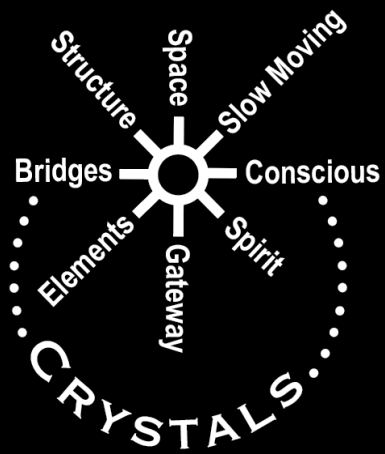


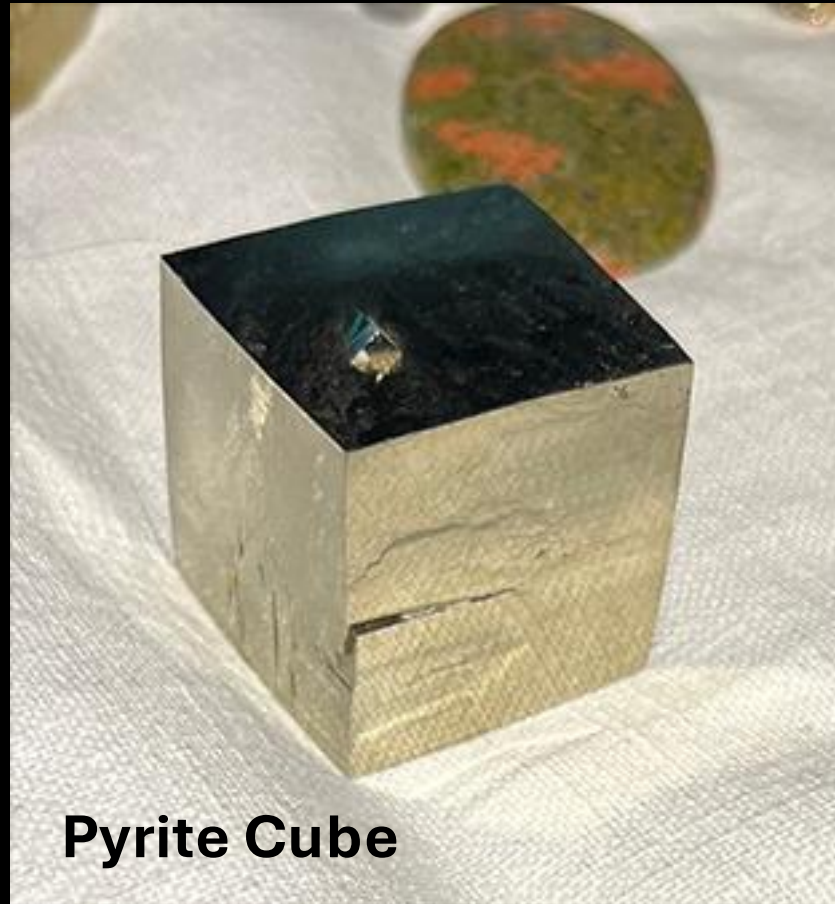
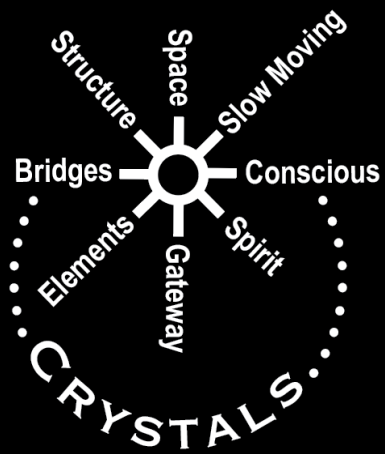




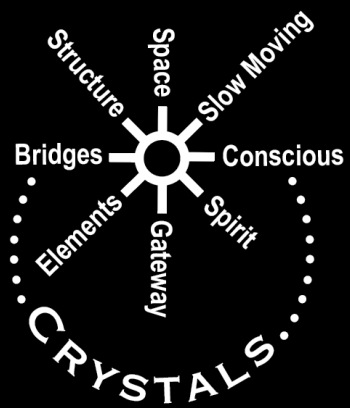
Dravite and Carnelian



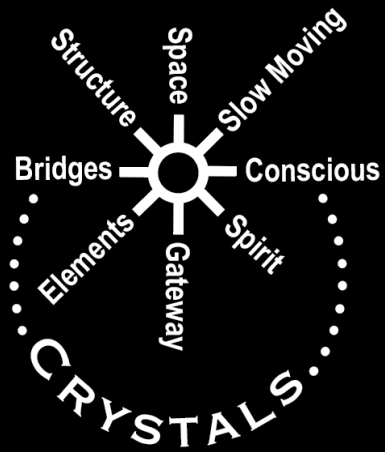




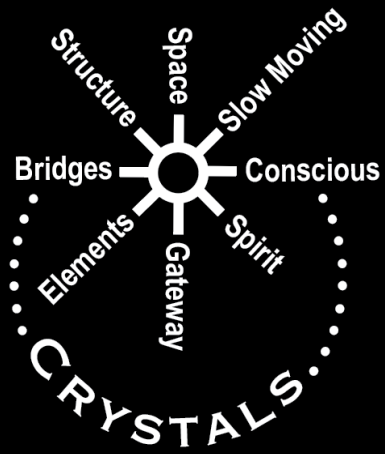
Pyrite Coated Clay Sphere

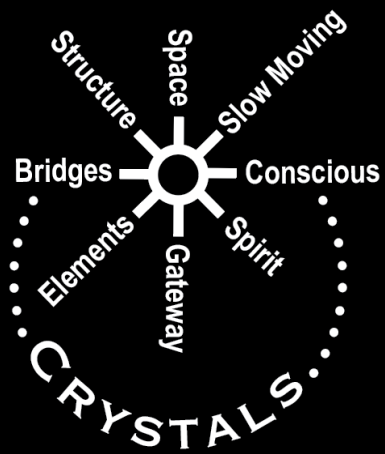


Amber Bee

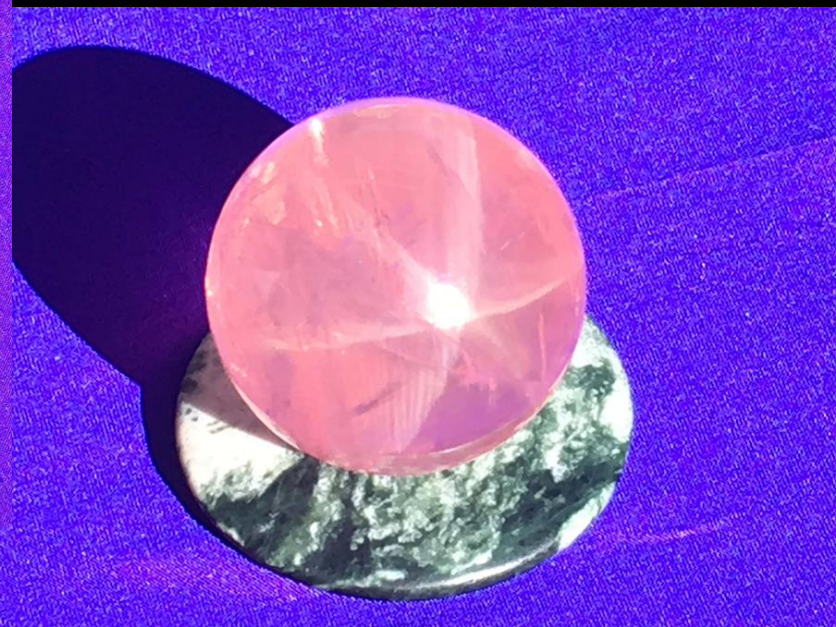


Rhodochrosite



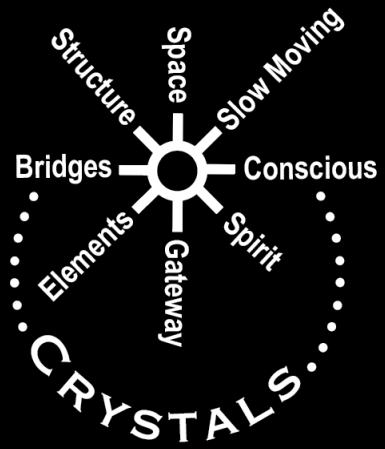


Jade
Chrysoprase
Peridot
Green Kyanite
Moldavite
Pyromorphite
Epidote

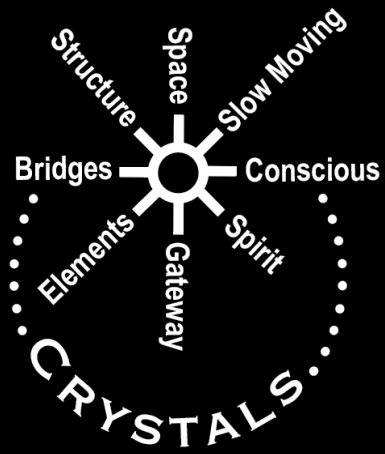


Rose Quartz Star & Jade

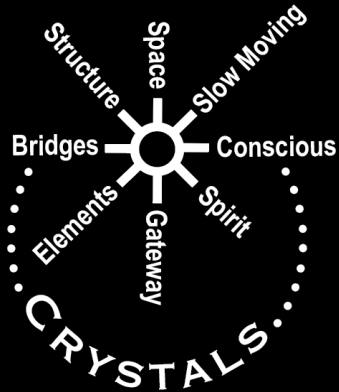
Unakite



Labradorite



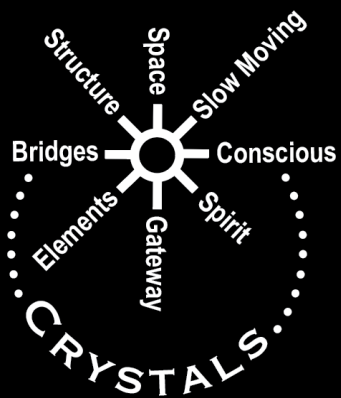
Amethyst

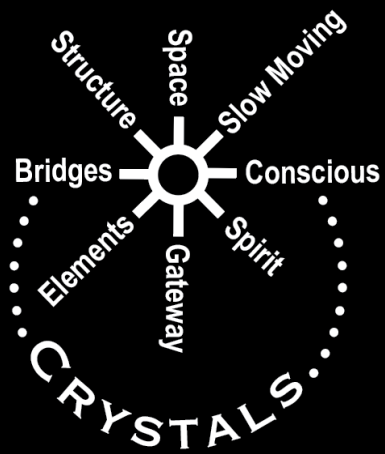


Amethyst & Lepidolite

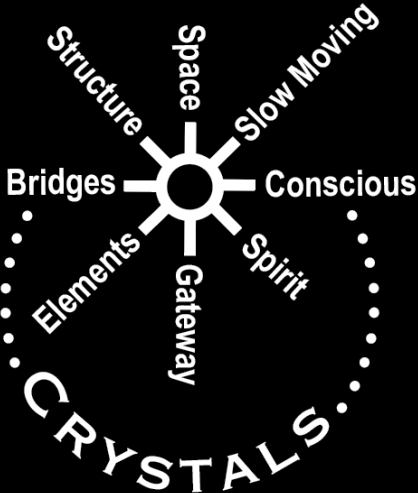


Amethyst Enhydro





Himalayan Quartz



CRYSTAL MEDITATION

**Deepening your
Connection to the
Crystal Kingdom**



**Connect with the
crystal waters of
your own being**

EXPANSION THROUGH SPACE

Llama Light

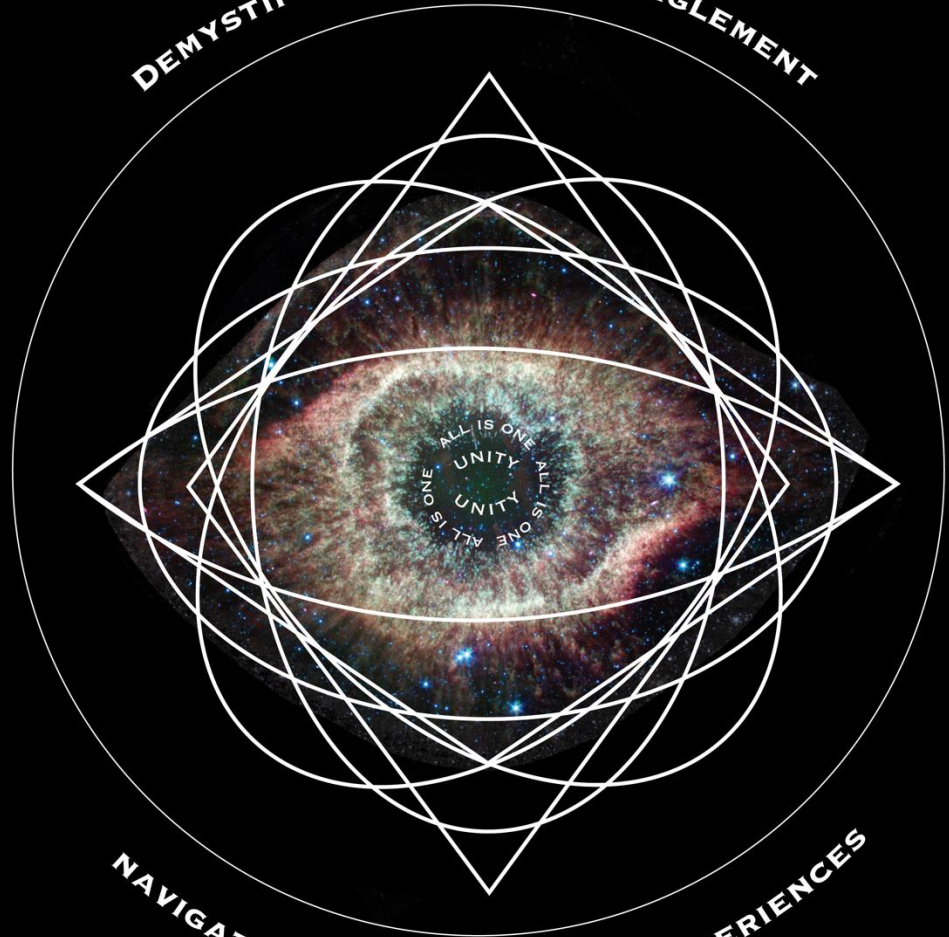
**I am a light in a dark world
Shining as bright as the sun (x3)
We are one, we are one
Shining as bright as the sun (x2)**

**I am the truth within your being
Burning as bright as a flame (x3)
Remember my name,
remember my name
Burning as bright as a flame (x2)**

**Song by
Harmony Sue Haynie on "Opening to Ceremony" CD**



DEMYSTIFY ENERGETIC ENTANGLEMENT



NAVIGATE YOUR VIBRATIONAL EXPERIENCES

